SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

PURSUANT TO SECTION 13 OR 15(d) OF THE **SECURITIES EXCHANGE ACT OF 1934**

Date of Report (Date of earliest event reported) July 24, 2008

WASHINGTON REAL ESTATE INVESTMENT TRUST

(Exact name of registrant as specified in its charter)

Maryland (State or other jurisdiction of incorporation)

1-6622 (Commission File Number)

53-0261100 (IRS Employer Identification Number)

6110 Executive Boulevard, Suite 800, Rockville, Maryland

(Address of principal executive offices)

20852 (Zip Code)

Registrant's telephone number, including area code (301) 984-9400

Check	the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions
	Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
	Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
	Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
	Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 2.02 Results of Operations and Financial Condition

and

Item 7.01 Regulation FD Disclosure

A press release issued by the Registrant on July 24, 2008, regarding earnings for the three and six months ended June 30, 2008, is attached as Exhibit 99.1. Also, certain supplemental information not included in the press release is attached as Exhibit 99.2. This information is being furnished pursuant to Item 7.01 and Item 2.02 of Form 8-K. This information is not deemed to be "filed" for the purposes of Section 18 of the Securities Exchange Act of 1934 and is not incorporated by reference into any Securities Act registration statements.

Item 9.01 Financial Statements and Exhibits

(c) Exhibits

Exhibit 99.1 Press release issued July 24, 2008 regarding earnings for the three and six months ended June 30, 2008

Exhibit 99.2 Certain supplemental information not included in the press release

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

WASHINGTON REAL ESTATE INVESTMENT TRUST (Registrant)

By: /s/ Laura M. Franklin

(Signature)

Laura M. Franklin Executive Vice President Accounting, Administration and Corporate Secretary

July 24, 2008 (Date)

Exhibit Number	Description
99.1	Press Release issued July 24, 2008 regarding earnings for the three and six months ended June 30, 2008.
99.2	Certain supplemental information not included in the press release



CONTACT:

Sara Grootwassink Executive Vice President and Chief Financial Officer E-Mail: sgrootwassink@writ.com 6110 Executive Blvd., Suite 800 Rockville, Maryland 20852 Tel 301-984-9400 Fax 301-984-9610 www.writ.com

July 24, 2008

WASHINGTON REAL ESTATE INVESTMENT TRUST ANNOUNCES SECOND QUARTER FINANCIAL AND OPERATING RESULTS

Washington Real Estate Investment Trust (WRIT) (NYSE: WRE) reported financial and operating results today for the quarter ending June 30, 2008:

- Funds from operations (FFO)⁽¹⁾ per diluted share grew 1.8% to \$0.56 in second quarter 2008 from \$0.55 in second quarter 2007.
- Net income for the quarter ending June 30, 2008 was \$0.44 per diluted share, compared to \$0.18 per diluted share in the same period one year ago. Net income
 this quarter included a \$15.3 million gain on disposed assets, related to the sale of Sullyfield Commerce Center and The Earhart Building. Net income in the
 second quarter 2007 included \$2 million of non-recurring administrative charges.
- Second quarter 2008 core net operating income increased 1.3% and core occupancy increased 30 bps to 94.8% compared to the same period one year ago.
- Rent increases on commercial lease rollovers in second quarter 2008 were 18.0%. Residential rental rates increased 1.1% over the same period.
- Guidance for 2008 FFO per diluted share remains unchanged at \$2.11 to \$2.21, and \$2.29 to \$2.39 excluding non-recurring items.

Operating Results

Core Net Operating Income (NOI)⁽²⁾ for second quarter increased 1.3% and rental rate growth was 1.5% compared to the same period last year. Core occupancy was 94.8% during the second quarter of 2008, an increase of 30 bps from the same period in the prior year.

- Multifamily properties' core NOI for the second quarter increased 2.1% compared to the same period one year ago. Core rental rate growth was 1.1% while core economic occupancy increased 250 bps to 93.3%.
- Retail properties' core NOI for the second quarter increased 2.0% compared to the same period one year ago. Core rental rate growth was 4.1% and core economic occupancy increased 10 bps to 95.1%.
- Office properties' core NOI for the second quarter increased 1.8% compared to the same period one year ago. Core economic occupancy decreased 30 bps to 94.8% and core rental rate growth for the office sector was 0.7%.
- Medical office properties' core NOI for the second quarter increased 1.6%. Core economic occupancy increased 140 bps to 97.6%. Core rental rate growth for the sector was 0.6%
- Industrial properties' core NOI for the second quarter decreased 1.1% compared to the same period one year ago. Core rental rate growth was 2.0% and core economic occupancy decreased 150 bps to 93.4%.

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Leasing Activity

During the second quarter, WRIT signed commercial leases for 470,000 square feet, with an average rental rate increase of 18.0% and tenant improvement costs of \$4.43 per square foot. Residential rental rates increased 1.1% in the second quarter compared to the same period one year ago.

- Rental rates for new and renewed retail leases increased 28.3%, with \$0.26 per square foot in tenant improvement costs.
- Rental rates for new and renewed medical office leases increased 28.2%, with \$18.26 per square foot in tenant improvement costs.
- Rental rates for new and renewed office leases increased 14.3%, with \$6.28 per square foot in tenant improvement costs.
- Rental rates for new and renewed industrial/flex leases increased 11.3%, with \$0.78 per square foot in tenant improvement costs.

Acquisition and Disposition Activity

- On May 21, 2008, WRIT acquired Sterling Medical Office Building, a 36,000 square foot medical office building located in Sterling, Virginia for \$6.5 million. Demand for medical office space in the area is driven by its proximity to Inova Loudoun Hospital and Reston Hospital Center. WRIT expects to achieve a first-year, unleveraged yield of 7.6% on a cash basis and 7.9% on a GAAP basis. The acquisition was funded with cash from operations.
- On June 6, 2008, WRIT completed the sale of Sullyfield Commerce Center and The Earhart Building, totaling 336,000 square feet for \$41.1 million. The industrial/flex properties, located in Chantilly, VA, were acquired in 2001 and 1996, respectively. WRIT achieved a net book gain of \$15.3 million on the sale of the properties and a combined 13.0% unlevered internal rate of return during the ownership periods. Proceeds from the sale will be reinvested in a 1031 exchange.
- On June 16, 2008, WRIT entered into a purchase agreement to acquire 2445 M Street, a 290,000 square foot office building located in Washington DC, for approximately \$182 million. The property is 100% leased and strategically positioned between Georgetown and the Central Business District in the West End submarket of Washington, DC. WRIT anticipates the closing of the acquisition will take place no later than the fourth quarter of 2008.

Capital Structure

On May 23, 2008, WRIT raised \$90.5 million by issuing 2.6 million common shares at a price of \$34.80 per share. WRIT used the net proceeds from the offering to repay borrowings under its lines of credit.

On May 29, 2008, WRIT entered into three mortgage loans with an aggregate principal amount of approximately \$81 million. The mortgage loans bear interest at a fixed rate of 5.71% per annum through the maturity date of May 31, 2016. WRIT used the net proceeds of the mortgage loans to repay borrowings under its lines of credit.

On June 30, 2008, WRIT increased its quarterly dividend 2.4% to \$0.4325 per share for its 186th consecutive quarterly dividend at equal or increasing rates.

As of June 30, 2008 WRIT had a total capitalization of \$2.8 billion.

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Other News and Events

On May 15, 2008, WRIT announced the Board of Trustees appointed Wendelin (Wendy) A. White, Esq. and Terence C. Golden to serve as trustees. Both trustees have many years experience in real estate and investments. Wendy White is a partner and serves on the Managing Board at Pillsbury Winthrop Shaw Pittman LLP (Pillsbury), where she is the head of the firm's DC real estate group and has practiced law since 1981. Terence Golden has been Chairman of Bailey Capital Corporation, a private investment company in Washington, D.C. since 2000. Prior to 2000, Mr. Golden was President, Chief Executive Officer and a director of Host Marriott Corporation. He also served as the head of the General Services Administration (GSA) from 1985 to 1988 and as Assistant Secretary of the U.S. Department of the Treasury from 1984 to 1985.

On June 19, 2008, WRIT received the 2008 Workplace Excellence Award from the Alliance for Workplace Excellence. Employers who received the award have demonstrated a commitment to corporate, social, and civic responsibility. The Alliance for Workplace Excellence, (AWE), is a 501(c)3 nonprofit organization founded by Montgomery County, Maryland and Discovery Communication, LLC.

Conference Call Information

The Conference Call for 2nd Quarter Earnings is scheduled for Friday, July 25, 2008 at 2:00 P.M. Eastern Daylight Time. Conference Call access information is as follows:

USA Toll Free Number: 1-877-407-9205 International Toll Number: 1-201-689-8054 Leader: Sara Grootwassink

The instant replay of the Conference Call will be available until August 8, 2008 at 11:59 P.M. Eastern Daylight Time. Instant replay access information is as follows:

USA Toll Free Number: 1-877-660-6853
International Toll Number: 1-201-612-7415
Account: 286
Conference ID: 289430

The live on-demand webcast of the Conference Call will also be available on WRIT's website at www.writ.com. On-line playback of the webcast will be available at http://www.writ.com for two weeks following the Conference Call.

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About WRIT

WRIT is a self-administered, self-managed, equity real estate investment trust investing in income-producing properties in the greater Washington metro region. WRIT's dividends have increased every year for 38 consecutive years. WRIT sFFO per share has increased every year for 35 consecutive years. WRIT owns a diversified portfolio of 90 properties consisting of 14 retail centers, 26 office properties, 17 medical office properties, 22 industrial/flex properties, 11 multi-family properties and land for development. WRIT shares are publicly traded on the New York Stock Exchange (NYSE:WRE).

Note: WRIT's press releases and supplemental financial information are available on the company website at www.writ.com or by contacting Investor Relations at (301) 984-9400.

Certain statements in this press release and the supplemental disclosures attached hereto are "forward-looking statements" within the meaning of the Private Securities
Litigation Reform Act of 1995. Such statements involve known and unknown risks, uncertainties and other factors that may cause actual results to differ materially. Such risks,
uncertainties and other factors include, but are not limited to, fluctuations in interest rates, availability of raw materials and labor costs, levels of competition, the effect of
government regulation, the availability of capital, weather conditions, the timing and pricing of lease transactions and changes in general and local economic and real estate
market conditions, and other risks and uncertainties detailed from time to time in our filings with the SEC, including our 2007 Form 10-K. We assume no obligation to update or
supplement forward-looking statements that become untrue because of subsequent events.

- Funds From Operations ("FFO") The National Association of Real Estate Investment Trusts, Inc. ("NAREIT") defines FFO (April, 2002 White Paper) as net income (computed in accordance with generally accepted accounting principles ("GAAP")) excluding gains (or losses) from sales of property plus real estate depreciation and amortization. We consider FFO to be a standard supplemental measure for equity real estate investment trusts ("REITs") because it facilitates an understanding of the operating performance of our properties without giving effect to real estate depreciation and amortization, which historically assumes that the value of real estate assets diminishes predictably over time. Since real estate values have instead historically risen or fallen with market conditions, we believe that FFO more accurately provides investors an indication of our ability to incur and service debt, make capital expenditures and fund other needs.
- (2) For purposes of evaluating comparative operating performance, we categorize our properties as "core" or "non-core". Core Operating NOI is calculated as real estate rental revenue less real estate operating expenses for those properties owned for the entirety of the periods being evaluated. Core Operating NOI is a non-GAAP measure.
- Funds Available for Distribution ("FAD") is calculated by subtracting from FFO (1) recurring expenditures, tenant improvements and leasing costs that are capitalized and amortized and are necessary to maintain our properties and revenue stream and (2) straight line rents, then adding (3) non-real estate depreciation and amortization, (4) amortization of restricted share and unit compensation, and adding or subtracting amortization of lease intangibles, as appropriate. FAD is included herein, because we consider it to be a measure of a REIT's ability to incur and service debt and to distribute dividends to its shareholders. FAD is a non-GAAP and non-standardized measure, and may be calculated differently by other REITs.

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Economic Occupancy Levels by Core Portfolio (i) and All Properties

	Core Po	Core Portfolio		rties
	2nd QTR	2nd QTR	2nd QTR	2nd QTR
Sector	2008	2007	2008	2007
Residential	93.3%	90.8%	81.0% (ii)	90.8%
Office	94.8%	95.1%	94.1%	95.0%
Medical Office	97.6%	96.2%	97.2%	96.3%
Retail	95.1%	95.0%	95.1%	95.0%
Industrial	93.4%	94.9%	92.8%	94.0%
Overall Portfolio	94.8%	94.5%	92.3%	94.4%

Ore portfolio properties include all properties that were owned for the entirety of the current and prior year reporting periods. For Q2 2008 and Q2 2007, core portfolio properties exclude:

Office Acquisitions: 2000 M Street, and Woodholme Center;

Medical Office Acquisitions: CentreMed I & II, Ashburn Farm Park, Woodholme Medical Office Building, and Sterling Medical Office Building;

Retail Acquisitions: none;

Industrial Acquisitions: 6100 Columbia Pike Dr.

Also excluded from Core Properties in Q2 2008 and Q2 2007 are Sold Properties: Maryland Trade Centers I & II, Sullyfield Center and The Earhart Building; and In Development Properties: Bennett Park, Clayborne Apartments, and 4661 Kenmore Ave.

Residential occupancy for all properties decreased from 90.8% to 81.0%, primarily due to the completion of Bennett Park and Clayborne Apartments. At 6/30/08, 123 of 224 units were leased at Bennett Park and 27 of 74 units were leased at Clayborne Apartments.

WASHINGTON REAL ESTATE INVESTMENT TRUST FINANCIAL HIGHLIGHTS

(In thousands, except per share data) (Unaudited)

	<u>-</u>	Three Months Ended June 30, 2008 2007			Six Months En	nded June 30, 2007
OPERATING RESULTS						
Revenue						
Real estate rental revenue	\$	69,768	\$	63,255	\$ 140,046	\$ 123,107
Expenses						
Real estate expenses		22,803		19,542	45,936	38,248
Depreciation and amortization		21,198		16,632	41,723	32,758
General and administrative	<u>_</u>	3,111		5,367	6,191	8,250
		47,112		41,541	93,850	79,256
Real Estate Operating Income		22,656		21,714	46,196	43,851
Other income/(expense):						
Interest expense		(17,582)		(15,298)	(35,246)	(29,682)
Loss on Extinguishment of Debt		_		_	(8,449)	_
Other income		220		420	458	1,038
Other income from life insurance proceeds						1,303
		(17,362)		(14,878)	(43,237)	(27,341)
Income from continuing operations		5,294		6,836	2,959	16,510
Discontinued operations:		-,		-,	_,	,
Income from operations of properties held for sale		639		1,501	1,486	2,539
Gain on property disposed		15,275		_	15,275	_
Net Income	\$	21,208	\$	8,337	\$ 19,720	\$ 19,049
Income from continuing operations	\$	5,294	\$	6,836	\$ 2,959	\$ 16,510
Other income from life insurance proceeds		_			_	(1,303)
Continuing operations real estate depreciation and amortization		21,198		16,632	41,723	32,758
Funds from continuing operations	\$	26,492	\$	23,468	\$ 44,682	\$ 47,965
Income from discontinued operations before gain on disposal		639		1,501	1,486	2,539
Discontinued operations real estate depreciation and amortization		_		248	_	897
Funds from discontinued operations		639		1,749	1,486	3,436
Funds from operations(1)	\$	27,131	\$	25,217	\$ 46,168	\$ 51,401
Tenant improvements		(5,029)		(5,185)	(7,139)	(7,346)
External and internal leasing commissions capitalized		(1,429)		(1,165)	(3,452)	(3,233)
Recurring capital improvements		(3,052)		(3,425)	(5,168)	(5,361)
Straight-line rents, net		(712)		(1,088)	(1,456)	(2,259)
Non real estate depreciation & amortization of debt costs		987		824	1,987	1,574
Amortization of lease intangibles, net		(537)		(280)	(1,044)	(875)
Amortization and expensing of restricted share and unit compensation		716		1,574	1,416	2,356
Other	_	_		1,201		1,201
Funds Available for Distribution (3)	\$	18,075	\$	17,673	\$ 31,312	\$ 37,458

Certain prior period amounts have been reclassified to conform to the current presentation.

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Three Months Ended June 30,		Six Months Ended June 3			June 30,			
	_	2008		2007		2008		2007
(Basic)	\$	0.11	\$	0.15	\$	0.06	\$	0.37
(Diluted)	\$	0.11	\$	0.15	\$	0.06	\$	0.36
(Basic)	\$	0.44	\$	0.18	\$	0.42	\$	0.42
(Diluted)	\$	0.44	\$	0.18	\$	0.42	\$	0.42
(Basic)	\$	0.55	\$	0.52	\$	0.95	\$	1.06
(Diluted)	\$	0.55	\$	0.51	\$	0.94	\$	1.06
(Basic)	\$	0.57	\$	0.55	\$	0.98	\$	1.14
(Diluted)	\$	0.56	\$	0.55	\$	0.97	\$	1.13
	\$	0.4325	\$	0.4225	\$	0.8550	\$	0.8350
		47,933		45,490		47,278		45,212
		48,148		45,658		47,495		45,407
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WASHINGTON REAL ESTATE INVESTMENT TRUST CONSOLIDATED BALANCE SHEETS

(In thousands, except per share data) (Unaudited)

	June 30, 2008	December 31, 2007
Assets		
Land	\$ 337,680	\$ 328,951
Income producing property	1,693,384	1,635,169
	2,031,064	1,964,120
Accumulated depreciation and amortization	(368,200)	(331,991)
Net income producing property	1,662,864	1,632,129
Development in progress	58,760	98,321
Total real estate held for investment, net	1,721,624	1,730,450
Investment in real estate sold or held for sale	<u> </u>	23,843
Cash and cash equivalents	12,724	21,488
Restricted cash	48,868	6,030
Rents and other receivables, net of allowance for doubtful accounts of \$5,585 and \$4,227	37,096	36,595
Prepaid expenses and other assets	85,129	78,517
Other assets related to property sold or held for sale		1,403
Total Assets	\$ 1,905,441	\$ 1,898,326
Liabilities		
Notes payable	\$ 918,834	\$ 879,123
Mortgage notes payable	331,575	252,484
Lines of credit	15,000	192,500
Accounts payable and other liabilities	59,193	63,543
Advance rents	8,793	9,552
Tenant security deposits	10,436	10,487
Other liabilities related to property sold or held for sale		317
Total Liabilities	1,343,831	1,408,006
Minority interest	3,791	3,776
Shareholders' Equity		
Shares of beneficial interest, \$0.01 par value; 100,000 shares authorized; 49,461 and 46,682 shares issued and outstanding, respectively	496	468
Additional paid-in capital	653,816	561,492
Distributions in excess of net income	(96,873)	(75,416)
Accumulated other comprehensive income	380	
Total Shareholders' Equity	557,819	486,544
Total Liabilities and Shareholders' Equity	\$ 1,905,441	\$ 1,898,326

Note: Certain prior year amounts have been reclassified to conform to the current year presentation.





Second Quarter 2008

Supplemental Operating and Financial Data

for the Quarter Ending June 30, 2008

Contact:

Sara Grootwassink Executive Vice President and Chief Financial Officer

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Rockville, MD 20852 (301) 984-9400

(301) 984-9610 fax

6110 Executive Boulevard Suite 800

Company Background and Highlights Second Quarter 2008

Washington Real Estate Investment Trust (the "Company") is a self-administered, self-managed, equity real estate investment trust (REIT) investing in income-producing properties in the greater Washington metropolitan region. WRIT is diversified, as it invests in multifamily, retail, industrial/flex, office, and medical office properties.

During second quarter 2008, WRIT focused on improving its portfolio through acquisitions and dispositions, while maintaining its strong balance sheet. This quarter, WRIT acquired a medical office building for a \$6.5 million and entered into a purchase agreement to acquire a D.C. office building for \$182 million, and disposed of two flex properties for a net book gain of \$15.3 million. Also this quarter, WRIT issued \$90.5 million of equity and refinanced \$81 million of short-term debt with long-term debt at a rate of 5.71% and an 8-year maturity. WRIT's Board of Trustees appointed Wendelin (Wendy) A. White, Esq. and Terence C. Golden to serve as trustees. WRIT also increased its dividend for the 38th consecutive year. Earlier this year, WRIT increased its borrowing capacity on its unsecured credit facilities to \$337 million and refinanced its only debt maturity during 2008.

On May 21, 2008, WRIT acquired Sterling Medical Office Building, a 36,000 square foot medical office building located in Sterling, Virginia for \$6.5 million. Demand for medical office space in the area is driven by its proximity to Inova Loudoun Hospital and Reston Hospital Center. WRIT expects to achieve a first-year, unleveraged yield of 7.6% on a cash basis and 7.9% on a GAAP basis. The acquisition was funded with cash from operations.

On June 16, 2008, WRIT entered into a purchase agreement to acquire 2445 M Street, a 290,000 square foot office building located in Washington, DC, for approximately \$182 million. The property is 100% leased and strategically positioned between Georgetown and the Central Business District in the West End submarket of Washington, DC. WRIT anticipates the closing of the acquisition will take place no later than the fourth quarter of 2008.

On June 6, 2008, WRIT completed the sale of Sullyfield Commerce Center and The Earhart Building, totaling 336,000 square feet for \$41.1 million. The industrial/flex properties, located in Chantilly, VA, were acquired in 2001 and 1996, respectively. WRIT achieved a net book gain of \$15.3 million on the sale of the properties and a combined 13.0% unlevered internal rate of return during ownership. Proceeds from the sale will be reinvested in a 1031 exchange.

During the last year, WRIT completed several ground-up development projects. In third quarter 2007, WRIT completed base construction on Dulles Station, a 180,000 square foot development project of Class A office space located in Herndon, VA. The building, prominently visible from the Dulles Toll Road, is part of a larger mixed-use development which will include 1,095 multifamily units and 56,000 square feet of retail and restaurant space.

In fourth quarter 2007, WRIT completed construction at Bennett Park. Bennett Park is a ground-up development project in Arlington, VA consisting of high-rise and mid-rise Class A apartment buildings with a total of 224 units and 5,800 square feet of retail space. The property was 55% leased at quarter-end.

In first quarter 2008, WRIT began delivering units at The Clayborne Apartments. The Clayborne is a ground-up development project in Alexandria, VA, adjacent to our 800 South Washington retail property. The project consists of a 74-unit Class A apartment building that will include 2,700 square feet of additional retail space. The property was 36% leased at quarter-end.

On May 23, 2008, WRIT raised \$90.5 million by issuing 2.6 million common shares at a price of \$34.80 per share. WRIT used the net proceeds from the offering to repay borrowings under its lines of credit. On May 29, 2008, WRIT entered into three mortgage loans with an aggregate principal amount of approximately \$81 million. The mortgage loans bear interest at a fixed rate of 5.71% per annum through the maturity date of May 31, 2016. WRIT used the net proceeds of the mortgage loans to repay borrowings under its lines of credit. On June 30, 2008, WRIT increased its quarterly dividend 2.4% to \$0.4325 per share for its 186th consecutive quarterly dividend at equal or increasing rates.

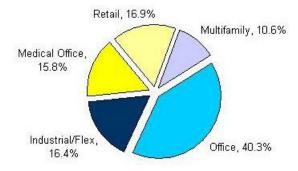
On May 15, 2008, WRIT announced the Board of Trustees appointed Wendelin (Wendy) A. White, Esq. and Terence C. Golden to serve as trustees. Both trustees have many years experience in real estate and investments. Wendy White is a partner and serves on the Managing Board at Pillsbury Winthrop Shaw Pittman LLP, where she is the head of the firm's DC real estate group and has practiced law since 1981. Terence Golden has been Chairman of Bailey Capital Corporation, a private investment company in Washington, D.C. since 2000. Prior to 2000, Mr. Golden was President, Chief Executive Officer and a director of Host Marriott Corporation. He also served as the head of the General Services Administration (GSA) from 1985 to 1988 and as Assistant Secretary of the U.S. Department of the Treasury from 1984 to 1985.

WRIT is a self-administered, self-managed, equity real estate investment trust investing in income-producing properties in the greater Washington metro region. WRIT's dividends have increased every year for 38 consecutive years. WRIT's FFO per share has increased every year for 35 consecutive years. WRIT owns a diversified portfolio of 90 properties consisting of 14 retail centers, 26 office properties, 17 medical office properties, 22 industrial/flex properties, 11 multi-family properties and land for development. WRIT shares are publicly traded on the New York Stock Exchange (NYSE:WRE).



Net Operating Income Contribution by Sector—Second Quarter 2008

With investments in the multifamily, retail, industrial/flex, office and medical office segments, WRIT is uniquely diversified. This balanced portfolio provides stability during market fluctuations in specific property types.



Second Quarter 2008 Acquisition and Purchase Agreement

Acquired: Sterling Medical Office Building Sterling, VA



Under Purchase Agreement: 2445 M Street, NW Washington, DC



Certain statements in this press release and the supplemental disclosures attached hereto are "forward-looking statements" within the meaning of the Private Securities
Litigation Reform Act of 1995. Such statements involve known and unknown risks, uncertainties and other factors that may cause actual results to differ materially. Such risks,
uncertainties and other factors include, but are not limited to, fluctuations in interest rates, availability of raw materials and labor costs, levels of competition, the effect of
government regulation, the availability of capital, weather conditions, the timing and pricing of lease transactions and changes in general and local economic and real estate
market conditions, and other risks and uncertainties detailed from time to time in our filings with the SEC, including our 2007 Form 10-K. We assume no obligation to update
or supplement forward-looking statements that become untrue because of subsequent events.

Supplemental Financial and Operating Data Table of Contents June 30, 2008

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Certain statements discussed in this Supplemental regarding anticipated operating results and future events are forward-looking statements within the meaning of the Private Securities Litigation Reform Act of 1995. Although such statements and projections are based upon what we believe to be reasonable assumptions, actual results may differ from those projected. Key factors that could cause actual results to differ materially include changes in the economy, the successful and timely completion of acquisitions, changes in interest rates, leasing activities and other risks associated with the commercial real estate business and as detailed in our filings from time to time with the Securities and Exchange Commission.

Consolidated Statements of Operations (In thousands, except per share data) (unaudited)

	Three Months Ended						
	06/30/08	03/31/08	12/31/07	09/30/07	06/30/07		
OPERATING RESULTS							
Real estate rental revenue	\$ 69,768	\$ 70,278	\$ 67,528	\$ 65,020	\$ 63,255		
Real estate expenses	(22,803)	(23,133)	(21,271)	(20,395)	(19,542)		
	46,965	47,145	46,257	44,625	43,713		
Real estate depreciation and amortization	(21,198)	(20,525)	(18,998)	(18,019)	(16,632)		
Income from real estate	25,767	26,620	27,259	26,606	27,081		
Other income	220	238	480	357	420		
Other income from life insurance proceeds	_	_	_	_	_		
Loss on extinguishment of debt	_	(8,449)	_	_	_		
Interest expense	(17,582)	(17,664)	(16,400)	(15,824)	(15,298)		
General and administrative	(3,111)	(3,080)	(3,675)	(3,174)	(5,367)		
Income (loss) from continuing operations	5,294	(2,335)	7,664	7,965	6,836		
Discontinued operations:							
Income from operations of properties held for sale	639	847	778	1,403	1,501		
Gain on sale of real estate investment	15,275			25,022			
Income from discontinued operations	15,914	847	778	26,425	1,501		
Net Income (loss)	\$ 21,208	<u>\$ (1,488)</u>	\$ 8,442	<u>\$ 34,390</u>	\$ 8,337		
Per Share Data							
Net Income	\$ 0.44	\$ (0.03)	\$ 0.18	\$ 0.73	\$ 0.18		
Fully diluted weighted average shares outstanding	48,148	46,819	46,822	46,802	45,658		
Percentage of Revenues:							
Real estate expenses	32.7%	32.9%	31.5%	31.4%	30.9%		
General and administrative	4.5%	4.4%	5.4%	4.9%	8.5%		
Ratios:							
EBITDA / Interest expense	2.5x	$2.1x^{(1)}$	2.7x	2.7x	2.6x		
Income from continuing operations/Total real estate revenue	7.6%	-3.3% ⁽¹⁾	11.3%	12.3%	10.8%		
Net income/Total real estate revenue	30.4%	-2.1% ⁽¹⁾	12.5%	52.9%	13.2%		

Note: Certain prior quarter amounts have been reclassified to conform to the current quarter presentation.

⁽¹⁾ Includes the impact of the loss on extinguishment of debt of \$8.4 million in the first quarter of 2008

Consolidated Balance Sheets (In thousands) (unaudited)

	June 30, 2008	March 31, 2008	December 31, 2007	September 30, 2007	June 30, 2007
Assets					
Land	\$ 337,680	\$ 336,710	\$ 328,951	\$ 334,484	\$ 322,733
Income producing property	1,693,384	1,674,319	1,635,169	1,496,731	1,448,874
	2,031,064	2,011,029	1,964,120	1,831,215	1,771,607
Accumulated depreciation and amortization	(368,200)	(349,926)	(331,991)	(315,444)	(299,494)
Net income producing property	1,662,864	1,661,103	1,632,129	1,515,771	1,472,113
Development in progress, including land held for development	58,760	58,784	98,321	138,093	151,393
Total real estate held for investment, net	1,721,624	1,719,887	1,730,450	1,653,864	1,623,506
Investment in real estate held for sale, net	, , , , , , , , , , , , , , , , , , ,	23,614	23,843	23,382	52,907
Cash and cash equivalents	12,724	12,858	21,488	9,919	8,133
Restricted cash	48,868	7,637	6,030	46,002	6,835
Rents and other receivables, net of allowance for doubtful accounts	37,096	39,008	36,595	34,520	34,359
Prepaid expenses and other assets	85,129	87,515	78,517	76,689	68,179
Other assets related to properties sold or held for sale		1,679	1,403	1,425	3,276
Total Assets	\$ 1,905,441	\$ 1,892,198	\$1,898,326	\$ 1,845,801	\$ 1,797,195
Liabilities and Shareholders' Equity				<u> </u>	
Notes payable	\$ 918,834	\$ 918,783	\$ 879,123	\$ 879,094	\$ 879,064
Mortgage notes payable	331,575	251,539	252,484	253,500	254,324
Lines of credit/short-term note payable	15,000	174,500	192,500	128,500	95,500
Accounts payable and other liabilities	59,193	57,590	63,543	65,228	66,223
Advance rents	8,793	9,383	9,552	6,424	6,544
Tenant security deposits	10,436	10,462	10,487	9,961	10,262
Other liabilities related to properties sold or held for sale		417	317	358	1,360
Total Liabilities	1,343,831	1,422,674	1,408,006	1,343,065	1,313,277
Minority interest	3,791	3,786	3,776	5,593	1,776
Shareholders' Equity	<u> </u>				
Shares of beneficial interest, \$0.01 par value; 100,000 shares authorized	496	468	468	467	467
Additional paid-in capital	653,816	563,174	561,492	560,695	560,276
Distributions in excess of net income	(96,873)	(96,660)	(75,416)	(64,019)	(78,601)
Accumulated other comprehensive income (loss)	380	(1,244)	<u> </u>	_	
Total Shareholders' Equity	557,819	465,738	486,544	497,143	482,142
Total Liabilities and Shareholders' Equity	\$ 1,905,441	\$1,892,198	\$1,898,326	\$ 1,845,801	\$ 1,797,195
Total Debt / Total Market Capitalization	0.46:1	0.46:1	0.47:1	0.44:1	0.44:1

Note: Certain prior quarter amounts have been reclassified to conform to the current quarter presentation.

Funds From Operations and Funds Available for Distribution (In thousands, except per share data) (unaudited)

	Three Months Ended						
	6/30/2008	3/31/2008	12/31/2007	9/30/2007	6/30/2007		
Funds From Operations(1)							
Net Income (loss)	\$ 21,208	\$ (1,488)	\$ 8,442	\$ 34,390	\$ 8,337		
Real estate depreciation and amortization	21,198	20,525	18,998	18,019	16,632		
Other income from life insurance proceeds	_	_	_	_	_		
Discontinued operations:							
Gain on sale	(15,275)			(25,022)	_		
Real estate depreciation and amortization			87	266	248		
Funds From Operations (FFO)	\$ 27,131	\$19,037	\$ 27,527	\$ 27,653	\$25,217		
FFO per share - basic	\$ 0.57	\$ 0.41	\$ 0.59	\$ 0.59	\$ 0.55		
FFO per share - fully diluted	\$ 0.56	\$ 0.41	\$ 0.59	\$ 0.59	\$ 0.55		
FFO per share - fully diluted, excluding loss on extinguishment of debt	\$ 0.56	\$ 0.59	\$ 0.59	\$ 0.59	\$ 0.55		
Funds Available for Distribution ⁽²⁾							
Tenant Improvements	(5,029)	(2,110)	(5,026)	(4,215)	(5,185)		
External and Internal Leasing Commissions Capitalized	(1,429)	(2,023)	(1,613)	(1,159)	(1,165)		
Recurring Capital Improvements	(3,052)	(2,116)	(3,899)	(2,635)	(3,425)		
Straight-Line Rent, Net	(712)	(744)	(957)	(988)	(1,088)		
Non-real estate depreciation and amortization	987	1,000	1,011	987	824		
Amortization of lease intangibles, net	(537)	(506)	(191)	(315)	(280)		
Amortization and expensing of restricted share and unit compensation	716	699	850	882	1,574		
Other				102	1,201		
Funds Available for Distribution (FAD)	\$ 18,075	\$13,237	\$ 17,702	\$ 20,312	\$17,673		
Total Dividends Paid	\$ 21,376	\$19,724	\$ 19,723	\$ 19,716	\$19,716		
Average shares - basic	47,933	46,623	46,604	46,596	45,490		
Average shares - fully diluted	48,148	46,819	46,822	46,802	45,658		

- Funds From Operations ("FFO") The National Association of Real Estate Investment Trusts, Inc. ("NAREIT") defines FFO (April, 2002 White Paper) as net income (computed in accordance with generally accepted accounting principles ("GAAP")) excluding gains (or losses) from sales of property plus real estate depreciation and amortization. We consider FFO to be a standard supplemental measure for equity real estate investment trusts ("REITs") because it facilitates an understanding of the operating performance of our properties without giving effect to real estate depreciation and amortization, which historically assumes that the value of real estate assets diminishes predictably over time. Since real estate values have instead historically risen or fallen with market conditions, we believe that FFO more accurately provides investors an indication of our ability to incur and service debt, make capital expenditures and fund other needs. FFO is a non-GAAP measure.
- Funds Available for Distribution ("FAD") is calculated by subtracting from FFO (1) recurring expenditures, tenant improvements and leasing costs, that are capitalized and amortized and are necessary to maintain our properties and revenue stream and (2) straight line rents, then adding (3) non-real estate depreciation and amortization and adding or subtracting the amortization of lease intangibles as appropriate. FAD is included herein, because we consider it to be a measure of a REIT's ability to incur and service debt and to distribute dividends to its shareholders. FAD is a non-GAAP and non-standardized measure, and may be calculated differently by other REITs.

Earnings Before Interest Taxes Depreciation and Amortization (EBITDA) (In thousands) (unaudited)

	Three Months Ended					
	06/30/08	03/31/08	12/31/07	09/30/07	06/30/07	
EBITDA ⁽¹⁾						
Net income (loss)	\$ 21,208	\$ (1,488)	\$ 8,442	\$ 34,390	\$ 8,337	
Add:						
Interest expense	17,582	17,664	16,400	15,824	15,298	
Real estate depreciation and amortization	21,198	20,525	19,085	18,285	16,880	
Non-real estate depreciation	285	276	277	261	202	
Less:						
Gain on sale of real estate	(15,275)			(25,022)	_	
Other income	(220)	(238)	(480)	(357)	(420)	
EBITDA	\$ 44,778	\$36,739	\$43,724	\$ 43,381	\$40,297	

EBITDA is earnings before interest, taxes, depreciation and amortization. We consider EBITDA to be an appropriate supplemental performance measure because it eliminates depreciation, interest and the gain (loss) from property dispositions, which permits investors to view income from operations without the effect of non-cash depreciation or the cost of debt. EBITDA is a non-GAAP measure.

Long-Term Debt Analysis (In thousands, except per share amounts)

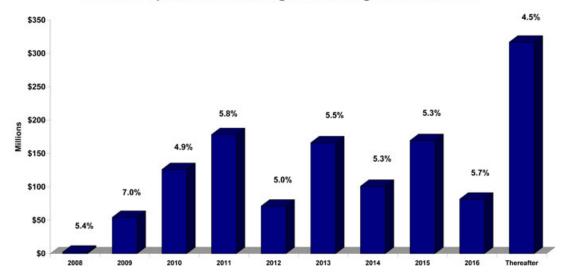
	June 30, 2008	March 31, 2008	December 31, 2007	September 30, 2007	June 30, 2007
Balances Outstanding	<u> </u>	<u> </u>		<u> </u>	
Secured					
Conventional fixed rate	\$ 331,575	\$ 251,539	\$ 252,484	\$ 253,500	\$ 254,323
Secured total	331,575	251,539	252,484	253,500	254,323
Unsecured					
Fixed rate bonds and notes	918,834	918,783	879,123	879,094	879,064
Credit facility	15,000	174,500	192,500	128,500	95,500
Unsecured total	933,834	1,093,283	1,071,623	1,007,594	974,564
Total	\$1,265,409	\$1,344,822	\$1,324,107	\$ 1,261,094	\$1,228,887
Average Interest Rates					
Secured					
Conventional fixed rate	5.8%	5.8%	5.8%	5.8%	5.8%
Secured total	5.8%	5.8%	5.8%	5.8%	5.8%
Unsecured					
Fixed rate bonds	5.0%	5.0%	5.2%	5.2%	5.2%
Credit facilities	5.1%	5.1%	<u>5.4</u> %	5.9%	5.8%
Unsecured total	5.0%	5.0%	5.2%	5.3%	5.3%
Average	5.2%	5.2%	5.3%	5.4%	5.4%

Note: The current balance outstanding of the fixed rate bonds and notes is shown net of discounts/premiums in the amount of \$1,165,598.

Long-Term Debt Analysis (In thousands, except per share amounts)

Continued from previous page

Debt Maturity Schedule Annual Expirations and Weighted Average Interest Rates



		Future Maturities of Debt						
Year	Secured Debt	Unsecured Debt	Credit Facilities	Total Debt	Average Interest Rate			
2008	\$ 2,119	\$ —	\$ —	\$ 2,119	5.4%			
2009	54,285	_	_	54,285	7.0%			
2010	25,973	100,000	_	125,973	4.7%			
2011	13,339	150,000	15,000	178,339	5.8%			
2012	21,088	50,000	_	71,088	5.0%			
2013	106,039	60,000	_	166,039	5.5%			
2014	884	100,000	_	100,884	5.3%			
2015	19,373	150,000	_	169,373	5.3%			
2016	81,582	_	_	81,582	5.7%			
Thereafter	6,893	310,000		316,893	4.5%			
Total maturities	\$ 331,575	\$ 920,000	\$ 15,000	\$1,266,575	5.2%			

Weighted average maturity = 8.1 years

Capital Analysis (In thousands, except per share amounts)

	June 30, 2008	March 31, 2008	December 31, 2007	September 30, 2007	June 30, 2007
Market Data					
Shares Outstanding	49,461	46,716	46,682	46,669	46,665
Market Price per Share	\$ 30.05	\$ 33.42	\$ 31.41	\$ 33.18	\$ 34.00
Equity Market Capitalization	\$1,486,303	\$1,561,249	\$1,466,282	\$ 1,548,477	\$1,586,610
Total Debt	\$1,265,409	\$1,344,822	\$1,324,107	\$ 1,261,094	\$1,228,888
Total Market Capitalization	\$2,751,712	\$2,906,071	\$2,790,389	\$ 2,809,571	\$2,815,498
Total Debt to Market Capitalization	0.46:1	0.46:1	0.47:1	0.44:1	0.44:1
Earnings to Fixed Charges ⁽¹⁾	1.3x	0.8x (3)	1.3x	1.4x	1.3x
Debt Service Coverage Ratio ⁽²⁾	2.4x	1.9x ⁽³⁾	2.5x	2.6x	2.5x
Dividend Data					
Total Dividends Paid	\$ 21,376	\$ 19,724	\$ 19,723	\$ 19,716	\$ 19,716
Common Dividend per Share	\$ 0.4325	\$ 0.4225	\$ 0.4225	\$ 0.4225	\$ 0.4225
Payout Ratio (FFO per share basis)	77.2%	103.0%	71.6%	71.6%	76.8%

⁽¹⁾ The ratio of earnings to fixed charges is computed by dividing earnings by fixed charges. For this purpose, earnings consist of income from continuing operations plus fixed charges, less capitalized interest. Fixed charges consist of interest expense, including amortized costs of debt issuance, plus interest costs capitalized.

Debt service coverage ratio is computed by dividing earnings before interest income and expense, depreciation, amortization and gain on sale of real estate by interest expense and principal amortization.

⁽³⁾ Includes the impact of the loss on extinguishment of debt of \$8.4 million and the write off of related note premium in the first quarter of 2008.

Core Portfolio Net Operating Income (NOI) Growth & Rental Rate Growth 2008 vs. 2007

Cash Basis

	Second C	Quarter ⁽¹⁾
	NOI	Rental Rate
Sector	Growth	Growth
Multifamily	2.1%	1.1%
Office Buildings	3.6%	2.3%
Medical Office Buildings	3.5%	2.2%
Retail Centers	3.3%	3.5%
Industrial / Flex Properties	-0.3%	3.0%
Overall Core Portfolio	2.7%	2.4%

GAAP Basis

	Second	Quarter ⁽¹⁾
	NOI	Rental Rate
Sector	Growth	Growth
Multifamily	2.1%	1.1%
Office Buildings	1.8%	0.7%
Medical Office Buildings	1.6%	0.6%
Retail Centers	2.0%	4.1%
Industrial / Flex Properties	-1.1%	2.0%
Overall Core Portfolio	1.3%	1.5%

Non-core properties were:

2007 and 2008 sold properties - Maryland Trade Centers I and II, Sullyfield Center and The Earhart Building.

2007 acquisitions - 270 Technology Park, Monument II, 2440 M Street, Woodholme Medical Office Building, Woodholme Center, Ashburn Farm Office Park, CentreMed I & II, and 2000 M Street.

2008 acquisitions - 6100 Columbia Park Road and Sterling Medical Office Building.

Core Portfolio Net Operating Income (NOI) Summary (In thousands)

	Three	Three Months Ended June 3		
	2008	2007	% Change	
Cash Basis:				
Multifamily	\$ 5,101	\$ 4,995	2.1%	
Office Buildings	17,085	16,490	3.6%	
Medical Office Buildings	5,824	5,626	3.5%	
Retail Centers	7,727	7,483	3.3%	
Industrial/Flex	7,449	7,474	-0.3%	
	\$43,186	\$42,068	2.7%	
GAAP Basis:	 _			
Multifamily	\$ 5,104	\$ 5,001	2.1%	
Office Buildings	17,367	17,055	1.8%	
Medical Office Buildings	6,030	5,937	1.6%	
Retail Centers	7,930	7,773	2.0%	
Industrial/Flex	7,495	7,582	-1.1%	
	\$43,926	\$43,348	1.3%	

Core Portfolio Net Operating Income (NOI) Detail (In thousands)

	Three Months Ended June 30, 2008									
	М	ultifamily	Office	Med	lical Office	Retail	Industrial	Cor	porate and Other	Total
Real estate rental revenue										
Core Portfolio	\$	8,884	\$25,550	\$	8,759	\$10,341	\$ 9,938	\$	_	\$ 63,472
Non-core - acquired and in development 1		681	3,167		2,109		339			6,296
Total		9,565	28,717		10,868	10,341	10,277		_	69,768
Real estate expenses										
Core Portfolio		3,780	8,183		2,729	2,411	2,443		_	19,546
Non-core - acquired and in development 1		812	1,627		710		108			3,257
Total		4,592	9,810		3,439	2,411	2,551		_	22,803
Net Operating Income (NOI)										
Core Portfolio		5,104	17,367		6,030	7,930	7,495		_	43,926
Non-core - acquired and in development 1		(131)	1,540		1,399	_	231		_	3,039
Total	\$	4,973	\$18,907	\$	7,429	\$ 7,930	\$ 7,726	\$		\$ 46,965
Core Portfolio NOI GAAP Basis (from above)	\$	5,104	\$17,367	\$	6,030	\$ 7,930	\$ 7,495	\$	_	\$ 43,926
Straight-line revenue, net for core properties		(4)	(204)		(92)	(81)	(70)		_	(451)
FAS 141 Min Rent		_	(83)		(114)	(125)	19		_	(303)
Amortization of lease intangibles for core properties		1	5			3	5		_	14
Core portfolio NOI, Cash Basis	\$	5,101	\$17,085	\$	5,824	\$ 7,727	\$ 7,449	\$		\$ 43,186
Reconciliation of NOI to Net Income (loss)										
Total NOI	\$	4,973	\$18,907	\$	7,429	\$ 7,930	\$ 7,726	\$	_	\$ 46,965
Other income		_	_		_	_	_		220	220
Other income from life insurance proceeds		_	_		_	_	_		_	_
Interest expense		(1,337)	(848)		(1,402)	(334)	(246)		(13,415)	(17,582)
Depreciation and amortization		(3,257)	(9,234)		(3,602)	(1,771)	(3,158)		(176)	(21,198)
General and administrative		_	_		_	_	_		(3,111)	(3,111)
Discontinued Operations ²		_	_		_	_	639		_	639
Gain on sale of real estate		_	_		_	_	_		15,275	15,275
Loss on extinguishment of debt	_									
Net Income (loss)	\$	379	\$ 8,825	\$	2,425	\$ 5,825	\$ 4,961	\$	(1,207)	\$ 21,208

Non-core acquired and in development properties:

2007 in development - Bennett Park, Clayborne Apartments and Dulles Station.

2007 acquisitions - 270 Technology Park, Monument II, 2440 M Street, Woodholme Medical Office Building, Woodholme Center, Ashburn Farm Office Park, CentreMed I & II and 2000 M Street.

2008 acquisitions - 6100 Columbia Park Road and Sterling Medical Office Building.

Discontinued operations include: Sold Properties - Sullyfield Center and The Earhart Building.

Core Portfolio Net Operating Income (NOI) Detail (In thousands)

		Three Months Ended June 30, 2007								
								Co	rporate and	
	Μι	ıltifamily	Office	Med	lical Office	Retail	Industrial		Other	Total
Real estate rental revenue										
Core Portfolio	\$	8,430	\$25,532	\$	8,543	\$10,064	\$ 9,982	\$	_	\$ 62,551
Non-core - acquired and in development ¹	_		176		528					704
Total		8,430	25,708		9,071	10,064	9,982		_	63,255
Real estate expenses										
Core Portfolio		3,429	8,477		2,606	2,291	2,400		_	19,203
Non-core - acquired and in development ¹		108	61		170	_	_		_	339
Total		3,537	8,538		2,776	2,291	2,400			19,542
Net Operating Income (NOI)										
Core Portfolio		5,001	17,055		5,937	7,773	7,582		_	43,348
Non-core - acquired and in development ¹		(108)	115		358	_	_		_	365
Total	\$	4,893	\$17,170	\$	6,295	\$ 7,773	\$ 7,582	\$		\$ 43,713
Core Portfolio NOI GAAP Basis (from above)	\$	5,001	\$17,055	\$	5,937	\$ 7,773	\$ 7,582	\$		\$ 43,348
Straight-line revenue, net for core properties		(7)	(470)		(208)	(151)	(168)		_	(1,004)
FAS 141 Min Rent			(99)		(103)	(142)	56		_	(288)
Amortization of lease intangibles for core properties		1	4		_	3	4		_	12
Core portfolio NOI, Cash Basis	\$	4,995	\$16,490	\$	5,626	\$ 7,483	\$ 7,474	\$		\$ 42,068
Reconciliation of NOI to Net Income										
Total NOI	\$	4,893	\$17,170	\$	6,295	\$ 7,773	\$ 7,582	\$	_	\$ 43,713
Other income		_	_		_	_	_		420	420
Other income from life insurance proceeds		_	_		_	_	_		_	_
Interest expense		(913)	(862)		(1,172)	(339)	(250)		(11,762)	(15,298)
Depreciation and amortization		(1,691)	(7,344)		(2,806)	(1,783)	(2,896)		(112)	(16,632)
General and administrative		_	_		_	_	_		(5,367)	(5,367)
Discontinued Operations ²		_	1,016		_	_	485		_	1,501
Other income from life insurance proceeds				_						
Net Income	\$	2,289	\$ 9,980	\$	2,317	\$ 5,651	\$ 4,921	\$	(16,821)	\$ 8,337

Non-core acquired and in development properties were:

2007 in development - Bennett Park, Clayborne Apartments and Dulles Station.

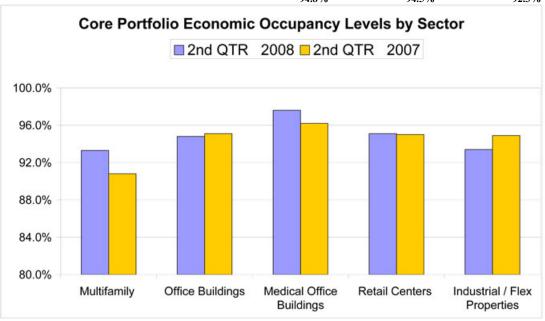
2007 acquisitions - 270 Technology Park, Monument II, 2440 M Street, Woodholme Medical Office Building, Woodholme Center, Ashburn Farm Office Park, CentreMed I & II, and 2000 M Street.

Discontinued operations include: Sold Properties - Maryland Trade Center I and II, Sullyfield Center and The Earhart Building.

Core Portfolio & Overall Economic Occupancy Levels by Sector Q2 2008 vs. Q2 2007

GAAP Basis

	Core Por	rtfolio	All Prop	erties
Sector	2nd QTR 2008	2nd QTR 2007	2nd QTR 2008	2nd QTR 2007
Multifamily	93.3%	90.8%	81.0%	90.8%
Office Buildings	94.8%	95.1%	94.1%	95.0%
Medical Office Buildings	97.6%	96.2%	97.2%	96.3%
Retail Centers	95.1%	95.0%	95.1%	95.0%
Industrial / Flex Properties	93.4%	94.9%	92.8%	94.0%
Overall Portfolio	94.8%	94.5%	92.3%	94.4%



Commercial Leasing Summary Three and Six months ended 6/30/08

	2nd Quarter 2008	Year-to	-Date
Gross Leasing Square Footage			
Office Buildings	167,751		318,114
Medical Office Buildings	47,729		60,441
Retail Centers	59,168		76,569
Industrial Centers	198,561		287,647
Total	473,209		742,771
Weighted Average Term (yrs)			
Office Buildings	4.1		4.5
Medical Office Buildings	5.8		5.7
Retail Centers	7.0		6.5
Industrial Centers	4.2		4.3
Total	4.7		4.7
	GAAP CASH	GAAP	CASH
Rental Rate Increases:			
Rate on expiring leases			
Office Buildings	\$25.08 \$26.32	\$28.45	\$29.55
Medical Office Buildings	30.21 32.80	30.03	32.23
Retail Centers	20.01 21.13	20.61	21.85
Industrial Centers	8.67 8.86	10.79	11.05
Total	<u>\$18.08</u>	\$20.93	\$21.81
Rate on new and renewal leases			
Office Buildings	\$28.67 \$27.48	\$33.10	\$31.64
Medical Office Buildings	38.72 36.18	37.84	35.39
Retail Centers	25.68 23.38	26.15	23.96
Industrial Centers	9.65 9.14	11.86	11.17
Total	<u>\$21.33</u>	\$24.54	\$23.23
Percentage Increase			
Office Buildings	14.30% 4.42%	16.33%	7.10%
Medical Office Buildings	28.19% 10.32%	26.03%	9.78%
Retail Centers	28.33% 10.65%	26.84%	9.70%
Industrial Centers	11.26% 3.15%	9.92%	1.12%
Total	17.97% 6.07%	17.25%	6.52%

Commercial Leasing Summary Continued from previous page

Three and Six months ended 6/30/08

	2nd Quar	ter 2008	Year-to-Date		
	Total Dollars	Total Dollars Por Square Foot		Dollars per Square Foot	
Tenant Improvements					
Office Buildings	\$1,053,486	\$ 6.28	\$2,230,365	\$ 7.01	
Medical Office Buildings	871,444	18.26	979,239	16.20	
Retail Centers	15,500	0.26	15,500	0.20	
Industrial Centers	154,800	0.78	482,675	1.68	
Subtotal	<u>\$2,095,230</u>	\$ 4.43	\$3,707,779	\$ 4.99	
	Total Dollars	Dollars per Square Foot	Total Dollars	Dollars per Square Foot	
Leasing Costs					
Office Buildings	\$ 766,730	\$ 4.57	\$1,844,326	\$ 5.80	
Medical Office Buildings	405,958	8.51	457,340	7.57	
Retail Centers	177,167	2.99	202,317	2.64	
Industrial Centers	379,320	1.91	546,600	1.90	
Subtotal	<u>\$1,729,175</u>	\$ 3.65	\$3,050,583	\$ 4.11	
	Total Dollars	Dollars per Square Total Dollars Foot Total		Dollars per Square Foot	
Tenant Improvements and Leasing Costs					
Office Buildings	\$1,820,216	\$ 10.85	\$4,074,691	\$ 12.81	
Medical Office Buildings	1,277,402	26.76	1,436,579	23.77	
Retail Centers	192,667	3.26	217,817	2.84	
Industrial Centers	534,120	2.69	1,029,275	3.58	
Total	\$3,824,405	\$ 8.08	\$6,758,362	\$ 9.10	

10 Largest Tenants - Based on Annualized Rent June 30, 2008

	Number of	Weighted Average Remaining Lease Term	Percentage of Aggregate Portfolio Annualized	Aggregate Rentable	Percentage of Aggregate Occupied Square
Tenant	Buildings	in Months	Rent	Square Feet	Feet
World Bank	1	41	4.42%	210,354	2.17%
Sunrise Assisted Living, Inc.	1	63	2.57%	184,202	1.90%
General Services Administration	8	20	2.04%	256,038	2.64%
URS Corporation	1	58	1.42%	97,208	1.00%
INOVA Health System Hospital	6	33	1.38%	82,193	0.85%
Lafarge North America, Inc.	1	25	1.35%	80,610	0.83%
George Washington University	2	92	1.18%	77,538	0.80%
IQ Solutions, Inc.	1	35	1.02%	57,452	0.59%
Science Applications Int'l Corporation	1	60	0.96%	80,561	0.83%
Sun Microsystems, Inc.	1	42	0.94%	65,443	0.67%
Total/Weighted Average		44	17.28%	1,191,599	12.28%

Industry Diversification June 30, 2008

Industry Classification (NAICS)	Annualized Base Rental Revenue	Percentage of Aggregate Annualized Rent	Aggregate Rentable Square Feet	Percentage of Aggregate Square Feet
Professional, Scientific and Technical Services	\$ 45,292,161	22.51%	1,904,377	19.64%
Ambulatory Health Care Services	38,348,426	19.06%	1,312,968	13.54%
Credit Intermediation and Related Activities	15,336,976	7.62%	425,367	4.39%
Executive, Legislative & Other General Government	8,361,882	4.16%	423,309	4.37%
Religious, Grantmaking, Civic, Professional	6,122,311	3.04%	198,850	2.05%
Nursing and Residential Care Facilities	5,720,577	2.84%	209,671	2.16%
Food Services and Drinking Places	5,509,807	2.74%	219,267	2.26%
Educational Services	5,449,240	2.71%	215,932	2.23%
Administrative and Support Services	5,411,670	2.69%	380,279	3.92%
Food and Beverage Stores	4,070,248	2.02%	254,796	2.63%
Miscellaneous Store Retailers	3,599,474	1.79%	264,199	2.73%
Merchant Wholesalers-Durable Goods	3,559,757	1.77%	376,104	3.88%
Furniture and Home Furnishing Stores	3,529,257	1.75%	226,581	2.34%
Specialty Trade Contractors	3,465,049	1.72%	378,951	3.91%
Nonmetallic Mineral Product Manufacturing	3,082,484	1.53%	119,474	1.23%
Broadcasting (except Internet)	3,005,968	1.49%	87,939	0.91%
Personal and Laundry Services	2,837,818	1.41%	130,697	1.35%
Health & Personal Care Services	2,288,278	1.14%	79,701	0.82%
Clothing & Clothing Accessories Stores	2,286,345	1.14%	143,648	1.48%
Real Estate	2,199,898	1.09%	84,424	0.87%
Merchant Wholesalers-Non Durable Goods	2,020,207	1.00%	221,355	2.28%
Amusement, Gambling and Recreation industries	1,951,127	0.97%	142,780	1.47%
Miscellaneous Manufacturing	1,868,793	0.93%	196,837	2.03%
Hospitals	1,843,305	0.92%	60,457	0.62%
Construction of Buildings	1,662,546	0.83%	111,142	1.15%
Sporting Goods/Books/Hobby/Music Stores	1,633,033	0.81%	122,058	1.26%
Insurance Carriers and Related Activities	1,544,289	0.77%	71,305	0.74%
General Merchandise Stores	1,514,754	0.75%	216,330	2.23%
Telecommunications	1,298,165	0.65%	48,757	0.50%
Other	16,386,146	8.15%	1,068,515	11.01%
Total	\$201,199,991	100.00%	9,696,070	100.00%

Lease Expirations June 30, 2008

	Number of	Rentable	Percent of Rentable	Annualized	Average Rental	Percent of Annualized
Year	Leases	Square Feet	Square Feet	Rent *	Rate	Rent *
Office:			4.4=07			4.000/
2008	44	142,791	4.17%	\$ 4,013,881	\$ 28.11	4.03%
2009	109	427,954	12.51%	12,088,158	28.25	12.13%
2010	108	780,043	22.80%	23,730,668	30.42	23.82%
2011	90	545,895	15.96%	16,887,014	30.93	16.95%
2012	50	316,184	9.24%	8,886,923	28.11	8.92%
2013 and thereafter	109	1,208,681	35.32%	34,023,157	28.15	34.15%
	510	3,421,548	100.00%	\$ 99,629,801	\$ 29.12	100.00%
Medical Office:						
2008	21	48,662	4.22%	\$ 1,538,173	\$ 31.61	4.26%
2009	42	102,332	8.87%	3,114,168	30.43	8.62%
2010	54	185,224	16.06%	5,943,127	32.09	16.45%
2011	60	198,395	17.20%	6,296,199	31.74	17.42%
2012	41	141,375	12.26%	4,666,844	33.01	12.91%
2013 and thereafter	104	477,336	41.39%	14,579,274	30.54	40.34%
	322	1,153,324	100.00%	\$ 36,137,785	\$ 31.33	100.00%
Retail:						
2008	17	130,160	7.01%	\$ 936,833	\$ 7.20	2.90%
2009	48	158,440	8.53%	3,410,312	21.52	10.57%
2010	53	309,244	16.65%	5,429,445	17.56	16.83%
2011	31	156,346	8.42%	2,819,384	18.03	8.74%
2012	39	168,906	9.10%	3,291,940	19.49	10.20%
2013 and thereafter	100	933,927	50.29%	16,375,149	17.53	50.76%
	288	1,857,023	100.00%	\$ 32,263,063	\$ 17.37	100.00%
Industrial:						
2008	35	277,291	8.50%	\$ 2,955,133	\$ 10.66	8.91%
2009	52	530,040	16.24%	4,878,129	9.20	14.71%
2010	53	382,795	11.73%	4,396,002	11.48	13.25%
2011	46	483,979	14.83%	4,029,321	8.33	12.15%
2012	27	424,661	13.01%	4,460,304	10.50	13.45%
2013 and thereafter	54	1,165,409	35.69%	12,450,453	10.68	37.53%
	267	3,264,175	100.00%	\$ 33,169,342	\$ 10.16	100.00%
Total:		3,201,173	100.0070	ψ 33,103,3 1 <u>2</u>	φ 10.10	100.0070
2008	117	598,904	6.18%	\$ 9,444,020	\$ 15.77	4.69%
2008	251	1,218,766	12.57%	23,490,767	19.27	11.68%
2009	268	, ,	12.57%	39,499,242	23.83	11.68%
2010	208	1,657,306 1,384,615	17.09%	39,499,242	23.83	19.63%
2011	157	, ,		, ,	20.27	
2012 2013 and thereafter	367	1,051,126 3,785,353	10.84% 39.04%	21,306,011 77,428,033	20.27	10.59% 38.48%
2015 and increditer						
	1,387	9,696,070	100.00%	\$ 201,199,991	\$ 20.75	100.00%

^{*} Annualized Rent is as of June 30, 2008 rental revenue (cash basis) multiplied by 12.

2008 Acquisition and Disposition Summary as of June 30, 2008 (\$'s in thousands)

Acquisition Summary

		Acquisition Date	Square Feet	Leased Percentage at Acquisition	2008 Leased Percentage	Investment
6100 Columbia Park Road	Landover, MD	February 22, 2008	150,000	78%	100%	\$ 11,200
Sterling Medical Office Building ¹	Sterling, VA	May 21, 2008	36,000	100%	100%	\$ 6,500
Total			186,000			\$ 17,700
Disposition Summary						
		Disposition Date	Property Type	Square Feet	Sale Price	GAAP Gain
Sullyfield Center/The Earhart Building	Chantilly, VA	June 6, 2008	Industrial	336,000	\$ 41,100	\$ 15,300

June 30,

The sellers of Sterling Medical Office Building agreed to lease 37% of the building's space for a period of 12-18 months.

Schedule of Properties June 30, 2008

PROPERTIES	LOCATION	YEAR ACQUIRED	YEAR CONSTRUCTED	NET RENTABLE SQUARE FEET*
Office Buildings				
1901 Pennsylvania Avenue	Washington, DC	1977	1960	97,000
51 Monroe Street	Rockville, MD	1979	1975	210,000
515 King Street	Alexandria, VA	1992	1992 1966	
The Lexington Building	Rockville, MD	1993	1970	46,000
The Saratoga Building	Rockville, MD	1993	1977	58,000
Brandywine Center	Rockville, MD	1993	1969	35,000
6110 Executive Boulevard	Rockville, MD	1995	1971	198,000
1220 19th Street	Washington, DC	1995	1976	102,000
1600 Wilson Boulevard 7900 Westpark Drive	Arlington, VA McLean, VA	1997	1973 1972/1986/1999	166,000
600 Jefferson Plaza	Rockville, MD	1997 1999	1972/1986/1999	523,000 112,000
1700 Research Boulevard	Rockville, MD	1999	1982	101,000
Parklawn Plaza	Rockville, MD	1999	1986	40,000
Wayne Plaza	Silver Spring, MD	2000	1970	91,000
Courthouse Square	Alexandria, VA	2000	1979	113,000
One Central Plaza	Rockville, MD	2001	1974	267,000
The Atrium Building	Rockville, MD	2002	1980	80,000
1776 G Street	Washington, DC	2003	1979	263,000
Albemarle Point	Chantilly, VA	2005	2001	89,000
6565 Arlington Blvd	Falls Church, VA	2006	1967/1998	140,000
West Gude Drive	Rockville, MD	2006	1984/1986/1988	289,000
The Ridges	Gaithersburg, MD	2006	1990	104,000
The Crescent	Gaithersburg, MD	2006	1989	49,000
Monument II	Herndon, VA	2007	2000	205,000
Woodholme Center	Pikesville, MD	2007	1989	73,000
2000 M Street	Washington, DC	2007	1971	227,000
Subtotal				3,754,000
Medical Office Buildings				
Woodburn Medical Park I	Annandale, VA	1998	1984	71,000
Woodburn Medical Park II	Annandale, VA	1998	1988	96,000
Prosperity Medical Center I	Merrifield, VA	2003	2000	92,000
Prosperity Medical Center II	Merrifield, VA	2003	2001	88,000
Prosperity Medical Center III	Merrifield, VA	2003	2002	75,000
Shady Grove Medical Village II	Rockville, MD	2004	1999	66,000
8301 Arlington Boulevard	Fairfax, VA	2004	1965	49,000
Alexandria Professional Center	Alexandria, VA	2006	1968	113,000
9707 Medical Center Drive	Rockville, MD	2006	1994	38,000
15001 Shady Grove Road	Rockville, MD	2006	1999	51,000
Plumtree Medical Center	Bel Air, MD	2006	1991	33,000
15005 Shady Grove Road	Rockville, MD	2006	2002	52,000
2440 M Street	Washington, DC	2007	1986/2006	110,000 125,000
Woodholme Medical Office Building Ashburn Office Park	Pikesville, MD Ashburn, VA	2007 2007	1996 1998/2000/2002	75,000
CentreMed I & II	Centreville, VA	2007	1998/2000/2002	52,000
Sterling Medical Office Building	Sterling, VA	2007	1986/2000	36,000
	Sterning, VII	2000	1700/2000	
Subtotal				1,222,000
Retail Centers	T. 1 . 1 . 10	10.62	10.0	51 000
Takoma Park	Takoma Park, MD	1963	1962	51,000
Westminster	Westminster, MD	1972	1969	151,000
Concord Centre Wheaton Park	Springfield, VA Wheaton, MD	1973	1960	76,000 72,000
Bradlee	Alexandria, VA	1977 1984	1967 1955	168,000
Chevy Chase Metro Plaza	Washington, DC	1985	1975	49,000
Montgomery Village Center	Gaithersburg, MD	1983	1969	198,000
Shoppes of Foxchase ¹	Alexandria, VA	1992	1960	134,000
Frederick County Square	Frederick, MD	1994	1973	227,000
800 S. Washington Street	Alexandria, VA	1998/2003	1955/1959	44,000
Centre at Hagerstown	Hagerstown, MD	2002	2000	332,000
Frederick Crossing	Frederick, MD	2002	1999/2003	295,000
Randolph Shopping Center	Rockville, MD	2006	1972	82,000
Montrose Shopping Center	Rockville, MD	2006	1970	143,000
Subtotal	- · · · · · · · · · · · · · · · · · · ·			2,022,000
Sational				2,022,000

Development on approximately 60,000 square feet of the center was completed in December 2006.

Schedule of Properties (Cont.) June 30, 2008

PROPERTIES	LOCATION	YEAR ACQUIRED	YEAR CONSTRUCTED	NET RENTABLE SQUARE FEET*
Multifamily Buildings * / # units				
3801 Connecticut Avenue / 307	Washington, DC	1963	1951	179,000
Roosevelt Towers / 191	Falls Church, VA	1965	1964	170,000
Country Club Towers / 227	Arlington, VA	1969	1965	163,000
Park Adams / 200	Arlington, VA	1969	1959	173,000
Munson Hill Towers / 279	Falls Church, VA	1970	1963	259,000
The Ashby at McLean / 253	McLean, VA	1996	1982	252,000
Walker House Apartments / 212	Gaithersburg, MD	1996	1971/2003 ²	159,000
Bethesda Hill Apartments / 195	Bethesda, MD	1997	1986	226,000
Avondale / 237	Laurel, MD	1999	1987	170,000
Bennett Park / 224	Arlington, VA	2007	2007	268,000
Clayborne / 74	Alexandria, VA	2008	2008	87,000
Subtotal (2,399 units)				2,106,000
Industrial Distribution / Flex Properties				
Fullerton Business Center	Springfield, VA	1985	1980	104,000
Charleston Business Center	Rockville, MD	1993	1973	85,000
Tech 100 Industrial Park	Elkridge, MD	1995	1990	166,000
Crossroads Distribution Center	Elkridge, MD	1995	1987	85,000
The Alban Business Center	Springfield, VA	1996	1981/1982	87,000
Ammendale Technology Park I	Beltsville, MD	1997	1985	167,000
Ammendale Technology Park II	Beltsville, MD	1997	1986	107,000
Pickett Industrial Park	Alexandria, VA	1997	1973	246,000
Northern Virginia Industrial Park	Lorton, VA	1998	1968/1991	787,000
8900 Telegraph Road	Lorton, VA	1998	1985	32,000
Dulles South IV	Chantilly, VA	1999	1988	83,000
Sully Square	Chantilly, VA	1999	1986	95,000
Amvax	Beltsville, MD	1999	1986	31,000
Fullerton Industrial Center	Springfield, VA	2003	1980	137,000
8880 Gorman Road	Laurel, MD	2004	2000	141,000
Dulles Business Park Portfolio	Chantilly, VA	2004/2005	1999-2005	324,000
Albemarle Point	Chantilly, VA	2005	2001/2003/2005	207,000
Hampton Overlook	Capital Heights, MD	2006	1989	134,000
Hampton South	Capital Heights, MD	2006	1989/2005	168,000
9950 Business Parkway	Lanham, MD	2006	2005	102,000
270 Technology Park	Frederick, MD	2007	1986-1987	157,000
6100 Columbia Park Road	Landover, MD	2008	1969	150,000
Subtotal				3,595,000
TOTAL				12,699,000

^{*} Multifamily buildings are presented in gross square feet.

A 16 unit addition referred to as The Gardens at Walker House was completed in October 2003.

Supplemental Definitions June 30, 2008

Annualized base rent (ABR) is calculated as monthly base rent (cash basis) per the lease, as of the reporting period, multiplied by 12.

Debt to total market capitalization is total debt from the balance sheet divided by the sum of total debt from the balance sheet plus the market value of shares outstanding at the end of the period.

EBITDA (a non-GAAP measure) is earnings before interest, taxes, depreciation and amortization.

Ratio of earnings to fixed charges is computed by dividing earnings by fixed charges. For this purpose, earnings consist of income from continuing operations (or net income if there are no discontinued operations) plus fixed charges, less capitalized interest. Fixed charges consist of interest expense, including amortized costs of debt issuance, plus interest costs capitalized.

Debt service coverage ratio is computed by dividing earnings before interest income and expense, depreciation, amortization and gain on sale of real estate by interest expense and principal amortization.

Funds from operations (FFO) - The National Association of Real Estate Investment Trusts, Inc. (NAREIT) defines FFO (April, 2002 White Paper) as net income (computed in accordance with generally accepted accounting principles (GAAP)) excluding gains (or losses) from sales of property plus real estate depreciation and amortization. FFO is a non-GAAP measure.

Funds Available for Distribution (FAD), a non-GAAP measure, is calculated by subtracting from FFO recurring expenditures, tenant improvements and leasing costs, that are capitalized and amortized and are necessary to maintain our properties and revenue stream and straight line rents, then adding non-real estate depreciation and amortization and adding or subtracting amortization of lease intangibles, as appropriate.

Recurring capital expenditures represents non-accretive building improvements and leasing costs required to maintain current revenues. Recurring capital expenditures do not include acquisition capital that was taken into consideration when underwriting the purchase of a building or which are incurred to bring a building up to "operating standard"

Rent increases on renewals and rollovers are calculated as the difference, weighted by square feet, of the net ABR due the first month after a term commencement date and the net ABR due the last month prior to the termination date of the former tenant's term.

Core portfolio properties include all properties that were owned for the entirety of the current and prior year reporting periods.

Core portfolio net operating income (NOI) growth is the change in the NOI of the core portfolio properties from the prior reporting period to the current reporting period.