

As filed with the Securities and Exchange Commission on May 26, 2026

Registration No. 333-279832  
Registration No. 333-211418  
Registration No. 333-145327  
Registration No. 333-68016  
Registration No. 333-48882  
Registration No. 333-48081  
Registration No. 033-63671

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**UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
WASHINGTON, D.C. 20549**

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Post-Effective Amendment No. 1 to:  
Form S-8 Registration Statement No. 333-279832  
Form S-8 Registration Statement No. 333-211418  
Form S-8 Registration Statement No. 333-145327  
Form S-8 Registration Statement No. 333-68016  
Form S-8 Registration Statement No. 333-48882  
Form S-8 Registration Statement No. 333-48081  
Post-Effective Amendment No. 2 to:  
Form S-8 Registration Statement No. 033-63671

**FORM S-8  
REGISTRATION STATEMENT  
UNDER  
THE SECURITIES ACT OF 1933**

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**Elme Communities**

(formerly known as Washington Real Estate Investment Trust)  
(Exact Name of Registrant as Specified in Its Charter)

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**MARYLAND**  
(State or other jurisdiction  
of incorporation or organization)  
**7550 WISCONSIN AVE, SUITE 900**  
**BETHESDA, MD**  
(Address of Principal Executive Offices)

**53-0261100**  
(I.R.S. Employer  
Identification No.)

**20814**  
(Zip Code)

Elme Communities 2016 Omnibus Incentive Plan (as amended and restated effective as of May 30, 2024)  
Washington Real Estate Investment Trust 2016 Omnibus Incentive Plan  
2007 Omnibus Long-Term Incentive Plan  
2001 Stock Option Plan  
1991 Incentive Stock Option Plan  
Washington Real Estate Investment Trust Share Grant Plan and Washington Real Estate Investment Trust Stock Option Plan for Trustees  
Nonqualified Stock Option Agreement dated June 27, 1990

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**Nonqualified Stock Option Agreement dated December 14, 1994**  
**(Full Title of the Plan)**

**W. DREW HAMMOND**  
**7550 WISCONSIN AVE**  
**SUITE 900**  
**BETHESDA, MD 20814**  
**(Name and address of agent for service)**

**(202) 774-3200**  
**(Telephone number, including area code, of agent for service)**

**The Commission is requested to send copies of all communications to:**

**PAUL D. MANCA, ESQ.**  
**ELIZABETH L. BANKS, ESQ.**  
**HOGAN LOVELLS US LLP**  
**555 THIRTEENTH STREET, NW**  
**WASHINGTON, D.C. 20004**  
**(202) 637-5821**

Indicate by check mark whether the registrant is a large accelerated filer, an accelerated filer, a non-accelerated filer, a smaller reporting company or an emerging growth company. See the definitions of "large accelerated filer," "accelerated filer," "smaller reporting company," and "emerging growth company" in Rule 12b-2 of the Exchange Act.

Large accelerated filer   
Non-accelerated filer

Accelerated filer   
Smaller reporting company   
Emerging growth company

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 7(a)(2)(B) of the Securities Act.

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**EXPLANATORY NOTE:  
DEREGISTRATION OF SECURITIES**

The offerings contemplated by these Registration Statements on Form S-8 (the “**Registration Statements**”) are being terminated in connection with the Plan of Sale and Liquidation of Elme Communities (the “**Company**”) approved by the shareholders of the Company on October 30, 2025. Pursuant to the undertakings contained in Part II of each of the Registration Statements, the Company is removing from registration, by means of post-effective amendment to each of the Registration Statements (the “**Post-Effective Amendment**”), any common shares of beneficial interest, par value \$0.01 per share, registered under the following Registration Statements which remain unsold at the termination of the offerings:

- Registration Statement on Form S-8 (No. 333-279832), filed with the Securities and Exchange Commission (the “**SEC**”) on May 30, 2024, registering 2,900,000 additional common shares of beneficial interest, par value \$0.01 (“**Shares**”) authorized for issuance under the Elme Communities 2016 Omnibus Incentive Plan (as amended and restated effective as of May 30, 2024).
  - Registration Statement on Form S-8 (No. 333-211418), filed with the SEC on May 17, 2016, registering of 2,400,000 Shares authorized for issuance under the Washington Real Estate Investment Trust 2016 Omnibus Incentive Plan.
  - Registration Statement on Form S-8 (No. 333-145327), filed with the SEC on August 10, 2007, registering 2,000,000 Shares authorized for issuance under the 2007 Omnibus Long-Term Incentive Plan.
  - Registration Statement on Form S-8 (No. 333-68016), filed with the SEC on August 21, 2001 registering 1,750,000 Shares authorized for issuance under the 2001 Stock Option Plan.
  - Registration Statement on Form S-8 (No. 333-48882), filed with the SEC on October 30, 2000, registering 280,000 additional authorized for issuance under the 1991 Incentive Stock Option Plan.
  - Registration Statement on Form S-8 (No. 333-48081), filed with the SEC on March 17, 1998, registering 1,715,241.50 Shares authorized for issuance under the Washington Real Estate Investment Trust Share Grant Plan and Washington Real Estate Investment Trust Stock Option Plan for Trustees.
  - Registration Statement on Form S-8 (No. 033-63671), filed with the SEC on October 25, 1995 as amended by that certain post effective amendment No.1 filed with the SEC on July 12, 1996, registering 1,226,335 Shares authorized for issuance under the 1991 Incentive Stock Option Plan, 60,000 Shares authorized for issuance under the Nonqualified Stock Option Agreement dated June 27, 1990 and 9,091 Shares authorized for issuance under the Nonqualified Stock Option Agreement dated December 14, 1994.
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## SIGNATURES

Pursuant to the requirements of the Securities Act of 1933, as amended, the registrant certifies that it has reasonable grounds to believe that it meets all of the requirements for filing on Form S-8 and has duly caused this Post-Effective Amendment to the Registration Statements to be signed on its behalf by the undersigned, thereunto duly authorized, in the City of Bethesda, State of Maryland, on May 26, 2026.

### **ELME COMMUNITIES**

By: /s/ Paul T. McDermott

Name: Paul T. McDermott

Title: President and Chief Executive Officer

No other person is required to sign this Post-Effective Amendment in reliance upon Rule 478 under the Securities Act of 1933, as amended.