SEC	Form	4
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Check this box to indicate that a

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

4	Name and Address of Departing Derson *	
	10b5-1(c). See Instruction 10.	
	affirmative defense conditions of Rule	
	I issuer that is intended to satisfy the	
	purchase or sale of equity securities of the	
	contract, instruction or written plan for the	
	transaction was made pursuant to a	
	Check this box to indicate that a	

1. Name and Address of Reporting Person [*] BANNER JENNIFER S			2. Issuer Name and Ticker or Trading Symbol <u>Elme Communities</u> [ELME]	(Check	tionship of Reporting Person(s) to Issuer all applicable)							
(Last) (First) (Middle)		. ,	3. Date of Earliest Transaction (Month/Day/Year) 09/29/2023	X	Director Officer (give title below)	10% Owner Other (specify below)						
7550 WISCONSIN AVE, SUITE 900			4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Ap X Form filed by One Reporting Pers									
(Street)					Form filed by More than One							
BETHESDA	MD	20814				reporting reison						
(City)	(State)	(Zip)										
		Table I - Non-Deriv	vative Securities Acquired, Disposed of, or Beneficia	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Transaction Code (Instr.)) 8) Disposed Of (D) (Instr. 3, 4 and 5) Beneficially Following R Transaction					Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership
					(Instr. 3 and 4)		(Instr. 4)			
Common Stock	09/29/2023		Α		1,008.064(1)	A	\$0.0	10,221.0034	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (Ir 8)				vative Expiration Date urities (Month/Day/Year) uired (A) isposed of Instr. 3, 4			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		derivative Securities Beneficially Owned	Ownership Form: Direct (D)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		

Explanation of Responses:

1. These are Restricted Share Units granted pursuant to the Washington Real Estate Investment Trust Deferred Compensation Plan for Directors - the number of shares awarded is based on the closing price on 9/29/2023 of \$13.64. The units settle only in stock.

By: W. Drew Hammond For:	
Jennifer S. Banner	

** Signature of Reporting Person

10/02/2023

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.