FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	pe Kesponse	3)												
1. Name and Address of Reporting Person* NOLAN THOMAS H JR			2. Issuer Name and Ticker or Trading Symbol WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director 10% Owner Officer (give title below) Other (specify below)					
(Last) (First) (Middle) 1775 EYE STREET, SUITE 1000			3. Date of Earliest Transaction (Month/Day/Year) 05/13/2022											
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person _Form filed by More than One Reporting Person					
(City	NGTON, E	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Ow						Owned				
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, it any (Month/Day/Year	3. Transaction Code (Instr. 8)		1		uired of	5. Amoun Beneficial	nt of Securities ally Owned Following Transaction(s)		6. Ownership Form: Direct (D)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	· V	Amoui	(A) or (D)	Price				(I) (Instr. 4)	(111311. 4)
Common	Stock		05/13/2022		A		2,189 (1)	A	\$ 0	32,294.1	359		D	
				Derivative Securit		the fired, D	form dis	splays a o	curre:	ntly valid	OMB con	spond unle trol numbe		
Security	2. Conversion or Exercise Price of	(Month/Day/Y	on 3A. Deemed Execution Da /Year) any	e.g., puts, calls, w 4. Transaction Code Year) (Instr. 8)	5. 6. 1 Number of (M Derivative Securities Acquired (A) or Disposed of (D)		tate Exercisable Expiration Date onth/Day/Year)		7. Ti Amo Und	itle and ount of erlying urities	Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction ((Instr. 4)	Ownershi Form of Derivativ Security: Direct (D or Indirect	Beneficial Ownershi (Instr. 4)
(Instr. 3)	Derivative Security				Acquired (A) or Disposed of (D) (Instr. 3,	1				Amount	(msu. 3)	Owned Following Reported Transaction	Security: Direct (I or Indire (s) (I)	(Instr. 4)

Reporting Owners

D (O N (Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
NOLAN THOMAS H JR 1775 EYE STREET SUITE 1000 WASHINGTON, DC 20006	X					

Signatures

By: W. Drew Hammond For: Thomas H Nolan, Jr.	05/16/2022
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These are Restricted Share Units granted pursuant to the Washington Real Estate Investment Trust Deferred Compensation Plan for Directors the number of shares awarded is based on the closing price on 5/13/2022 of \$22.84. The units settle only in stock.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.