SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

PURSUANT TO SECTION 13 OR 15(d) OF THE **SECURITIES EXCHANGE ACT OF 1934**

Date of Report (Date of earliest event reported) July 29, 2010

WASHINGTON REAL ESTATE INVESTMENT TRUST

(Exact name of registrant as specified in its charter)

Maryland (State or other jurisdiction of incorporation)

1-6622 (Commission File Number)

53-0261100 (IRS Employer Identification Number)

6110 Executive Boulevard, Suite 800, Rockville, Maryland

(Address of principal executive offices)

20852 (Zip Code)

Registrant's telephone number, including area code (301) 984-9400

Check	the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:
	Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
	Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
	Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
	Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 2.02 Results of Operations and Financial Condition

and

Item 7.01 Regulation FD Disclosure

A press release issued by the Registrant on July 29, 2010, regarding earnings for the three and six months ended June 30, 2010, is attached as Exhibit 99.1. Also, certain supplemental information not included in the press release is attached as Exhibit 99.2. This information is being furnished pursuant to Item 7.01 and Item 2.02 of Form 8-K. This information is not deemed to be "filed" for the purposes of Section 18 of the Securities Exchange Act of 1934 and is not incorporated by reference into any Securities Act registration statements.

Item 9.01 Financial Statements and Exhibits

(c) Exhibits

Exhibit 99.1 Press release issued July 29, 2010 regarding earnings for the three and six months ended June 30, 2010

Exhibit 99.2 Certain supplemental information not included in the press release

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

WASHINGTON REAL ESTATE INVESTMENT TRUST

(Registrant)

By: /s/ Laura M. Franklin

(Signature)

Laura M. Franklin Executive Vice President Accounting, Administration and Corporate Secretary

July 29, 2010 (Date)

Exhibit Index

Exhibit Number	<u>Description</u>
99.1	Press Release issued July 29, 2010 regarding earnings for the three and six months ended June 30, 2010.
99.2	Certain supplemental information not included in the press release



NEWS RELEASE

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July 29, 2010

WASHINGTON REAL ESTATE INVESTMENT TRUST ANNOUNCES SECOND QUARTER FINANCIAL AND OPERATING RESULTS

Washington Real Estate Investment Trust (WRIT) (NYSE: WRE) reported financial and operating results today for the quarter ended June 30, 2010:

- Funds From Operations (FFO) 1) was \$0.50 per diluted share compared to \$0.53 per diluted share in the same period one year ago. This difference is primarily due to gains on extinguishment of debt in the second quarter of 2009 and share dilution from our equity offerings in 2009 and 2010.
- Net income was \$0.24 per diluted share compared to \$0.23 per diluted share in the same period one year ago.

"Investment opportunities in the Washington, DC market are steadily increasing, and we are pleased to be returning to the fundamental real estate business of buying and selling buildings. Our recent Quantico acquisition and Parklawn disposition exemplify our stated plan of asset recycling to improve the overall quality of our portfolio. We continue to work to increase occupancy and closely manage expenses at our existing properties, and we believe that our solid second quarter results reflect the hard work of our employees and the strength and depth of the economy in the Washington region," said George "Skip" McKenzie, President and Chief Executive Officer of WRIT.

Capital Structure

Year to date, WRIT has issued 2,388,329 common shares through its Sales Agency Financing Agreement with BNY Mellon Capital Markets at an average offering price of \$29.55 for gross proceeds of approximately \$70.5 million. These proceeds were used to pay down a portion of a line of credit and for general corporate purposes. At the end of the quarter, the total outstanding balance on WRIT's lines of credit was \$107 million.

In the second quarter, WRIT acquired 925 and 1000 Corporate Drive at Quantico Corporate Center in Stafford, Virginia for \$68 million. The newly constructed Class A office properties total 271,000 square feet and are 100% leased to 14 tenants, primarily defense and government contractors serving Marine Corps Base Quantico including BAE Systems, General Dynamics, and MITRE Corporation. WRIT funded the acquisition using available cash and its line of credit and expects to achieve a first year unleveraged cash yield of 8.8%.

WRIT completed the sale of three office properties and one industrial property in Rockville, Maryland totaling 229,000 square feet for \$23.4 million. The Lexington Building, the Saratoga Building, Parklawn Plaza and Charleston Business Center were identified as disposition candidates as part of WRIT's strategy of recycling capital into more modern assets inside the Beltway, near major transportation nodes, or with Base Realignment and Closure (BRAC) initiatives or other significant employment drivers in the greater metro area. Net book gain on the sale was \$7.9 million.

On June 30, 2010, WRIT paid a quarterly dividend of \$0.4325 per share for its 194 consecutive quarterly dividend at equal or increasing rates.

As of June 30, 2010, WRIT had a total market capitalization of \$2.9 billion(2)

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Subsequent to quarter end, WRIT repurchased \$7.6 million of its 3.875% convertible notes at an average price of 100.25% of par. WRIT also prepaid without penalty a \$21.7 million 5.82% mortgage note on The Ridges and The Crescent office properties in Gaithersburg, Maryland on July 12, 2010.

Operating Results

Overall portfolio economic occupancy⁽⁶⁾ for the second quarter was 90.7%, compared to 92.9% in the same period one year ago and 91.2% in the first quarter of 2010. Overall portfolio Net Operating Income (NOI)⁽³⁾ was \$51.0 million compared to \$50.5 million in the same period one year ago and \$49.0 million in the first quarter of 2010.

Core (4) portfolio economic occupancy for the second quarter was 91.4%, compared to 93.7% in the same period one year ago and 91.4% in the first quarter of 2010. Core portfolio NOI for the second quarter decreased 0.6% and rental rates grew 1.5% compared to the same period one year ago.

- Multifamily: 14.5% of total NOI Multifamily properties' core NOI for the second quarter increased 2.6% compared to the same period one year ago. The primary driver of the NOI increase was occupancy gains at all but two properties. Rental rates declined 1.1% while core economic occupancy for properties included in the results for both the second quarter of 2009 and 2010 increased 160 basis points (bps) to 94.0%. Sequentially, core economic occupancy for properties included in the results for both the first quarter of 2010 and the second quarter of 2010 decreased 40 bps from the first quarter of 2010.
- Office: 43.5% of total NOI Office properties' core NOI for the second quarter increased 1.1% compared to the same period one year ago. Rental rates grew 2.7% while core economic occupancy for properties included in the results for both the second quarter of 2009 and 2010 decreased 230 bps to 91.5%. Sequentially, core economic occupancy for properties included in the results for both the first quarter of 2010 and the second quarter of 2010 decreased 60 bps from the first quarter of 2010
- Medical Office: 15.1% of total NOI Medical office properties' core NOI for the second quarter increased 4.2% compared to the same period one year ago. Rental rates grew 2.7% while core economic occupancy for properties included in the results for both the second quarter of 2009 and 2010 decreased 20 bps to 95.7%. Sequentially, core economic occupancy for properties included in the results for both the first quarter of 2010 and the second quarter of 2010 decreased 10 bps from the first quarter of 2010.
- Retail: 15.0% of total NOI Retail properties' core NOI for the second quarter decreased 0.4% compared to the same period one year ago. Rental rates grew 1.1% while core economic occupancy for properties included in the results for both the second quarter of 2009 and 2010 decreased 300 bps to 92.0%. Sequentially, core economic occupancy for properties included in the results for both the first quarter of 2010 and the second quarter of 2010 increased 70 bps from the first quarter of 2010
- Industrial: 11.9% of total NOI Industrial properties' core NOI for the second quarter decreased 13.8% compared to the same period one year ago. Rental rates declined 0.4% while core economic occupancy for properties included in the results for both the second quarter of 2009 and 2010 decreased 830 bps to 82.3%. Sequentially, core economic occupancy for properties included in the results for both the first quarter of 2010 and the second quarter of 2010 decreased 320 bps from the first quarter of 2010. The main driver of this occupancy decline is partially offset by a 280 bps improvement in bad debt.

Leasing Activity

During the second quarter, WRIT signed commercial leases for 641,000 square feet with an average rental rate increase of 16.2% over expiring lease rates, an average lease term of 5.5 years, tenant improvement costs of \$11.27 per square foot and leasing costs of \$8.42 per square foot. Leasing costs include broker commissions and rent concessions.

- Rental rates for new and renewed office leases increased 6.0% to \$31.49 per square foot, with \$30.23 per square foot in tenant improvement costs and \$22.21 per square foot in leasing costs.
- Rental rates for new and renewed medical office leases increased 21.7% to \$39.30 per square foot, with \$17.49 per square foot in tenant improvement costs and \$10.43 per square foot in leasing costs.

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- Rental rates for new and renewed retail leases increased 1.2% to \$16.30 per square foot, with \$5.16 per square foot in tenant improvement costs and \$1.71 per square foot in leasing costs.
- Rental rates for new and renewed industrial/flex leases increased 35.6% to \$13.62 per square foot, with \$1.80 per square foot in tenant improvement costs and \$3.23 per square foot in leasing costs.

Conference Call Information

The Conference Call for 2nd Quarter Earnings is scheduled for Friday, July 30, 2010 at 11:00 A.M. Eastern time. Conference Call access information is as follows:

USA Toll Free Number: 1-877-407-9205 International Toll Number: 1-201-689-8054

The instant replay of the Conference Call will be available until August 13, 2010 at 11:59 P.M. Eastern time. Instant replay access information is as follows:

USA Toll Free Number: 1-877-660-6853
International Toll Number: 1-201-612-7415
Account: 286

Account: 286 Conference ID: 352745

The live on-demand webcast of the Conference Call will be available on the Investor section of WRIT's website at www.writ.com. On-line playback of the webcast will be available at http://www.writ.com for two weeks following the Conference Call.

About WRIT

WRIT is a self-administered, self-managed, equity real estate investment trust investing in income-producing properties in the greater Washington metro region. WRIT owns a diversified portfolio of 88 properties totaling approximately 11 million square feet of commercial space and 2,540 residential units. These 88 properties consist of 26 office properties, 19 industrial/flex properties, 18 medical office properties, 14 retail centers, 11 multifamily properties and land for development. WRIT shares are publicly traded on the New York Stock Exchange (NYSE:WRE).

Note: WRIT's press releases and supplemental financial information are available on the company website at www.writ.com or by contacting Investor Relations at (301) 984-9400.

Certain statements in this press release are "forward-looking statements" within the meaning of the Private Securities Litigation Reform Act of 1995. Such statements involve known and unknown risks, uncertainties, and other factors that may cause actual results to differ materially. Such risks, uncertainties and other factors include, but are not limited to, the effect of the current credit and financial market conditions, the availability and cost of capital, fluctuations in interest rates, tenants' financial conditions, the timing and pricing of lease transactions, levels of competition, the effect of government regulation, the impact of newly adopted accounting principles, changes in general and local economic and real estate market conditions, and other risks and uncertainties detailed from time to time in our filings with the SEC, including our 2009 Form 10-K and first quarter 2010 10-Q. We assume no obligation to update or supplement forward-looking statements that become untrue because of subsequent events.

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Footnotes

- Funds From Operations ("FFO") The National Association of Real Estate Investment Trusts, Inc. ("NAREIT") defines FFO (April, 2002 White Paper) as net income (computed in accordance with generally accepted accounting principles ("GAAP")) excluding gains (or losses) from sales of property plus real estate depreciation and amortization. FFO is a non-GAAP measure and does not replace net income as a measure of performance or net cash provided by operating activities as a measure of liquidity. We consider FFO to be a standard supplemental measure for equity real estate investment trusts ("REITs") because it facilitates an understanding of the operating performance of our properties without giving effect to real estate depreciation and amortization, which historically assumes that the value of real estate sasets diminishes predictably over time. Since real estate values have instead historically risen or fallen with market conditions, we believe that FFO more accurately provides investors an indication of our ability to incur and service debt, make capital expenditures and fund other needs. A reconciliation of FFO to net income is provided on page 5 of this news release.
- Total market capitalization is calculated by multiplying the total outstanding common shares at period end times the closing share price on the last trading day of the period, and then adding the book value of the total outstanding debt at period end.
- (3) Net Operating income ("NOI"), defined as real estate rental revenue less real estate expenses, is a non-GAAP measure. We provide NOI as a supplement to net income calculated in accordance with GAAP. As such, it should not be considered an alternative to net income as an indication of our operating performance. It is the primary performance measure we use to assess the results of our operations at the property level. NOI is calculated as net income, less non-real estate revenue and the results of discontinued operations (including the gain on sale, if any), plus interest expense, depreciation and amortization and general and administrative expenses. A reconciliation of NOI to net income is provided on pages 8 and 9 of this news release.
- (4) For purposes of evaluating comparative operating performance, we categorize our properties as "core" or "non-core". A core property is one that was owned for the entirety of the periods being evaluated. A non-core property is one that was acquired or placed into service during either of the periods being evaluated.
- Funds Available for Distribution ("FAD") is a non-GAAP measure. It is calculated by subtracting from FFO (1) recurring expenditures, tenant improvements and leasing costs that are capitalized and amortized and are necessary to maintain our properties and revenue stream and (2) straight-line rents, then adding (3) non-real estate depreciation and amortization, (4) amortization of restricted share and unit compensation, and adding or subtracting amortization of lease intangibles, as appropriate. We consider FAD to be a measure of a REIT's ability to incur and service debt and to distribute dividends to its shareholders. FAD is a non-standardized measure and may be calculated differently by other REITs. A reconciliation of FAD to net income is provided on page 5 of this news release.
- Economic occupancy is calculated by dividing the actual real estate rental revenue recognized for the period by the gross potential real estate rental revenue for that period. We determine gross potential real estate rental revenue by valuing occupied units or square footage at contract rates and vacant units or square footage at market rates for comparable properties. We do not consider percentage rents and expense reimbursements in computing economic occupancy percentages.

Economic Occupancy Levels by Core Properties (i) and All Properties

	Core Pro	Core Properties		erties
Segment	2nd QTR 2010	2nd QTR 2009	2nd QTR 2010	2nd QTR 2009
Residential	94.0%	92.4%	93.7%	90.6%
Office	91.5%	93.8%	91.3%	93.0%
Medical Office	95.7%	95.9%	91.0%	95.9%
Retail	92.0%	95.0%	92.0%	95.0%
Industrial	82.3%	90.6%	82.8%	90.2%
Overall Portfolio	91.4%	93.7%	90.7%	92.9%

Ci) Core properties include all properties that were owned for the entirety of the current and prior year reporting periods. For Q2 2010 and Q2 2009, core properties exclude:

Residential Acquisitions: none;

Office Acquisitions: Quantico Corporate Center;

Medical Office Acquisition: Lansdowne Medical Office Building;

Retail Acquisitions: none;

Industrial Acquisitions: none.

Also excluded from Core Properties in Q2 2010 and Q2 2009 are:

Sold Properties: Avondale, Brandywine Center, Tech 100, Crossroads Distribution Center; Charleston Business Center, Parklawn Plaza, Lexington and Saratoga; Held for Sale Properties: None;

In Development Properties: Bennett Park, Clayborne Apartments, and Dulles Station.

WASHINGTON REAL ESTATE INVESTMENT TRUST FINANCIAL HIGHLIGHTS

(In thousands, except per share data) (Unaudited)

	Three Months Ended June 30,			Six Months Ended June 30,			
OPERATING RESULTS	2010		2009	2010	2009		
Revenue					0.450.456		
Real estate rental revenue	\$ 75,14	5	\$ 75,596	\$ 151,591	\$ 152,176		
Expenses	24.14	7	25.070	51.550	51.074		
Real estate expenses	24,15		25,078	51,558	51,974		
Depreciation and amortization General and administrative	23,60		23,178	47,181	46,136		
General and administrative	3,5		3,375	7,302	6,413		
Deal activity and order in a constant in a c	51,34	-	51,631	106,041	104,523		
Real estate operating income	23,80	U	23,965	45,550	47,653		
Other income (expense): Interest expense	(17.0	2)	(19,316)	(24.079)	(29,007)		
Gain (loss) on extinguishment of debt	(17,0)	3)	1,219	(34,078) (42)	(38,997) 7,064		
Other income (expense)	(1:	2)	(2)	122	174		
Other income (expense)							
	(17,12	<u>5</u>)	(18,099)	(33,998)	(31,759)		
Income from continuing operations	6,6	5	5,866	11,552	15,894		
Discontinued operations:							
Income from operations of properties held for sale	40	4	602	792	1,474		
Gain on sale of real estate	7,94	2	6,674	7,942	6,674		
Net income	15,02	1	13,142	20,286	24,042		
Less: Net income attributable to noncontrolling interests in subsidiaries	(2	<u>7</u>)	(52)	(76)	(101)		
Net income attributable to the controlling interests	\$ 14,99	4 5	13,090	\$ 20,210	\$ 23,941		
Income from continuing operations attributable to the controlling interests	\$ 6,64	8 5	5,814	\$ 11,476	\$ 15,793		
Continuing operations real estate depreciation and amortization	23,66	9	23,178	47,181	46,136		
Funds from continuing operations	\$ 30,3	7	\$ 28,992	\$ 58,657	\$ 61,929		
Income from discontinued operations before gain on sale	40	4	602	792	1,474		
Discontinued operations real estate depreciation and amortization	_		330	96	674		
Funds from discontinued operations	40	4	932	888	2,148		
Funds from operations(1)	\$ 30,72	1 (\$ 29,924	\$ 59,545	\$ 64,077		
	\$ 50,72	1					
Non-cash (gain) loss on extinguishment of debt	(2.23	1)	(1,219)	42	(7,064)		
Tenant improvements	(2,33		(4,727)	(4,343)	(5,793)		
External and internal leasing commissions capitalized	(1,76		(2,186)	(4,035)	(3,244)		
Recurring capital improvements	(1,99		(1,984)	(2,863)	(3,158)		
Straight-line rents, net Non-cash fair value interest expense	(83 78		(612) 900	(1,420) 1,559	(1,276) 2,028		
Non real estate depreciation & amortization of debt costs	99		1,177	1,986	2,028		
Amortization of lease intangibles, net	(40		(654)	(967)	(1,251)		
Amortization of rease intalignois, net Amortization and expensing of restricted share and unit compensation	1,33		927	2,988	1,504		
Funds available for distribution(5)	\$ 26,53	_	\$ 21,546	\$ 52,492	\$ 48,219		
runus avanabic tor distribution(e)	\$ 20,53	0	¢ 41,540	Φ 32, 4 32	\$ 70,219		

Note: Certain prior period amounts have been reclassified to conform to the current presentation.

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	Three Months	Ended J	June 30,	Six Months	Ended J	une 30,
Per share data attributable to the controlling interests:	2010		2009	2010		2009
Income from continuing operations	\$ 0.11	\$	0.10	\$ 0.19	\$	0.29
	\$ 0.11	\$	0.10	\$ 0.19	\$	0.29
Net income	\$ 0.24	\$	0.23	\$ 0.33	\$	0.44
	\$ 0.24	\$	0.23	\$ 0.33	\$	0.44
Funds from continuing operations	\$ 0.49	\$	0.51	\$ 0.97	\$	1.13
	\$ 0.49	\$	0.51	\$ 0.97	\$	1.13
Funds from operations	\$ 0.50	\$	0.53	\$ 0.98	\$	1.17
	\$ 0.50	\$	0.53	\$ 0.98	\$	1.17
Dividends paid	\$ 0.4325	\$	0.4325	\$ 0.8650	\$	0.8650
Weighted average shares outstanding	61,171		56,276	60,538		54,604
Fully diluted weighted average shares outstanding	61,287		56,277	60,649		54,605

WASHINGTON REAL ESTATE INVESTMENT TRUST CONSOLIDATED BALANCE SHEETS

(In thousands, except per share data) (Unaudited)

Net income producing property 1,852,630 1,852,630 Development in progress 25,952 25,031 Total real estate held for investment, net 1,878,582 1,851,927 Investment in real estate sold or held for sale — 14,289 Cash and cash equivalents — 14,289 Restricted eash 23,132 19,103 Restricted eash 23,132 19,103 Restricted eash equivalents 23,164 50,411 Restricted eash 98,624 50,411 Restricted eash equivalents 98,624 97,605 Restricted eash equivalents 98,624 97,605 Chast assets related to property sold or held for sale — 59 Other assets related to property sold or held for sale \$68,902 \$68,902 Intellities \$68,907 \$688,912 \$68,902 Mortgage notes payable \$68,907 \$688,912 \$68,907 \$688,912 Accounts payable and other liabilities \$5,901 \$5,505 \$688 \$6,505 \$688,907 \$688,907 \$688,902 \$688,907 </th <th></th> <th>June 30, 2010</th> <th>December 31, 2009</th>		June 30, 2010	December 31, 2009
Income producing property	Assets		
Accumulated depreciation and amortization 2,361,323 (2,951,87) (508,09) 2,2951,87 (508,09) 4,862,91 (508,09) 4,962,91 (508,09)	Land	\$ 418,177	\$ 408,779
Accumulated depreciation and amortization (508,693) (468,291) Net income producing property 1,825,630 1,825,630 1,825,630 1,825,630 25,951 25,951 25,951 25,951 25,951 25,951 1,878,582 1,871,927 1,878,582 1,851,927 1,878,582 1,851,927 1,878,582 1,851,927 1,828,928 1,831,833 11,203 8,11,203 8,11,203 1,81	Income producing property	1,943,146	1,886,408
Net income producing property 1,852,630 1,852,630 Development in progress 25,952 25,031 Total real estate held for investment, net 1,878,582 1,851,927 Investment in real estate sold or held for sale — 14,289 Cash and cash equivalents — 14,289 Restricted eash 23,132 19,170 Rents and other receivables, net of allowance for doubtful accounts of \$7,254 and \$6,433, respectively 53,164 50,411 Prepaid expenses and other assets — 59,624 97,605 Other assets related to property sold or held for sale — 590 Total assets 50,605 50,605 50,605 Notes payable 68,907 5,689,122 Mortgage notes payable 403,612 405,451 Lines of credit 10,400 11,003 Accounts payable and other liabilities 54,901 52,580 Advance rents 5,565 9,668 9,668 9,668 Other liabilities related to property sold or held for sale 5,279 448 Toral thiabilities 1,2		2,361,323	2,295,187
Development in progress 25,952 25,031 Total real estate held for investment, net 1,878,582 1,851,927 Investment in real estate sold or held for sale 12,338 11,203 Cash and cash equivalents 23,132 19,170 Restricted cash 23,132 19,170 Rents and other receivables, net of allowance for doubtful accounts of \$7,254 and \$6,433, respectively 58,604 97,605 Other assets related to property sold or held for sale 20,802 50,605 Other assets related to property sold or held for sale 80,802 76,802 Total assets 200,802 50,802 50,802 Notes payable \$68,907 \$68,912 40,512 Mortagge notes payable and other liabilities 54,901 25,802 Advance rents 10,400 11,003 Tenant security deposits 9,565 9,668 Other liabilities related to property sold or held for sale 54,901 51,961 Total liabilities 62,502 5,968 Sharesol beneficial interest, \$0.01 par value; 100,000 Shares authorized; 62,380 and 59,811 shares issued and outstanding, respectively <	Accumulated depreciation and amortization	(508,693)	(468,291)
Total real estate held for investment, net 1,878,582 1,851,927 Investment in real estate sold or held for sale — 14,289 Cash and cash equivalents 3,338 11,203 Restricted cash 23,132 19,170 Rents and other receivables, net of allowance for doubtful accounts of \$7,254 and \$6,433, respectively 53,164 50,441 Prepaid expenses and other assets 98,624 97,605 Other assets related to property sold or held for sale — 590 Total sasets \$2,066,840 \$2,045,225 Liabilities \$689,007 \$688,912 Mortgage notes payable \$689,007 \$688,912 Accounts payable and other liabilities \$69,007 \$2,850 Advance rents \$10,460 \$11,03 Tenant security deposits \$9,565 9,668 Other liabilities related to property sold or held for sale \$1,274,545 \$1,296,162 Shareholders' equity \$1,000,000 \$1,000,000 \$1,000,000 \$1,000,000 \$1,000,000 \$1,000,000 \$1,000,000 \$1,000,000 \$1,000,000 \$1,000,000 \$	Net income producing property	1,852,630	1,826,896
Investment in real estate sold or held for sale	Development in progress	25,952	25,031
Cash and cash equivalents 13,338 11,203 Restricted cash 23,132 19,170 Rents and other receivables, net of allowance for doubtful accounts of \$7,254 and \$6,433, respectively 53,164 50,441 Prepaid expenses and other assets 98,624 97,605 Other assets related to property sold or held for sale \$2,066,840 \$2,045,225 Liabilities \$689,007 \$688,012 Notes payable 403,612 405,451 Lines of credit 107,000 128,000 Accounts payable and other liabilities 54,901 52,580 Advance rents 10,460 11,103 Tenant security deposits 9,565 9,668 Other liabilities related to property sold or held for sale 10,400 11,103 Total liabilities 51,274,545 \$1,290,162 Shareholders' equity 51,274,545 \$1,290,162 Shareholders' equity 625 59 Additional paid-in capital 1,020,768 94,825 Distributions in excess of net income (230,942) (198,412) Accomulated other compre	Total real estate held for investment, net	1,878,582	1,851,927
Restricted cash 23,132 19,170 Rents and other receivables, net of allowance for doubtful accounts of \$7,254 and \$6,433, respectively 53,164 50,441 Prepaid expenses and other assets 98,624 97,605 Other assets related to property sold or held for sale - 500 Total assets \$2,066,840 \$2,045,225 Libilities - 403,612 405,451 Notes payable 403,612 405,451 107,000 128,000 Accounts payable and other liabilities 54,901 52,580 404,451 10,460 11,103 11,040 11,	Investment in real estate sold or held for sale	<u> </u>	14,289
Rents and other receivables, net of allowance for doubtful accounts of \$7,254 and \$6,433, respectively 53,164 50,441 Prepaid expenses and other assets 98,624 97,605 Other assets related to property sold or held for sale 2,066,840 \$2,045,225 Total assets \$2,066,840 \$2,045,225 Liabilities **** **** Notes payable 403,612 405,451 Lines of credit 107,000 128,000 Accounts payable and other liabilities 54,901 52,580 Advance rents 10,460 11,103 Tenant security deposits 9,565 9,685 Other liabilities related to property sold or held for sale \$1,274,545 \$1,296,162 Shareholders' equity \$2,274,545 \$1,296,162 Shareholders' equity 625 599 Additional paid-in capital 1,020,768 944,825 Distributions in excess of net income (230,942) (198,412) Accumulated other comprehensive income (230,942) (198,412) Accumulated other comprehensive income (230,942) (198,412)	Cash and cash equivalents	13,338	11,203
Prepaid expenses and other assets 98,624 97,605 Other assets related to property sold or held for sale 5.90 Total assets \$2,066,840 \$2,045,225 Liabilities *** \$689,007 \$688,912 Notes payable 403,612 405,451 \$1,000 \$128,000 Accounts payable and other liabilities 54,901 \$2,580 \$40 \$1,103 \$2,580 Accounts payable and other liabilities 54,901 \$2,580 \$40 \$1,103 \$2,580 \$40 \$1,103 \$2,580 \$40 \$1,103 \$2,580 \$2,668 \$2,668 \$2,668 \$2,668 \$2,668 \$2,668 \$2,668 \$2,668 \$2,668 \$2,668 \$2,668 \$2,668 \$2,274,525 \$2,668 \$2,274,525 \$2,668 \$2,274,525 \$2,668 \$2,274,525 \$2,274,525 \$2,274,525 \$2,274,525 \$2,274,525 \$2,274,525 \$2,275 \$2,275 \$2,275 \$2,275 \$2,275 \$2,275 \$2,275 \$2,275 \$2,275 \$2,275 \$2,275 \$2,275 \$2,275	Restricted cash	23,132	19,170
Other assets related to property sold or held for sale 590 Total assets \$2,066,840 \$2,045,225 Liabilities Notes payable \$689,007 \$688,907 Mortgage notes payable 403,612 405,451 Lines of credit 107,000 128,000 Accounts payable and other liabilities 54,901 52,580 Advance rents 10,460 11,103 Tenant security deposits 9,565 9,668 Other liabilities related to property sold or held for sale - 448 Total liabilities \$1,274,545 \$1,296,162 Shares of beneficial interest, \$0.01 par value; 100,000 Shares authorized; 62,380 and 59,811 shares issued and outstanding, respectively 625 599 Additional paid-in capital 1,020,768 944,825 Distributions in excess of net income (230,942) (198,412) Accumulated other comprehensive income (230,942) (198,412) Total shareholders' equity 788,502 745,255 Noncontrolling interests in subsidiaries 3,793 3,808 Total equity 792,295 749,063	Rents and other receivables, net of allowance for doubtful accounts of \$7,254 and \$6,433, respectively	53,164	50,441
Total assets \$2,066,840 \$2,045,225 Liabilities Notes payable \$689,007 \$688,912 Mortgage notes payable 403,612 405,451 Lines of credit 107,000 128,000 Accounts payable and other liabilities 54,901 \$2,580 Advance rents 11,460 11,103 Tenant security deposits 9,565 9,668 Other liabilities related to property sold or held for sale - 448 Total liabilities \$1,274,545 \$1,296,162 Sharesholders' equity 625 599 Additional paid-in capital 1,020,768 944,825 Distributions in excess of net income (230,942) (19,8412) Accumulated other comprehensive income (1,949) (1,757) Total shareholders' equity 788,502 745,255 Noncontrolling interests in subsidiaries 3,793 3,808 Total equity 792,295 749,063	Prepaid expenses and other assets	98,624	97,605
Liabilities S 689,007 \$ 688,912 Mortgage notes payable 403,612 405,451 Lines of credit 107,000 128,000 Accounts payable and other liabilities 54,901 52,580 Advance rents 10,460 11,103 Tenant security deposits 9,565 9,668 Other liabilities related to property sold or held for sale — 448 Total liabilities \$1,274,545 \$1,296,162 Shareholders' equity Shares of beneficial interest, \$0.01 par value; 100,000 Shares authorized; 62,380 and 59,811 shares issued and outstanding, respectively 625 599 Additional paid-in capital 1,020,768 944,825 Distributions in excess of net income (230,942) (198,412) Accumulated other comprehensive income (1,949) (1,757) Total shareholders' equity 788,502 745,255 Noncontrolling interests in subsidiaries 3,793 3,808 Total equity 792,295 749,063	Other assets related to property sold or held for sale		590
Notes payable \$689,007 \$688,912 Mortgage notes payable 403,612 405,451 Lines of credit 107,000 128,000 Accounts payable and other liabilities 54,901 52,580 Advance rents 10,460 11,103 Tenant security deposits 9,565 9,668 Other liabilities related to property sold or held for sale — 448 Total liabilities \$1,274,545 \$1,296,162 Shareholders' equity 5hare so of beneficial interest, \$0.01 par value; 100,000 Shares authorized; 62,380 and 59,811 shares issued and outstanding, respectively 625 599 Additional paid-in capital 1,020,768 944,825 Distributions in excess of net income (230,942) (198,412) Accumulated other comprehensive income (230,942) (1,984) Total shareholders' equity 788,502 745,255 Noncontrolling interests in subsidiaries 3,793 3,808 Total equity 792,295 749,063	Total assets	\$2,066,840	\$2,045,225
Mortgage notes payable 403,612 405,451 Lines of credit 107,000 128,000 Accounts payable and other liabilities 54,901 52,580 Advance rents 10,460 11,103 Tenant security deposits 9,565 9,668 Other liabilities related to property sold or held for sale — 448 Total liabilities \$1,274,545 \$1,296,162 Sharecholders' equity Shares of beneficial interest, \$0.01 par value; 100,000 Shares authorized; 62,380 and 59,811 shares issued and outstanding, respectively 625 599 Additional paid-in capital 1,020,768 944,825 Distributions in excess of net income (230,942) (198,412) Accumulated other comprehensive income (1,949) (1,757) Total shareholders' equity 788,502 745,255 Noncontrolling interests in subsidiaries 3,793 3,808 Total equity 792,295 749,063	Liabilities		
Lines of credit 107,000 128,000 Accounts payable and other liabilities 54,901 52,580 Advance rents 10,460 11,103 Tenant security deposits 9,565 9,668 Other liabilities related to property sold or held for sale — 448 Total liabilities \$1,274,545 \$1,296,162 Shareholders' equity 625 599 Additional paid-in capital 1,020,768 944,825 Distributions in excess of net income (230,942) (198,412) Accumulated other comprehensive income (1,949) (1,757) Total shareholders' equity 788,502 745,255 Noncontrolling interests in subsidiaries 3,793 3,808 Total equity 792,295 749,063	Notes payable	\$ 689,007	\$ 688,912
Accounts payable and other liabilities 54,901 52,580 Advance rents 10,460 11,103 Tenant security deposits 9,565 9,668 Other liabilities related to property sold or held for sale — 448 Total liabilities \$1,274,545 \$1,296,162 Shareholders' equity 55 599 Additional paid-in capital 1,020,768 944,825 Distributions in excess of net income (230,942) (198,412) Accumulated other comprehensive income (1,949) (1,757) Total shareholders' equity 788,502 745,255 Noncontrolling interests in subsidiaries 3,793 3,808 Total equity 792,295 749,063	Mortgage notes payable	403,612	405,451
Advance rents 10,460 11,103 Tenant security deposits 9,565 9,668 Other liabilities related to property sold or held for sale — 448 Total liabilities \$1,274,545 \$1,296,162 Shareholders' equity 5 599 Additional paid-in capital 1,020,768 944,825 Distributions in excess of net income (230,942) (198,412) Accumulated other comprehensive income (1,949) (1,757) Total shareholders' equity 788,502 745,255 Noncontrolling interests in subsidiaries 3,793 3,808 Total equity 792,295 749,063	Lines of credit	107,000	128,000
Tenant security deposits 9,565 9,668 Other liabilities related to property sold or held for sale — 448 Total liabilities \$1,274,545 \$1,296,162 Shareholders' equity Shares of beneficial interest, \$0.01 par value; 100,000 Shares authorized; 62,380 and 59,811 shares issued and outstanding, respectively 625 599 Additional paid-in capital 1,020,768 944,825 Distributions in excess of net income (230,942) (198,412) Accumulated other comprehensive income (1,949) (1,757) Total shareholders' equity 788,502 745,255 Noncontrolling interests in subsidiaries 3,793 3,808 Total equity 792,295 749,063	Accounts payable and other liabilities	54,901	52,580
Other liabilities related to property sold or held for sale — 448 Total liabilities \$1,274,545 \$1,296,162 Shareholders' equity \$1,296,162 \$1,296,162 Shares of beneficial interest, \$0.01 par value; 100,000 Shares authorized; 62,380 and 59,811 shares issued and outstanding, respectively 625 599 Additional paid-in capital 1,020,768 944,825 Distributions in excess of net income (230,942) (198,412) Accumulated other comprehensive income (1,949) (1,757) Total shareholders' equity 788,502 745,255 Noncontrolling interests in subsidiaries 3,793 3,808 Total equity 792,295 749,063	Advance rents	10,460	11,103
Total liabilities \$1,274,545 \$1,296,162 Shareholders' equity \$1,274,545 \$1,296,162 Shares of beneficial interest, \$0.01 par value; 100,000 Shares authorized; 62,380 and 59,811 shares issued and outstanding, respectively 625 599 Additional paid-in capital 1,020,768 944,825 Distributions in excess of net income (230,942) (198,412) Accumulated other comprehensive income (1,949) (1,757) Total shareholders' equity 788,502 745,255 Noncontrolling interests in subsidiaries 3,793 3,808 Total equity 792,295 749,063	Tenant security deposits	9,565	9,668
Shareholders' equity 625 599 Additional paid-in capital 1,020,768 944,825 Distributions in excess of net income (230,942) (198,412) Accumulated other comprehensive income (1,949) (1,757) Total shareholders' equity 788,502 745,255 Noncontrolling interests in subsidiaries 3,793 3,808 Total equity 792,295 749,063	Other liabilities related to property sold or held for sale		448
Shares of beneficial interest, \$0.01 par value; 100,000 Shares authorized; 62,380 and 59,811 shares issued and outstanding, respectively 625 599 Additional paid-in capital 1,020,768 944,825 Distributions in excess of net income (230,942) (198,412) Accumulated other comprehensive income (1,949) (1,757) Total shareholders' equity 788,502 745,255 Noncontrolling interests in subsidiaries 3,793 3,808 Total equity 792,295 749,063	Total liabilities	\$1,274,545	\$1,296,162
Additional paid-in capital 1,020,768 944,825 Distributions in excess of net income (230,942) (198,412) Accumulated other comprehensive income (1,949) (1,757) Total shareholders' equity 788,502 745,255 Noncontrolling interests in subsidiaries 3,793 3,808 Total equity 792,295 749,063	Shareholders' equity		
Distributions in excess of net income (230,942) (198,412) Accumulated other comprehensive income (1,949) (1,757) Total shareholders' equity 788,502 745,255 Noncontrolling interests in subsidiaries 3,793 3,808 Total equity 792,295 749,063		625	599
Accumulated other comprehensive income (1,949) (1,757) Total shareholders' equity 788,502 745,255 Noncontrolling interests in subsidiaries 3,793 3,808 Total equity 792,295 749,063	Additional paid-in capital	1,020,768	944,825
Total shareholders' equity 788,502 745,255 Noncontrolling interests in subsidiaries 3,793 3,808 Total equity 792,295 749,063	Distributions in excess of net income	(230,942)	(198,412)
Noncontrolling interests in subsidiaries 3,793 3,808 Total equity 792,295 749,063	Accumulated other comprehensive income	(1,949)	(1,757)
Total equity 792,295 749,063	Total shareholders' equity	788,502	745,255
	Noncontrolling interests in subsidiaries	3,793	3,808
	Total equity	792,295	749,063
1 Otal Habilities and equity \$2,000,640 \$2,043,223	Total liabilities and equity	\$2,066,840	\$2,045,225

Note: Certain prior year amounts have been reclassified to conform to the current year presentation.

Washington Real Estate Investment Trust Page 8 of 9

The following tables contain reconciliations of net income to core net operating income for the periods presented:

Three months ended June 30, 2010	Multifamily	Office	Medical Office	Retail	Industrial	Total
Core net operating income ⁽⁴⁾	\$ 6,248	\$21,030	\$7,785	\$7,634	\$ 6,087	\$ 48,784
Add: Net operating income from non-core properties ⁴)	1,143	1,161	(100)	ψ7,05 I	ψ 0,007 —	2,204
Total net operating income ³⁾	\$ 7,391	\$22,191	\$7,685	\$7,634	\$ 6.087	\$ 50,988
Add/(deduct):	Ψ 7,571	Ψ22,171	Ψ1,005	Ψ1,051	Ψ 0,007	\$ 50,700
Other income (expense)						(112)
Interest expense						(17,013)
Gain (loss) on extinguishment of debt						
Depreciation and amortization						(23,669)
General and administrative expenses						(3,519)
Income from operations of properties held for sale						404
Gain on sale of real estate						7,942
Net income						15,021
Less: Net income attributable to noncontrolling interests in subsidiaries						(27)
Net income attributable to the controlling interests						\$ 14,994
			Medical			
Three months ended June 30, 2009	Multifamily	Office	Medical Office	Retail	Industrial	Total
Core net operating income ⁴⁾	Multifamily \$ 6,087	Office \$20,808		Retail \$7,668	Industrial \$ 7,060	Total \$ 49,091
			Office			
Core net operating income ⁴⁾	\$ 6,087	\$20,808	97,468			\$ 49,091
Core net operating income(4) Add: Net operating income from non-core properties(4)	\$ 6,087 821	\$20,808 606	97,468	\$7,668 —	\$ 7,060	\$ 49,091 1,427
Core net operating income ⁴⁾ Add: Net operating income from non-core properties ⁴⁾ Total net operating income ³⁾	\$ 6,087 821	\$20,808 606	97,468	\$7,668 —	\$ 7,060	\$ 49,091 1,427
Core net operating income ⁴) Add: Net operating income from non-core properties ⁴) Total net operating income ³) Add/(deduct): Other income (expense) Interest expense	\$ 6,087 821	\$20,808 606	97,468	\$7,668 —	\$ 7,060	\$ 49,091 1,427 \$ 50,518
Core net operating income ⁴) Add: Net operating income from non-core properties ⁴) Total net operating income ³) Add/(deduct): Other income (expense) Interest expense Gain (loss) on extinguishment of debt	\$ 6,087 821	\$20,808 606	97,468	\$7,668 —	\$ 7,060	\$ 49,091 1,427 \$ 50,518
Core net operating income ⁴) Add: Net operating income from non-core properties ⁴) Total net operating income ³) Add/(deduct): Other income (expense) Interest expense Gain (loss) on extinguishment of debt Depreciation and amortization	\$ 6,087 821	\$20,808 606	97,468	\$7,668 —	\$ 7,060	\$ 49,091 1,427 \$ 50,518 (2) (19,316) 1,219 (23,178)
Core net operating income ⁴) Add: Net operating income from non-core properties ⁴) Total net operating income ³) Add/(deduct): Other income (expense) Interest expense Gain (loss) on extinguishment of debt Depreciation and amortization General and administrative expenses	\$ 6,087 821	\$20,808 606	97,468	\$7,668 —	\$ 7,060	\$ 49,091 1,427 \$ 50,518 (2) (19,316) 1,219 (23,178) (3,375)
Core net operating income ⁴⁾ Add: Net operating income from non-core properties ⁴⁾ Total net operating income ³⁾ Add/(deduct): Other income (expense) Interest expense Gain (loss) on extinguishment of debt Depreciation and amortization General and administrative expenses Income from operations of properties held for sale	\$ 6,087 821	\$20,808 606	97,468	\$7,668 —	\$ 7,060	\$ 49,091 1,427 \$ 50,518 (2) (19,316) 1,219 (23,178) (3,375) 602
Core net operating income ⁴) Add: Net operating income from non-core properties ⁴) Total net operating income ³) Add/(deduct): Other income (expense) Interest expense Gain (loss) on extinguishment of debt Depreciation and amortization General and administrative expenses	\$ 6,087 821	\$20,808 606	97,468	\$7,668 —	\$ 7,060	\$ 49,091 1,427 \$ 50,518 (2) (19,316) 1,219 (23,178) (3,375)
Core net operating income ⁴⁾ Add: Net operating income from non-core properties ⁴⁾ Total net operating income ³⁾ Add/(deduct): Other income (expense) Interest expense Gain (loss) on extinguishment of debt Depreciation and amortization General and administrative expenses Income from operations of properties held for sale	\$ 6,087 821	\$20,808 606	97,468	\$7,668 —	\$ 7,060	\$ 49,091 1,427 \$ 50,518 (2) (19,316) 1,219 (23,178) (3,375) 602
Core net operating income ⁴) Add: Net operating income from non-core properties ⁴) Total net operating income ³) Add/(deduct): Other income (expense) Interest expense Gain (loss) on extinguishment of debt Depreciation and amortization General and administrative expenses Income from operations of properties held for sale Gain on sale of real estate	\$ 6,087 821	\$20,808 606	97,468	\$7,668 —	\$ 7,060	\$ 49,091 1,427 \$ 50,518 (2) (19,316) 1,219 (23,178) (3,375) 602 6,674

Washington Real Estate Investment Trust Page 9 of 9

The following tables contain reconciliations of net income to core net operating income for the periods presented:

Six months ended June 30, 2010	Multifamily	Office	Medical Office	Retail	Industrial	Total
Core net operating income ⁽⁴⁾	\$ 11,854	\$41,809	\$15,388	\$14,851	\$12,394	\$ 96,296
Add: Net operating income from non-core properties ⁴⁾	2,276	1,700	(239)	φ1 4 ,651	ψ12,37 -	3,737
Total net operating income(3)	\$ 14,130	\$43,509	\$15,149	\$14,851	\$12,394	\$100,033
Add/(deduct):	\$ 14,130	\$43,309	\$13,149	\$14,631	\$ 12,394	\$100,033
Other income (expense)						122
Gain from non-disposal activities						
Interest expense						(34,078)
Gain (loss) on extinguishment of debt						(42)
Depreciation and amortization						(47,181)
General and administrative expenses						(7,302)
Income from operations of properties held for sale						792
Gain on sale of real estate						7,942
Net income						20,286
Less: Net income attributable to noncontrolling interests in subsidiaries						(76)
Net income attributable to the controlling interests						\$ 20,210
U						
			Medical			
Six months ended June 30, 2009	Multifamily	Office	Medical Office	Retail	Industrial	Total
Core net operating income ⁴⁾	Multifamily \$ 11,794	Office \$41,424		Retail \$15,374	Industrial \$13,919	Total \$ 97,532
			Office			
Core net operating income ⁴⁾	\$ 11,794	\$41,424	915,021			\$ 97,532
Core net operating income ⁽⁴⁾ Add: Net operating income from non-core properties ⁽⁴⁾	\$ 11,794 1,394	\$41,424 1,276	915,021 —	\$15,374	\$13,919	\$ 97,532 2,670
Core net operating income ⁴⁾ Add: Net operating income from non-core properties ⁴⁾ Total net operating income ³⁾	\$ 11,794 1,394	\$41,424 1,276	915,021 —	\$15,374	\$13,919	\$ 97,532 2,670
Core net operating income ⁴) Add: Net operating income from non-core properties ⁴) Total net operating income ³) Add/(deduct): Other income (expense) Interest expense	\$ 11,794 1,394	\$41,424 1,276	915,021 —	\$15,374	\$13,919	\$ 97,532 2,670 \$100,202 174 (38,997)
Core net operating income ⁴) Add: Net operating income from non-core properties ⁴) Total net operating income ³) Add/(deduct): Other income (expense) Interest expense Gain (loss) on extinguishment of debt	\$ 11,794 1,394	\$41,424 1,276	915,021 —	\$15,374	\$13,919	\$ 97,532 2,670 \$100,202 174 (38,997) 7,064
Core net operating income ⁴) Add: Net operating income from non-core properties ⁴) Total net operating income ³) Add/(deduct): Other income (expense) Interest expense Gain (loss) on extinguishment of debt Depreciation and amortization	\$ 11,794 1,394	\$41,424 1,276	915,021 —	\$15,374	\$13,919	\$ 97,532 2,670 \$100,202 174 (38,997) 7,064 (46,136)
Core net operating income ⁴) Add: Net operating income from non-core properties ⁴) Total net operating income ³) Add/(deduct): Other income (expense) Interest expense Gain (loss) on extinguishment of debt Depreciation and amortization General and administrative expenses	\$ 11,794 1,394	\$41,424 1,276	915,021 —	\$15,374	\$13,919	\$ 97,532 2,670 \$100,202 174 (38,997) 7,064 (46,136) (6,413)
Core net operating income ⁴⁾ Add: Net operating income from non-core properties ⁴⁾ Total net operating income ³⁾ Add/(deduct): Other income (expense) Interest expense Gain (loss) on extinguishment of debt Depreciation and amortization General and administrative expenses Income from operations of properties held for sale	\$ 11,794 1,394	\$41,424 1,276	915,021 —	\$15,374	\$13,919	\$ 97,532 2,670 \$100,202 174 (38,997) 7,064 (46,136) (6,413) 1,474
Core net operating income ⁴) Add: Net operating income from non-core properties ⁴) Total net operating income ³) Add/(deduct): Other income (expense) Interest expense Gain (loss) on extinguishment of debt Depreciation and amortization General and administrative expenses Income from operations of properties held for sale Gain on sale of real estate	\$ 11,794 1,394	\$41,424 1,276	915,021 —	\$15,374	\$13,919	\$ 97,532 2,670 \$100,202 174 (38,997) 7,064 (46,136) (6,413) 1,474 6,674
Core net operating income ⁴ Add: Net operating income from non-core properties ⁴ Total net operating income ³ Add/(deduct): Other income (expense) Interest expense Gain (loss) on extinguishment of debt Depreciation and amortization General and administrative expenses Income from operations of properties held for sale Gain on sale of real estate Net income	\$ 11,794 1,394	\$41,424 1,276	915,021 —	\$15,374	\$13,919	\$ 97,532 2,670 \$100,202 174 (38,997) 7,064 (46,136) (6,413) 1,474 6,674 24,042
Core net operating income ⁴) Add: Net operating income from non-core properties ⁴) Total net operating income ³) Add/(deduct): Other income (expense) Interest expense Gain (loss) on extinguishment of debt Depreciation and amortization General and administrative expenses Income from operations of properties held for sale Gain on sale of real estate	\$ 11,794 1,394	\$41,424 1,276	915,021 —	\$15,374	\$13,919	\$ 97,532 2,670 \$100,202 174 (38,997) 7,064 (46,136) (6,413) 1,474 6,674





Second Quarter 2010

Supplemental Operating and Financial Data

for the Quarter Ended June 30, 2010

Contact:
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Company Background and Highlights

Second Quarter 2010



Washington Real Estate Investment Trust ("WRIT") is a self-administered, self-managed, equity real estate investment trust investing in income-producing properties in the greater Washington metro region. WRIT is diversified, as it invests in office, industrial/flex, medical office, retail, and multifamily properties and land for development.

Year to date, WRIT has issued 2,388,329 common shares through its Sales Agency Financing Agreement with BNY Mellon Capital Markets at an average price of \$29.55 for gross proceeds of \$70.5 million. WRIT used the proceeds to fund the Quantico acquisition and pay down a portion of the line of credit. At the end of the quarter, the outstanding balance on the line of credit was \$107 million. Subsequent to quarter end, WRIT repurchased \$7.6 million of its 3.875% convertible notes at an average price of 100.25% of par, and also prepaid a \$21.7 million mortgage on The Ridges and The Crescent office properties in Gaithersburg, Maryland.

In the second quarter WRIT acquired 925 and 1000 Corporate Drive at Quantico Corporate Center in Stafford, Virginia for \$68 million. The newly constructed Class A office properties total 271,000 square feet and are 100% leased to 14 tenants, primarily defense and government contractors serving Marine Corps Base Quantico including BAE Systems, General Dynamics, and MITRE Corporation. WRIT funded the acquisition using available cash and its line of credit and expects to achieve a first year unleveraged cash yield of 8.8%.

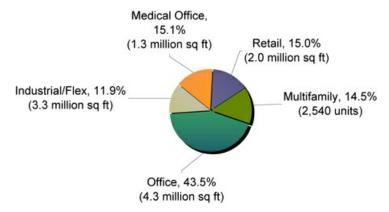
WRIT also completed the sale of three office properties and one industrial property in Rockville, Maryland totaling 229,000 square feet for \$23.4 million. The Lexington Building, the Saratoga Building, Parklawn Plaza and Charleston Business Center were identified as disposition candidates as part of WRIT's strategy of recycling capital into more modern assets inside the Beltway, near major transportation nodes, or with Base Realignment and Closure (BRAC) initiatives or other significant employment drivers in the greater metro area. Net book gain on the sale was \$7.9 million.

During the second quarter, WRIT signed commercial leases for 641,000 square feet with an average lease term of 5.5 years. The average rental rate increase on new and renewal leases was 16.2% on a GAAP basis and 6.4% on a cash basis. Commercial tenant improvement costs were \$11.27 per square foot and leasing costs were \$8.42 per square foot for the quarter.

As of June 30, 2010, WRIT owned a diversified portfolio of 88 properties totaling approximately 11 million square feet of commercial space and 2,540 residential units. These 88 properties consist of 26 office properties, 19 industrial/flex properties, 18 medical office properties, 14 retail centers, 11 multifamily properties and land for development. WRIT shares are publicly traded on the New York Stock Exchange (NYSE:WRE).

Net Operating Income Contribution by Sector* Second Quarter 2010 WASHINGTON REAL ESTATE INVESTMENT TRUST

With investments in the multifamily, retail, industrial/flex, office and medical office segments, WRIT is uniquely diversified. This balanced portfolio provides stability during market fluctuations in specific property types.



* Excludes discontinued operations:

Sold Properties: Parklawn Plaza, Lexington Building, Saratoga Building and Charleston Business Center.

Certain statements in the supplemental disclosures which follow are "forward-looking statements" within the meaning of the Private Securities Litigation Reform Act of 1995. Such statements involve known and unknown risks, uncertainties, and other factors that may cause actual results to differ materially. Such risks, uncertainties and other factors include, but are not limited to, the effect of the current credit and financial market conditions, the availability and cost of capital, fluctuations in interest rates, tenants' financial conditions, the timing and pricing of lease transactions, levels of competition, the effect of government regulation, the impact of newly adopted accounting principles, changes in general and local economic and real estate market conditions, and other risks and uncertainties detailed from time to time in our filings with the SEC, including our 2009 Form 10-K and first quarter 2010 10-Q. We assume no obligation to update or supplement forward-looking statements that become untrue because of subsequent events.

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Consolidated Statements of Operations (In thousands, except per share data) (Unaudited)



			hree Months Ended		
	06/30/10	03/31/10	12/31/09	09/30/09	06/30/09
OPERATING RESULTS					
Real estate rental revenue	\$ 75,145	\$ 76,446	\$ 77,254	\$ 74,987	\$ 75,596
Real estate expenses	(24,157)	(27,401)	(25,844)	(25,573)	(25,078)
	50,988	49,045	51,410	49,414	50,518
Real estate depreciation and amortization	(23,669)	(23,512)	(23,802)	(23,484)	(23,178)
Income from real estate	27,319	25,533	27,608	25,930	27,340
Other income (expense)	(112)	234	297	(54)	(2)
Gain from non-disposal activities	_	_	11	62	_
Gain (loss) on extinguishment of debt	_	(42)	(1,595)	(133)	1,219
Interest expense	(17,013)	(17,065)	(17,780)	(18,224)	(19,316)
General and administrative	(3,519)	(3,783)	(3,187)	(3,518)	(3,375)
Income from continuing operations	6,675	4,877	5,354	4,063	5,866
Discontinued operations:					
Income from operations of properties held for sale	404	388	422	393	602
Gain on sale of real estate	7,942		1,527	5,147	6,674
Income from discontinued operations	8,346	388	1,949	5,540	7,276
Net income	15,021	5,265	7,303	9,603	13,142
Less: Net income from noncontrolling interests	(27)	(49)	(49)	(53)	(52)
Net income attributable to the controlling interests	\$ 14,994	\$ 5,216	\$ 7,254	\$ 9,550	\$ 13,090
Per Share Data					
Net income attributable to the controlling interests	\$ 0.24	\$ 0.09	\$ 0.12	\$ 0.16	\$ 0.23
Fully diluted weighted average shares outstanding	61,287	60,001	59,833	58,571	56,277
Percentage of Revenues:					
Real estate expenses	32.1%	35.8%	33.5%	34.1%	33.2%
General and administrative	4.7%	4.9%	4.1%	4.7%	4.5%
Ratios:					
Adjusted EBITDA / Interest expense	2.8x	2.7x	2.8x	2.6x	2.5x
Income from continuing operations attributable to the controlling interest/Total real estate					
revenue	8.8%	6.3%	6.9%	5.3%	7.7%
Net income attributable to the controlling interest/Total real estate revenue	20.0%	6.8%	9.4%	12.7%	17.3%

Note: Certain prior quarter amounts have been reclassified to conform to the current quarter presentation.

Consolidated Balance Sheets	WASHINGTON
(In thousands) WRIT	INVESTMENT
(Unaudited)	TRUST

	June 30, 2010	March 31, 2010	December 31, 2009	September 30, 2009	June 30, 2009
Assets					
Land	\$ 418,177	\$ 408,779	\$ 408,779	\$ 408,779	\$ 407,470
Income producing property	1,943,146	1,889,281	1,886,408	1,877,614	1,853,608
	2,361,323	2,298,060	2,295,187	2,286,393	2,261,078
Accumulated depreciation and amortization	(508,693)	(488,387)	(468,291)	(448,663)	(428,681)
Net income producing property	1,852,630	1,809,673	1,826,896	1,837,730	1,832,397
Development in progress, including land held for development	25,952	25,561	25,031	24,611	24,140
Total real estate held for investment, net	1,878,582	1,835,234	1,851,927	1,862,341	1,856,537
Investment in real estate held for sale, net	_	14,212	14,289	16,782	24,436
Cash and cash equivalents	13,338	10,758	11,203	7,119	58,446
Restricted cash	23,132	20,465	19,170	18,072	21,038
Rents and other receivables, net of allowance for doubtful accounts	53,164	52,686	50,441	49,031	48,558
Prepaid expenses and other assets	98,624	93,020	97,605	104,160	100,537
Other assets related to properties sold or held for sale		601	590	892	1,260
Total assets	\$2,066,840	\$2,026,976	\$2,045,225	\$ 2,058,397	\$2,110,812
Liabilities and Equity					
Notes payable	\$ 689,007	\$ 688,358	\$ 688,912	\$ 796,064	\$ 807,128
Mortgage notes payable	403,612	404,518	405,451	406,377	457,238
Lines of credit/short-term note payable	107,000	110,000	128,000	6,000	15,000
Accounts payable and other liabilities	54,901	53,628	52,580	64,370	70,933
Advance rents	10,460	9,963	11,103	9,666	9,301
Tenant security deposits	9,565	9,736	9,668	9,816	9,803
Other liabilities related to properties sold or held for sale		502	448	535	654
Total Liabilities	1,274,545	1,276,705	1,296,162	1,292,828	1,370,057
Equity					
Shares of beneficial interest, \$0.01 par value; 100,000 shares authorized	625	607	599	598	584
Additional paid-in capital	1,020,768	966,952	944,825	942,884	901,603
Distributions in excess of net income	(230,942)	(219,094)	(198,412)	(179,639)	(163,425)
Accumulated other comprehensive income (loss)	(1,949)	(2,004)	(1,757)	(2,080)	(1,808)
Total shareholders' equity	788,502	746,461	745,255	761,763	736,954
Noncontrolling interests in subsidiaries	3,793	3,810	3,808	3,806	3,801
Total equity	792,295	750,271	749,063	765,569	740,755
Total liabilities and equity	\$2,066,840	\$2,026,976	\$2,045,225	\$ 2,058,397	\$2,110,812
Total Debt / Total Market Capitalization	0.41:1	0.39:1	0.43:1	0.41:1	0.50:1

Note: Certain prior quarter amounts have been reclassified to conform to the current quarter presentation.

Funds From Operations and Funds Available for Distribution (In thousands, except per share data)



Three Months Ended

	6/30/2010	3/31/2010	12/31/2009	9/30/2009	6/30/2009
Funds from operations(1)					
Net income (loss) attributable to the controlling interests	\$14,994	\$ 5,216	\$ 7,254	\$ 9,550	\$13,090
Real estate depreciation and amortization	23,669	23,512	23,802	23,484	23,178
Gain from non-disposal activities	_	_	(11)	(62)	
Discontinued operations:					
Gain on sale of real estate	(7,942)	_	(1,527)	(5,147)	(6,674)
Real estate depreciation and amortization		96	146	205	330
Funds From Operations (FFO)	\$30,721	\$28,824	\$ 29,664	\$28,030	\$29,924
FFO per share—basic	\$ 0.50	\$ 0.48	\$ 0.50	\$ 0.48	\$ 0.53
FFO per share—fully diluted	\$ 0.50	\$ 0.48	\$ 0.50	\$ 0.48	\$ 0.53
FFO per share—fully diluted, excluding gain (loss) on extinguishment of debt	\$ 0.50	\$ 0.48	\$ 0.52	\$ 0.48	\$ 0.51
Funds available for distribution(2)					
Non-cash (gain)/loss on extinguishment of debt	_	42	595	133	(1,219)
Tenant improvements	(2,331)	(2,012)	(4,425)	(2,272)	(4,727)
External and internal leasing commissions capitalized	(1,767)	(2,268)	(1,058)	(1,543)	(2,186)
Recurring capital improvements	(1,999)	(864)	(1,442)	(1,756)	(1,984)
Straight-line rent, net	(812)	(608)	(1,527)	(576)	(612)
Non-cash fair value interest expense	783	776	773	794	900
Non-real estate depreciation and amortization	993	993	1,037	1,122	1,177
Amortization of lease intangibles, net	(405)	(562)	(777)	(559)	(654)
Amortization and expensing of restricted share and unit compensation	1,355	1,633	820	1,136	927
Funds Available for Distribution (FAD)	\$26,538	\$25,954	\$ 23,660	\$24,509	<u>\$21,546</u>
Total Dividends Paid	\$26,677	\$25,890	\$ 25,843	\$25,591	\$25,193
Average shares—basic	61,171	59,898	59,735	58,556	56,276
Average shares—fully diluted	61,287	60,001	59,833	58,571	56,277

Funds From Operations ("FFO") – The National Association of Real Estate Investment Trusts, Inc. ("NAREIT") defines FFO (April, 2002 White Paper) as net income (computed in accordance with generally accepted accounting principles ("GAAP")) excluding gains (or losses) from sales of property plus real estate depreciation and amortization. We consider FFO to be a standard supplemental measure for equity real estate investment trusts ("REITs") because it facilitates an understanding of the operating performance of our properties without giving effect to real estate depreciation and amortization, which historically assumes that the value of real estate assets diminishes predictably over time. Since real estate values have instead historically risen or fallen with market conditions, we believe that FFO more accurately provides investors an indication of our ability to incur and service debt, make capital expenditures and fund other needs. FFO is a non-GAAP measure.

Funds Available for Distribution ("FAD") is calculated by subtracting from FFO (1) recurring expenditures, tenant improvements and leasing costs, that are capitalized and amortized and are necessary to maintain our properties and revenue stream and (2) straight line rents, then adding (3) non-real estate depreciation and amortization and adding or subtracting the amortization of lease intangibles as appropriate. FAD is included herein, because we consider it to be a measure of a REIT's ability to incur and service debt and to distribute dividends to its shareholders. FAD is a non-GAAP and non-standardized measure, and may be calculated differently by other REITs.

Adjusted Earnings Before Interest Taxes Depreciation and Amortization (EBITDA) (In thousands) (Unaudited)



		Three Months Ended			
	06/30/10	03/31/10	12/31/09	09/30/09	06/30/09
Adjusted EBITDA(1)					
Net income attributable to the controlling interests	\$14,994	\$ 5,216	\$ 7,254	\$ 9,550	\$13,090
Add:					
Interest expense	17,013	17,065	17,780	18,224	19,316
Real estate depreciation and amortization	23,669	23,608	23,948	23,689	23,508
Non-real estate depreciation	274	272	288	293	306
Less:					
Gain on sale of real estate	(7,942)	_	(1,527)	(5,147)	(6,674)
Loss (gain) on extinguishment of debt	_	42	1,595	133	(1,219)
Gain from non-disposal activities			(11)	(62)	
Adjusted EBITDA	\$48,008	\$46,203	\$49,327	\$46,680	\$48,327

Adjusted EBITDA is earnings before interest expense, taxes, depreciation, amortization, gain on sale of real estate, gain/loss on extinguishment of debt and gain from non-disposal activities. We consider Adjusted EBITDA to be an appropriate supplemental performance measure because it permits investors to view income from operations without the effect of depreciation, the cost of debt or non-operating gains and losses. Adjusted EBITDA is a non-GAAP measure.



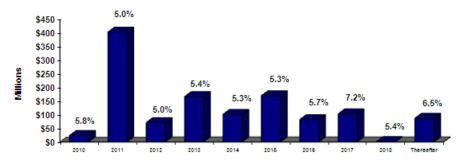
	June 30, 2010	March 31, 2010	December 31, 2009	September 30, 2009	June 30, 2009
Balances Outstanding					
Secured					
Conventional fixed rate	\$ 403,612	\$ 404,518	\$ 405,451	\$ 406,377	\$ 457,238
Secured total	403,612	404,518	405,451	406,377	457,238
Unsecured					
Fixed rate bonds and notes	689,007	688,358	688,912	796,064	807,128
Credit facility	107,000	110,000	128,000	6,000	15,000
Unsecured total	796,007	798,358	816,912	802,064	822,128
Total	\$1,199,619	\$1,202,876	\$1,222,363	\$ 1,208,441	\$1,279,366
Average Interest Rates					
Secured					
Conventional fixed rate	5.9%	5.9%	5.9%	5.9%	6.0%
Secured total	5.9%	5.9%	5.9%	5.9%	6.0%
Unsecured					
Fixed rate bonds	5.7%	5.7%	5.7%	5.7%	5.7%
Credit facilities	2.4%(1)	2.4%(1)	2.8%(1)	0.7%	0.7%
Unsecured total	5.3%	5.2%	5.2%	5.7%	5.6%
Average	5.5%	5.5%	5.5%	5.7%	5.8%

Note: The current balances outstanding of the secured and unsecured fixed rate bonds and notes are shown net of discounts/premiums in the amount of \$7,058,862 and \$4,088,407, respectively.

On December 1, 2009, we borrowed \$100.0 million on a line of credit in order to prepay the \$100.0 million term loan. Through February 19, 2010, the interest rate on this \$100.0 million borrowing on our lines of credit is effectively fixed by an interest rate swap at 3.375%. Beginning February 20, 2010 through November 1, 2011, an interest rate swap effectively fixes the interest rate at 2.525%.



Debt Maturity Schedule Annual Expirations and Weighted Average Interest Rates



Future Maturities of Debt Average Interest Rate Secured Debt **Unsecured Debt** Credit Facilities **Total Debt** Year 5.8% 2010 23,794(2) 23,794 2011 13,349 283,095(1) 107,000 403,444 5.0% 2012 50,000 71,362 5.0% 21,362 2013 106,630 60,000 166,630 5.4% 2014 1,516 100,000 101,516 5.3% 150,000 2015 5.3% 20,041 170,041 2016 82,281 82,281 5.7% 103,193 2017 103,193 7.2% 1,402 5.4% 2018 1,402 Thereafter 37,102 50,000 87,102 6.5% Total maturities 410,670 693,095 107,000 \$1,210,765 5.5%

Weighted average maturity = 4.0 years

The 3.875% convertible notes due 2026 in the aggregate principal amount of \$133.1 million are puttable at par in September, 2011. Due to the probability that the convertible notes will be paid off in September, 2011, that date is reflected in the future maturities schedule. The effective rate on this debt is 5.875%, which reflects our nonconvertible debt borrowing rate at the inception of the 3.875% convertible notes.

⁽²⁾ The 5.82% mortgage note payable maturing in August, 2033 in the aggregate principal amount of \$21.7 million was repaid without penalty on July 12, 2010.

Market Data	June 30,	March 31,	December 31,	September 30,	June 30,
	2010	2010	2009	2009	2009
Shares Outstanding Market Price per Share Equity Market Capitalization	62,380	60,545	59,811	59,724	58,250
	\$ 27.59	\$ 30.55	\$ 27.55	\$ 28.80	\$ 22.37
	\$1,721,064	\$1,849,650	\$1,647,793	\$ 1,720,051	\$1,303,053
Total Debt Total Market Capitalization	\$1,199,619	\$1,202,876	\$1,222,363	\$ 1,208,441	\$1,279,366
	\$2,920,683	\$3,052,526	\$2,870,156	\$ 2,928,492	\$2,582,419
Total Debt to Market Capitalization	0.41:1	0.39:1	0.43:1	0.41:1	0.50:1
Earnings to Fixed Charges(1) Debt Service Coverage Ratio(2)	1.4 x	1.3 x	1.3 x	1.2 x	1.3 x
	2.7 x	2.5 x	2.6 x	2.4 x	2.4 x
Dividend Data					
Total Dividends Paid Common Dividend per Share Payout Ratio (FFO per share basis)	\$ 26,677	\$ 25,890	\$ 25,842	\$ 25,591	\$ 25,193
	\$ 0.4325	\$ 0.4325	\$ 0.4325	\$ 0.4325	\$ 0.4325
	86.5%	90.1%	86.5%	90.1%	81.6%

The ratio of earnings to fixed charges is computed by dividing earnings by fixed charges. For this purpose, earnings consist of income from continuing operations attributable to the controlling interests plus fixed charges, less capitalized interest. Fixed charges consist of interest expense, including amortized costs of debt issuance, plus interest costs capitalized.

Debt service coverage ratio is computed by dividing Adjusted EBITDA (see page 7) by interest expense and principal amortization.

Core Portfolio Net Operating Income (NOI) Growth & Rental Rate Growth 2010 vs. 2009



	Second	Quarter(1)
	NOI Growth	Rental Rate Growth
Cash Basis:		
Multifamily	2.7%	-1.2%
Office Buildings	0.1%	2.0%
Medical Office Buildings	7.0%	3.4%
Retail Centers	0.5%	1.5%
Industrial/Flex	-13.6%	0.3%
Overall Core Portfolio	-0.5%	1.5%

	Second	Quarter(1)
	NOI	Rental Rate
	Growth	Growth
GAAP Basis:		
Multifamily	2.6%	-1.1%
Office Buildings	1.1%	2.7%
Medical Office Buildings	4.2%	2.7%
Retail Centers	-0.4%	1.1%
Industrial/Flex	-13.8%	-0.4%
Overall Core Portfolio	-0.6%	1.5%

Non-core properties were:

Acquisitions: Office—Quantico Corporate Center; Medical Office—Lansdowne Medical Office Building;

Sold properties: Multifamily—Avondale;
Office—Brandywine Center, Parklawn Plaza, Saratoga Building and Lexington Building;
Industrial—Crossroads Distribution Center, Tech 100 Industrial Park and Charleston Business Center;

Development: Multifamily—Bennett Park and Clayborne Apartments;

Office—Dulles Station, Phase I.

Core Portfolio Net Operating Income (NOI) Summary

(In thousands)



	Three	Three Months Ended June 30,		
	2010	2009	% Change	
Cash Basis:				
Multifamily	\$ 6,050	\$ 5,893	2.7%	
Office Buildings	20,178	20,150	0.1%	
Medical Office Buildings	7,611	7,110	7.0%	
Retail Centers	7,493	7,455	0.5%	
Industrial/Flex	6,100	7,058	-13.6%	
	\$47,432	\$47,666	-0.5%	
GAAP Basis:				
Multifamily	\$ 6,248	\$ 6,087	2.6%	
Office Buildings	21,030	20,808	1.1%	
Medical Office Buildings	7,785	7,468	4.2%	
Retail Centers	7,634	7,668	-0.4%	
Industrial/Flex	6,087	7,060	-13.8%	
	\$48,784	\$49,091	-0.6%	



	Three Months Ended June 30, 2010						
		0.00	Medical			Corporate	
	Multifamily	Office	Office	Retail	Industrial/F	ex and Other	Total
Real estate rental revenue	Φ 0.062	A 21 (25	011 077	#10. 2 00	Ф 0.2	(2 f)	0.71.407
Core portfolio	\$ 9,962	\$ 31,625	\$11,277	\$10,200	\$ 8,30	63 \$ —	\$ 71,427
Non-core - acquired and in development 1	1,952	1,755	11				3,718
Total	11,914	33,380	11,288	10,200	8,30	63 —	75,145
Real estate expenses		40.505					22.512
Core portfolio	3,714	10,595	3,492	2,566	2,2	/6 —	22,643
Non-core - acquired and in development 1	809	594	111				1,514
Total	4,523	11,189	3,603	2,566	2,2	76 —	24,157
Net Operating Income (NOI)							
Core portfolio	6,248	21,030	7,785	7,634	6,0	87 —	48,784
Non-core - acquired and in development ¹	1,143	1,161	(100)				2,204
Total	\$ 7,391	\$ 22,191	\$ 7,685	\$ 7,634	\$ 6,0	<u>\$ —</u>	\$ 50,988
Core portfolio NOI GAAP basis (from above)	\$ 6,248	\$ 21,030	\$ 7,785	\$ 7,634	\$ 6,0		\$ 48,784
Straight-line revenue, net for core properties	(6)	(535)	(72)	(72)	:	51 —	(634)
FAS 141 Min Rent	(192)	(394)	(106)	(80)	(-	44) —	(816)
Amortization of lease intangibles for core properties		77	4	11		<u>6</u>	98
Core portfolio NOI, cash basis	\$ 6,050	\$ 20,178	\$ 7,611	\$ 7,493	\$ 6,10	<u>\$</u>	\$ 47,432
Reconciliation of NOI to Net Income							
Total NOI	\$ 7,391	\$ 22,191	\$ 7,685	\$ 7,634	\$ 6,0	87 \$ —	\$ 50,988
Other income (expense)	_	_	_	_	_	- (112)	(112)
Interest expense	(1,710)	(2,584)	(1,348)	(322)	(2:	/ / /	(17,013)
Depreciation and amortization	(3,446)	(11,289)	(3,909)	(1,778)	(2,9)		(23,669)
General and administrative	_	_	_	_	_	- (3,519)	(3,519)
Discontinued operations 2	_	229	_	_	17		404
Gain on sale of real estate						7,942	7,942
Net Income	2,235	8,547	2,428	5,534	3,1	15 (6,838)	15,021
Net income attributable to noncontrolling interests						(27)	(27)
Net income attributable to the controlling interests	\$ 2,235	\$ 8,547	\$ 2,428	\$ 5,534	\$ 3,1	\$ (6,865)	\$ 14,994

Non-core acquired and in development properties: Acquisition: Medical Office - Lansdowne Medical Office Building; Office - Quantico Corporate Center. Development - Bennett Park, Clayborne Apartments and Dulles Station.

Discontinued operations include sold properties: Office - Parklawn Plaza, Saratoga Building and Lexington Building; Industrial - Charleston Business Center.



		Three Months Ended June 30, 2009						
		0.00	Medical				Corporate	T ()
D 1 () (1	Multifamil	y Office	Office	Retail	Indu	ıstrial/Flex	and Other	Total
Real estate rental revenue	\$ 9,912	n	¢11.024	¢10.222	\$	0.527	s —	¢ 72.022
Core portfolio Non-core - acquired and in development	\$ 9,91. 1.692	. ,	\$11,034	\$10,233	Ф	9,527	•	\$ 72,932 2,664
·					_			
Total	11,604	33,198	11,034	10,233		9,527		75,596
Real estate expenses								22.011
Core portfolio	3,82		3,566	2,565		2,467		23,841
Non-core - acquired and in development 1	871							1,237
Total	4,690	5 11,784	3,566	2,565		2,467	_	25,078
Net operating income (NOI)								
Core portfolio	6,08	7 20,808	7,468	7,668		7,060	_	49,091
Non-core - acquired and in development 1	821	606						1,427
Total	\$ 6,900	\$ 21,414	\$ 7,468	\$ 7,668	\$	7,060	<u>\$</u>	\$ 50,518
Core portfolio NOI GAAP basis (from above)	\$ 6,08	7 \$ 20,808	\$ 7,468	\$ 7,668	\$	7,060	\$ —	\$ 49,091
Straight-line revenue, net for core properties	(3	3) (220)	(160)	(113)		13	_	(483)
FAS 141 min rent	(19)	(458)	(198)	(103)		(20)	_	(970)
Amortization of lease intangibles for core properties	_	20	_	3		5	_	28
Core portfolio NOI, cash basis	\$ 5,893	\$ 20,150	\$ 7,110	\$ 7,455	\$	7,058	<u> </u>	\$ 47,666
Reconciliation of NOI to net income								
Total NOI	\$ 6,90	8 \$ 21,414	\$ 7,468	\$ 7,668	\$	7,060	\$ —	\$ 50,518
Other income (expense)	_	_	_	_		_	(2)	(2)
Interest expense	(2,630	(2,600)	(1,375)	(328)		(242)	(12,141)	(19,316)
Depreciation and amortization	(3,507	7) (10,951)	(3,758)	(1,866)		(2,834)	(262)	(23,178)
General and administrative	_	_	_	_		_	(3,375)	(3,375)
Discontinued operations 2	8	1 252	_	_		269	_	602
Gain on sale of real estate	_	_	_	_		_	6,674	6,674
Gain on extinguishment of debt						_	1,219	1,219
Net income	852	8,115	2,335	5,474		4,253	(7,887)	13,142
Net income attributable to noncontrolling interests	_	_	_	_		_	(52)	(52)
Net income attributable to the controlling interests	\$ 852	\$ 8,115	\$ 2,335	\$ 5,474	\$	4,253	\$ (7,939)	\$ 13,090

Non-core acquired and development properties were: Development - Multifamily - Bennett Park and Clayborne Apartments; Office - Dulles Station.

Discontinued operations include sold properties: Multifamily - Avondale; Office - Brandywine Center, Parklawn Plaza, Saratoga Building and Lexington Building; Industrial - Crossroads Distribution Center, Tech 100 Industrial Park and Charleston Business Center.



WRIT Portfolio Maryland/Virginia/DC

	Percentage of Q2 2010 GAAP NOI	Percentage of YTD 2010 GAAP NOI
DC		
Multifamily	3.5%	3.5%
Office	15.3%	15.4%
Medical Office Buildings	1.7%	1.8%
Retail	0.7%	0.6%
Industrial/Flex	0.0%	0.0%
	21.2%	21.3%
Maryland		
Multifamily	2.1%	1.9%
Office	12.6%	12.8%
Medical Office Buildings	4.5%	4.5%
Retail	8.6%	8.5%
Industrial/Flex	4.2%	4.3%
	32.0%	32.0%
Virginia		
Multifamily	8.8%	8.6%
Office	15.7%	15.3%
Medical Office Buildings	8.8%	8.9%
Retail	5.6%	5.7%
Industrial/Flex	<u>7.9</u> %	8.2%
	46.8%	46.7%
Total Portfolio 1	100.0%	100.0%

WRIT Portfolio Inside & Outside the Beltway

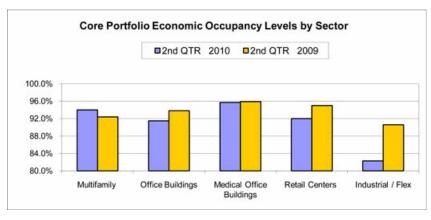
	Percentage of Q2 2010 GAAP NOI	Percentage of YTD 2010 GAAP NOI
Inside the Beltway		
Multifamily	13.6%	13.4%
Office	21.0%	21.2%
Medical Office Buildings	2.9%	2.9%
Retail	6.0%	6.1%
Industrial/Flex	2.2%	2.3%
	45.7%	45.9%
Outside the Beltway		
Multifamily	0.9%	0.8%
Office	22.5%	22.3%
Medical Office Buildings	12.2%	12.2%
Retail	8.9%	8.8%
Industrial/Flex	9.8%	10.0%
	54.3%	54.1%
Total Portfolio 1	100.0%	100.0%

Excludes discontinued operations: Sold Properties - Parklawn Plaza, Saratoga Building, Lexington Building and Charleston Business Center.



GAAP Basis

	Core Por	tfolio	All Prop	erties
Sector	2nd QTR 2010	2nd QTR 2009	2nd QTR 2010	2nd QTR 2009
Multifamily	94.0%	92.4%	93.7%	90.6%
Office Buildings	91.5%	93.8%	91.3%	93.0%
Medical Office Buildings	95.7%	95.9%	91.0%	95.9%
Retail Centers	92.0%	95.0%	92.0%	95.0%
Industrial / Flex	82.3%	90.6%	82.8%	90.2%
Overall Portfolio	91.4%	93.7%	90.7%	92.9%



Total



	2nd Quarte	er 2010	1st Quarte	r 2010	4th Quarte	er 2009	3rd Quarte	er 2009	2nd Quarte	er 2009	
Gross Leasing Square Footage			400.0					~ =	201.2		
Office Buildings	149,2		198,8		133,5 33,38		181,6		301,3		
Medical Office Buildings		92,041		23,951			37,202		56,752		
Retail Centers		113,878		5,805		95,037		12,358		21,339 174,241	
Industrial Centers		285,628		45,616		44,503		94,805			
Total	640,8	640,843 274,240		306,474 325,9		990 553,729		29			
Veighted Average Term (yrs)											
Office Buildings	6.7	6.7 5.6			5.2 7.2		3.4		4.7		
Medical Office Buildings		5.4		9.0			6.3		3.3		
Retail Centers		5.7 5.0			5.2		1.9		4.5		
Industrial Centers	4.9	4.9 3.3		4.9 2.3			4.3				
Total	5.5		5.5	5.5 5.4		·	3.4		4.4		
	GAAP	CASH	GAAP	CASH	GAAP	CASH	GAAP	CASH	GAA P	CASH	
tental Rate Increases:	<u> </u>				<u> </u>			<u> </u>	<u> </u>		
Rate on expiring leases											
Office Buildings	\$ 29.71	\$ 30.35	\$ 26.85	\$ 27.91	\$ 29.87	\$ 31.85	\$ 27.08	\$ 28.83	\$ 34.96	\$ 35.57	
Medical Office Buildings	32.29	34.30	32.18	33.92	30.67	31.66	33.33	34.84	31.57	32.61	
Retail Centers	16.10	16.38	25.83	27.42	13.69	14.12	23.39	25.08	31.37	33.42	
Industrial Centers	10.05	10.46	9.29	9.93	9.33	9.62	8.43	8.63	8.26	8.50	
Total	\$ 18.90	\$ 19.57	\$ 24.37	\$ 25.43	\$ 21.96	\$ 23.10	\$ 22.23	\$ 23.50	\$ 26.07	\$ 26.66	
Rate on new leases											
Office Buildings	\$ 31.49	\$ 28.84	\$ 30.97	\$ 28.86	\$ 29.90	\$ 28.19	\$ 29.06	\$ 27.98	\$ 41.13	\$ 39.27	
Medical Office Buildings	39.30	36.44	40.38	35.27	39.40	35.95	39.59	36.63	34.02	32.75	
Retail Centers	16.30	16.03	31.31	29.97	13.67	13.00	21.37	21.11	32.90	31.29	
Industrial Centers	13.62	13.50	9.47	9.20	9.02	8.41	8.66	8.45	8.01	7.61	
Total	\$ 21.95	\$ 20.82	\$ 28.22	\$ 26.18	\$ 22.87	\$ 21.45	\$ 24.04	\$ 23.03	\$ 29.66	\$ 28.33	
Percentage Increase											
Office Buildings	6.00%	-5.00%	15.34%	3.43%	0.11%	-11.48%	7.31%	-2.94%	17.66%	10.41	
Medical Office Buildings	21.73%	6.26%	25.48%	3.98%	28.46%	13.53%	18.78%	5.13%	7.77%	0.45	
Retail Centers	1.24%	-2.15%	21.21%	9.30%	-0.15%	-7.93%	-8.64%	-15.83%	4.88%	-6.38	
Industrial Centers	35.57%	29.11%	1.90%	-7.38%	-3.29%	-12.61%	2.70%	-2.03%	-3.09%	-10.42	
Total	16.15%	6.39%	15.79%	2.92%	4.16%	-7.14%	8.13%	-2.00%	13.77%	6.26	
	Total Dollars	Dollars per Square Foot	Total Dollars	Dollars per Square Foot	Total Dollars	Dollars per Square Foot	Total Dollars	Dollars per Square Foot	Total Dollars	Dollars per Square Foot	
Tenant Improvements											
Office Buildings	\$ 4,512,498	\$ 30.23	\$3,473,255	\$ 17.47	\$1,430,285	\$ 10.71	\$1,747,491	\$ 9.62	\$3,890,858	\$ 12.91	
Medical Office Buildings	1,610,073	17.49	595,969	24.88	665,314	19.93	678,100	18.23	484,933	8.54	
Retail Centers	587,775	5.16	_	_	711,150	7.48	_	_	5,000	0.23	
Industrial Centers	513,745	1.80	64,327	1.41	64,692	1.45	69,072	0.73	253,524	1.46	
Subtotal	\$ 7,224,091	\$ 11.27	\$4,133,551	\$ 15.07	\$2,871,441	\$ 9.37	\$2,494,663	\$ 7.65	\$4,634,315	\$ 8.37	
easing Costs											
Office Buildings	\$ 3,316,582	\$ 22.21	\$2,064,933	\$ 10.38	\$1,713,899	\$ 12.83	\$ 894,657	\$ 4.93	\$2,303,430	\$ 7.64	
Medical Office Buildings	959,827	10.43	400,746	16.73	677,283	20.29	330,462	8.88	321,542	5.67	
Retail Centers	195,025	1.71	7,808	1.35	416,159	4.38	20,213	1.64	99,117	4.64	
Industrial Centers	921,870	3.23	97,391	2.14	119,606	2.69	43,071	0.45	711,484	4.08	
Subtotal	\$ 5,393,304	\$ 8.42	\$2,570,878	\$ 9.37	\$2,926,947	\$ 9.55	\$1,288,403	\$ 3.95	\$3,435,573	\$ 6.20	
enant Improvements and Leasing Costs	ψ 5,575,504	9 3.72	\$2,07070	y 7.51	42,723,771	9 7.00	ψ1,200,100	9 5.75	40, 100,010	- 0.2	
Office Buildings	\$ 7,829,080	\$ 52.44	\$5,538,188	\$ 27.85	\$3,144,184	\$ 23.54	\$2,642,148	\$ 14.55	\$6,194,288	\$ 20.5	
Medical Office Buildings	2,569,900	27.92	996,715	41.61	1,342,597	40.21	1,008,562	27.11	806,475	14.2	
Retail Centers	782,800	6.87	7,808	1.35	1,127,309	11.86	20,213	1.64	104,117	4.88	
Industrial Centers	1,435,615	5.03	161,718	3.55	184,298	4.14	112,143	1.18	965,008	5.54	
mausurar Centers	1,755,015	5.05	101,710	3.33	107,270	7.17	112,173	1.10	705,008	5.54	

\$ 24.45

\$5,798,388

\$ 18.92

\$3,783,066

\$ 11.60

\$8,069,888

\$ 14.57

\$6,704,429

\$12,617,395

\$ 19.69



Tenant	Number of Buildings	Weighted Average Remaining Lease Term in Months	Percentage of Aggregate Portfolio Annualized Rent	Aggregate Rentable Square Feet	Percentage of Aggregate Occupied Square Feet
World Bank	1	60	4.40%	210,354	2.28%
Advisory Board Company	1	107	2.76%	180,925	1.96%
General Services Administration	9	42	2.52%	262,698	2.85%
INOVA Health System	7	46	1.92%	113,041	1.23%
IBM Corporation	2	104	1.91%	134,598	1.46%
Patton Boggs LLP	1	82	1.90%	110,566	1.20%
URS Corporation	2	44	1.70%	119,778	1.30%
Sunrise Assisted Living, Inc.	1	39	1.57%	115,289	1.25%
General Dynamics	2	26	1.34%	88,359	0.96%
Lafarge North America, Inc	1	1	1.30%	80,610	0.88%
Total/Weighted Average		59	21.32%	1,416,218	15.37%



Industry Classification (NAICS)	Annualized Base Rental Revenue	Percentage of Aggregate Annualized Rent	Aggregate Rentable Square Feet	Percentage of Aggregate Square Feet
Professional, Scientific and Technical Services	\$ 64,887,201	29.86%	2,394,441	25.88%
Ambulatory Health Care Services	39,492,281	18.17%	1,204,367	13.02%
Credit Intermediation and Related Activities	13,918,593	6.41%	333,399	3.60%
Executive, Legislative & Other General Government	10,412,850	4.79%	454,136	4.91%
Educational Services	6,762,162	3.11%	247,172	2.67%
Religious, Grantmaking, Civic, Professional	6,465,460	2.98%	197,798	2.14%
Food Services and Drinking Places	5,652,152	2.60%	218,456	2.36%
Administrative and Support Services	4,569,436	2.10%	306,431	3.31%
Food and Beverage Stores	4,149,029	1.91%	255,416	2.76%
Nursing and Residential Care Facilities	3,952,383	1.82%	145,010	1.57%
Broadcasting (except Internet)	3,680,691	1.69%	108,414	1.17%
Nonmetallic Mineral Product Manufacturing	3,209,127	1.48%	119,474	1.29%
Furniture and Home Furnishing Stores	3,173,716	1.46%	203,536	2.20%
Miscellaneous Store Retailers	2,886,229	1.33%	189,479	2.05%
Merchant Wholesalers-Durable Goods	2,857,764	1.32%	284,365	3.07%
Personal and Laundry Services	2,824,880	1.30%	100,329	1.09%
Health and Personal Care Services	2,192,498	1.01%	63,100	0.68%
Hospitals	2,049,577	0.94%	62,281	0.67%
Clothing and Clothing Accessories Stores	2,032,087	0.94%	124,935	1.35%
Sporting Goods/Books/Hobby/Music Stores	2,014,633	0.93%	144,171	1.56%
Miscellaneous Manufacturing	1,927,624	0.89%	181,959	1.97%
Merchant Wholesalers-Non Durable Goods	1,912,688	0.88%	205,868	2.23%
Real Estate	1,749,828	0.81%	63,640	0.69%
Specialty Trade Contractors	1,627,123	0.75%	170,908	1.85%
Construction of Buildings	1,540,083	0.71%	96,169	1.04%
General Merchandise Stores	1,443,781	0.66%	201,452	2.18%
Amusement, Gambling and Recreation industries	1,403,909	0.65%	106,464	1.15%
Computer & Electronic Product Manufacturing	1,386,351	0.64%	76,602	0.83%
Insurance Carriers and Related Activities	1,273,557	0.59%	50,651	0.55%
Printing and Related Support Activities	1,235,925	0.57%	64,775	0.70%
Data Processing & Hosting Services	1,080,001	0.50%	31,376	0.34%
Other	13,551,681	6.20%	843,988	9.12%
Total	\$217,315,300	100.00%	9,250,562	100.00%



Year	Number of Leases	Rentable Square Feet	Percent of Rentable Square Feet	Annualized Rent *	Average Rental Rate	Percent of Annualized Rent *
Office:			<u> </u>			
2010	54	246,498	6.40%	\$ 7,457,391	\$ 30.25	5.57%
2011	109	489,936	12.71%	15,737,616	32.12	11.75%
2012	85	427,385	11.09%	13,129,982	30.72	9.80%
2013	76	500,914	13.00%	15,563,974	31.07	11.62%
2014	70	724,114	18.79%	23,974,238	33.11	17.89%
2015 and thereafter	157	1,465,310	38.01%	58,128,943	39.67	43.37%
	551	3,854,157	100.00%	\$ 133,992,144	\$34.77	100.00%
Medical Office:						
2010	33	108,894	9.36%	\$ 3,673,449	\$ 33.73	8.33%
2011	71	196,793	16.92%	6,721,380	34.15	15.24%
2012	46	151,802	13.05%	5,511,216	36.31	12.50%
2013	49	144,730	12.45%	5,050,796	34.90	11.45%
2014	37	114,172	9.82%	4,439,892	38.89	10.07%
2015 and thereafter	111	446,555	38.40%	18,698,022	41.87	42.41%
	347	1,162,946	100.00%	\$ 44,094,755	\$ 37.92	100.00%
Retail:						
2010	27	112,535	6.56%	\$ 2,393,132	\$21.27	7.19%
2011	44	198,662	11.58%	3,450,933	17.37	10.37%
2012	40	138,573	8.07%	3,185,305	22.99	9.57%
2013	37	286,002	16.66%	4,347,732	15.20	13.06%
2014	19	90,016	5.25%	2,008,704	22.31	6.04%
2015 and thereafter	91	890,553	51.88%	17,894,719	20.09	53.77%
	258	1,716,341	100.00%	\$ 33,280,525	\$ 19.39	100.00%
Industrial/Flex:						
2010	26	196,352	7.60%	\$ 2,402,281	\$ 12.23	7.68%
2011	59	508,651	19.70%	5,164,377	10.15	16.52%
2012	36	487,934	18.89%	5,568,131	11.41	17.81%
2013	35	444,126	17.20%	5,127,897	11.55	16.40%
2014	19	430,893	16.69%	5,656,341	13.13	18.09%
2015 and thereafter	35	514,620	19.92%	7,351,974	14.29	23.50%
	210	2,582,576	100.00%	\$ 31,271,001	\$12.11	100.00%
Total:						
2010	140	664,279	7.13%	\$ 15,926,253	\$ 23.98	6.56%
2011	283	1,394,042	14.96%	31,074,306	22.29	12.81%
2012	207	1,205,694	12.94%	27,394,634	22.72	11.29%
2013	197	1,375,772	14.77%	30,090,399	21.87	12.40%
2014	145	1,359,195	14.59%	36,079,175	26.54	14.87%
2015 and thereafter	394	3,317,038	35.61%	102,073,658	30.77	42.07%
	1,366	9,316,020	100.00%	\$ 242,638,425	\$ 26.05	100.00%

Annualized Rent is equal to the rental rate effective at lease expiration (cash basis) multiplied by 12.

2010 Acquisition and Disposition Summary June 30, 2010 (\$'s in thousands) WRIT WASHINGTON REAL ISTATE REVESTMENT TRUST

Acquisition Summary						
		Acquisition Date	Square Feet	Leased Percentage at Acquisition	June 30, 2010 Leased Percentage	Investment
925 Corporate Drive	Stafford, VA	June 3, 2010	135,000	100%	100%	\$ 34,000
1000 Corporate Drive	Stafford, VA	June 3, 2010	136,000	100%	100%	\$ 34,000
Disposition Summary						
		Disposition Date	Property Type	Square Feet	Sale Price	GAAP Gain
Parklawn Plaza	Rockville, MD	June 18, 2010	Office	40,000		
Lexington Building	Rockville, MD	June 18, 2010	Office	46,000		
Saratoga Building	Rockville, MD	June 18, 2010	Office	58,000		
Charleston Business Center	Rockville, MD	June 18, 2010	Industrial	85,000		
			Total	229,000	\$ 23,430	\$ 7,942



51 Monroe Street 515 King Street 6110 Executive Boulevard Roc 1220 19th Street Was 1600 Wilson Boulevard 7900 Westpark Drive 600 Jefferson Plaza Roc 1700 Research Boulevard Roc Wayne Plaza Silv Courthouse Square One Central Plaza Roc The Atrium Building Roc 1776 G Street Was Albemarle Point Cha 6565 Arlington Boulevard West Gude Drive Roc The Ridges Gai The Crescent Monument II Her Woodholme Center 2000 M Street Was 2000 M Street Was 925 Corporate Drive Staf 1000 Corporate Drive Staf Subtotal Medical Office Buildings Woodburn Medical Park II Prosperity Medical Center I Prosperity Medical Center I Prosperity Medical Center I Men	shington, DC skville, MD sxandria, VA skville, MD shington, DC ington, VA Lean, VA ckville, MD skville, MD skville, MD skville, MD sxandria, VA skville, MD skville, MD skville, MD skville, MD shington, DC antilly, VA ls Church, VA skville, MD thersburg, MD thersburg, MD mdon, VA esville, MD shington, DC cmdon, VA shington, DC cmdon, VA shington, DC	1977 1979 1992 1995 1995 1995 1997 1997 1999 2000 2000 2001 2002 2003 2005 2006 2006 2006 2006 2006 2007 2007	1960 1975 1966 1971 1976 1973 1972/1986/1999 1985 1982 1970 1979 1974 1980 1979 2001 1967/1998 1984/1986/1988 1990 1989	97,000 210,000 76,000 198,000 102,000 166,000 523,000 112,000 101,000 91,000 267,000 80,000 263,000 89,000 140,000 276,000
51 Monroe Street 515 King Street 6110 Executive Boulevard 1220 19th Street Was 1600 Wilson Boulevard 7900 Westpark Drive 600 Jefferson Plaza Roc 1700 Research Boulevard Roc Wayne Plaza Silv Courthouse Square One Central Plaza Roc The Atrium Building Roc 1776 G Street Albemarle Point Chabenarle Point Chabenarle West Gude Drive Roc The Ridges The Crescent Monument II Her Woodholme Center 2000 M Street Was 2000 M Street Was 2000 Corporate Drive Staf 1000 Corporate Drive Staf Subtotal Medical Office Buildings Woodburn Medical Park II Prosperity Medical Center I Prosperity Medical Center II Met	ekville, MD exandria, VA ekville, MD shington, DC ington, VA Lean, VA Lean, VA ekville, MD ekville, MD ever Spring, MD exandria, VA ekville, MD exhile, MD shington, DC antilly, VA ls Church, VA ekville, MD thersburg, MD thersburg, MD mdon, VA esville, MD shington, DC condon, VA eshington, DC condon, VA shington, DC	1979 1992 1995 1995 1997 1997 1997 1999 2000 2000 2001 2002 2003 2005 2006 2006 2006 2006 2007 2007	1975 1966 1971 1976 1973 1972/1986/1999 1985 1982 1970 1979 1974 1980 1979 2001 1967/1998 1984/1986/1988 1990 1989	210,000 76,000 198,000 102,000 166,000 523,000 112,000 101,000 91,000 113,000 267,000 80,000 263,000 89,000 140,000 276,000
515 King Street 6110 Executive Boulevard Roc 1220 19th Street Was 1600 Wilson Boulevard 7900 Westpark Drive 600 Jefferson Plaza Roc 1700 Research Boulevard Roc Wayne Plaza Silv Courthouse Square Ale One Central Plaza Roc The Atrium Building Roc 1776 G Street Was Albemarle Point C556 Arlington Boulevard West Gude Drive Roc The Ridges Gai The Crescent Gai Monument II Her Woodholme Center Dulles Station Her 2445 M Street Was 925 Corporate Drive Staf 1000 Corporate Drive Staf Woodburn Medical Park II Woodburn Medical Park II Prosperity Medical Center II Met	exandria, VA ckville, MD shington, DC ington, VA Lean, VA ckville, MD ckville, MD cver Spring, MD cvandria, VA ckville, MD ckville, MD ckville, MD ckville, MD ckville, MD ckville, MD shington, DC antilly, VA ls Church, VA ckville, MD thersburg, MD thersburg, MD mdon, VA esville, MD shington, DC cndon, VA shington, DC	1992 1995 1995 1997 1997 1999 1999 2000 2000 2001 2002 2003 2005 2006 2006 2006 2006 2006 2007 2007	1966 1971 1976 1973 1972/1986/1999 1985 1982 1970 1979 1974 1980 1979 2001 1967/1998 1984/1986/1988 1990 1989	76,000 198,000 102,000 166,000 523,000 112,000 101,000 91,000 267,000 80,000 263,000 89,000 140,000 276,000
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6110 Executive Boulevard 1220 19th Street Was 1600 Wilson Boulevard 7900 Westpark Drive 600 Jefferson Plaza 1700 Research Boulevard Roc Wayne Plaza Courthouse Square One Central Plaza The Atrium Building Roc 1776 G Street Was Albemarle Point 6565 Arlington Boulevard West Gude Drive The Ridges The Crescent Gai Monument II Her Woodholme Center Dulles Station 2445 M Street Was 925 Corporate Drive Subtotal Medical Office Buildings Woodburn Medical Park II Woodburn Medical Park II Prosperity Medical Center I Pike Pool Proper Medical Park II Prosperity Medical Center II Medical Office Medical Center I Prosperity Medical Center II Medical Medical Center I Medical Medical Center II Medical Medical	shington, DC ington, VA Lean, VA Lean, VA keville, MD ver Spring, MD ver Spring, MD sexoria, VA keville, MD skville, MD skville, MD skville, MD shington, DC antilly, VA ls Church, VA keville, MD thersburg, MD thersburg, MD thersburg, MD thersburg, MD condon, VA esville, MD shington, DC condon, VA shington, DC	1995 1997 1997 1999 1999 2000 2000 2001 2002 2003 2005 2006 2006 2006 2006 2007 2007	1976 1973 1972/1986/1999 1985 1982 1970 1979 1974 1980 1979 2001 1967/1998 1984/1986/1988 1990 1989	102,000 166,000 523,000 112,000 101,000 91,000 113,000 267,000 80,000 263,000 89,000 140,000 276,000
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7900 Westpark Drive Mcl 600 Jefferson Plaza Roc 1700 Research Boulevard Roc Wayne Plaza Silv Courthouse Square Ale One Central Plaza Roc The Atrium Building Roc 1776 G Street Was Albemarle Point Cha 6565 Arlington Boulevard Fall West Gude Drive Roc The Ridges Gai The Crescent Gai Monument II Her Woodholme Center Pike 2000 M Street Was Dulles Station Her 2445 M Street Was 925 Corporate Drive Staf Subtotal Staf Medical Office Buildings Woodburn Medical Park II Prosperity Medical Center I Met Prosperity Medical Center II Met	Lean, VA ckville, MD ckville, MD cer Spring, MD cxandria, VA ckville, MD ckville, MD ckville, MD shington, DC antilly, VA ls Church, VA ckville, MD thersburg, MD thersburg, MD thersburg, MD chor, VA ceville, MD shington, VA ceville, MD shington, DC cndon, VA shington, DC	1997 1999 1999 2000 2000 2001 2002 2003 2005 2006 2006 2006 2006 2007 2007	1972/1986/1999 1985 1982 1970 1979 1974 1980 1979 2001 1967/1998 1984/1986/1988 1990 1989	523,000 112,000 101,000 91,000 113,000 267,000 80,000 263,000 89,000 140,000 276,000
600 Jefferson Plaza Roc 1700 Research Boulevard Roc Wayne Plaza Silv Courthouse Square Ale One Central Plaza Roc The Atrium Building Roc 1776 G Street Was Albemarle Point Cha 6565 Arlington Boulevard Fall West Gude Drive Roc The Ridges Gair Monument II Her Woodholme Center Pike 2000 M Street Was Dulles Station Her 2445 M Street Was 925 Corporate Drive Staf Subtotal Staf Medical Office Buildings Woodburn Medical Park II Prosperity Medical Center I Met Prosperity Medical Center II Met	ekville, MD ekville, MD ver Spring, MD exandria, VA ekville, MD ekville, MD shington, DC antilly, VA ls Church, VA ekville, MD thersburg, MD thersburg, MD endon, VA esville, MD shington, DC endon, VA shington, DC	1999 1999 2000 2000 2001 2002 2003 2005 2006 2006 2006 2006 2007 2007	1985 1982 1970 1979 1974 1980 1979 2001 1967/1998 1984/1986/1988 1990	112,000 101,000 91,000 113,000 267,000 80,000 263,000 89,000 140,000 276,000
1700 Research Boulevard Roc Wayne Plaza Silv Courthouse Square Ale One Central Plaza Roc The Atrium Building Roc 1776 G Street Was Albemarle Point Cha 6565 Arlington Boulevard Fall West Gude Drive Roc The Ridges Gair The Crescent Gair Monument II Her Woodholme Center Pike 2000 M Street Was Dulles Station Her 2445 M Street Was 925 Corporate Drive Staf Subtotal Staf Medical Office Buildings Woodburn Medical Park II Prosperity Medical Center I Met Prosperity Medical Center II Met	ekville, MD ver Spring, MD ver Spring, MD ver Spring, MD ver Spring, MD ekville, MD shington, DC antilly, VA ls Church, VA ekville, MD thersburg, MD thersburg, MD mdon, VA esville, MD shington, DC mdon, VA shington, DC	1999 2000 2000 2001 2002 2003 2005 2006 2006 2006 2006 2007 2007	1982 1970 1979 1974 1980 1979 2001 1967/1998 1984/1986/1988 1990	101,000 91,000 113,000 267,000 80,000 263,000 89,000 140,000 276,000
Wayne Plaza Silv Courthouse Square Ale One Central Plaza Roc The Atrium Building Roc 1776 G Street Was Albemarle Point Cha 6565 Arlington Boulevard Fall West Gude Drive Roc The Ridges Gai The Crescent Gai Monument II Her Woodholme Center Pike 2000 M Street Was Dulles Station Her 2445 M Street Was 925 Corporate Drive Staf 1000 Corporate Drive Staf Subtotal Medical Office Buildings Woodburn Medical Park II Ann Prosperity Medical Center I Mer Prosperity Medical Center II Mer	ver Spring, MD exandria, VA ekville, MD ekville, MD shington, DC antilly, VA ls Church, VA ekville, MD thersburg, MD thersburg, MD mdon, VA esville, MD shington, DC mdon, VA shington, DC	2000 2000 2001 2002 2003 2005 2006 2006 2006 2006 2007 2007	1970 1979 1974 1980 1979 2001 1967/1998 1984/1986/1988 1990	91,000 113,000 267,000 80,000 263,000 89,000 140,000 276,000
Courthouse Square Ale One Central Plaza Roc The Atrium Building Roc 1776 G Street Was Albemarle Point Cha 6565 Arlington Boulevard Fall West Gude Drive Roc The Ridges Gai The Crescent Gai Monument II Her Woodholme Center Pike 2000 M Street Was Dulles Station Her 2445 M Street Was 925 Corporate Drive Staf 1000 Corporate Drive Staf Subtotal Medical Office Buildings Woodburn Medical Park II Ann Prosperity Medical Center I Mer Prosperity Medical Center II Mer	exandria, VA ckville, MD ckville, MD shington, DC antilly, VA ls Church, VA ckville, MD tthersburg, MD tthersburg, MD tndon, VA esville, MD shington, DC endon, VA shington, DC	2000 2001 2002 2003 2005 2006 2006 2006 2006 2007 2007	1979 1974 1980 1979 2001 1967/1998 1984/1986/1988 1990 1989	113,000 267,000 80,000 263,000 89,000 140,000 276,000
One Central Plaza Roc The Atrium Building Roc 1776 G Street Was Albemarle Point Cha 6565 Arlington Boulevard Fall West Gude Drive Roc The Ridges Gai The Crescent Gai Monument II Her Woodholme Center Pik 2000 M Street Was Dulles Station Her 2445 M Street Was 925 Corporate Drive Stat 1000 Corporate Drive Stat Subtotal Medical Office Buildings Woodburn Medical Park I Ann Prosperity Medical Center I Mer Prosperity Medical Center II Mer	ckville, MD ckville, MD shington, DC antilly, VA ls Church, VA ckville, MD thersburg, MD thersburg, MD mdon, VA esville, MD shington, DC mdon, VA shington, DC	2001 2002 2003 2005 2006 2006 2006 2006 2007 2007	1974 1980 1979 2001 1967/1998 1984/1986/1988 1990	267,000 80,000 263,000 89,000 140,000 276,000
The Atrium Building Roc 1776 G Street Was Albemarle Point Cha 6565 Arlington Boulevard Fall West Gude Drive Roc The Ridges Gai The Crescent Gai Monument II Her Woodholme Center Pik 2000 M Street Was Dulles Station Her 2445 M Street Was 925 Corporate Drive Staf 1000 Corporate Drive Staf Subtotal Medical Office Buildings Woodburn Medical Park I Ann Prosperity Medical Center I Mer Prosperity Medical Center II Mer	ckville, MD shington, DC antilly, VA ls Church, VA ckville, MD tthersburg, MD mdon, VA esville, MD shington, DC mdon, VA shington, DC	2002 2003 2005 2006 2006 2006 2006 2007 2007	1980 1979 2001 1967/1998 1984/1986/1988 1990 1989	80,000 263,000 89,000 140,000 276,000
1776 G Street Was Albemarle Point Cha 6565 Arlington Boulevard Fall West Gude Drive Roc The Ridges Gai The Crescent Gai Monument II Her Woodholme Center Pick 2000 M Street Was Dulles Station Her 2445 M Street Was 925 Corporate Drive Staff 1000 Corporate Drive Staff Subtotal Medical Office Buildings Woodburn Medical Park I Ann Woodburn Medical Park II Ann Prosperity Medical Center I Met Prosperity Medical Center II Met	shington, DC antilly, VA ls Church, VA ckville, MD thersburg, MD mdon, VA esville, MD shington, DC mdon, VA shington, DC	2003 2005 2006 2006 2006 2006 2007 2007	1979 2001 1967/1998 1984/1986/1988 1990 1989	263,000 89,000 140,000 276,000
Albemarle Point Cha 6565 Arlington Boulevard Fall West Gude Drive Roc The Ridges Gai The Crescent Gai Monument II Her Woodholme Center Piac 2000 M Street Was Dulles Station Her 2445 M Street Was 925 Corporate Drive Staf 1000 Corporate Drive Staf Subtotal Subtotal Medical Office Buildings Woodburn Medical Park I Woodburn Medical Park II Ann Prosperity Medical Center I Met Prosperity Medical Center II Met	antilly, VA ls Church, VA ckville, MD thersburg, MD thersburg, MD thersburg, MD shington, VA shington, VA shington, DC	2005 2006 2006 2006 2006 2007 2007	2001 1967/1998 1984/1986/1988 1990 1989	89,000 140,000 276,000
6565 Arlington Boulevard Fall West Gude Drive Roc The Ridges Gai The Crescent Gai Monument II Her Woodholme Center Pike 2000 M Street Was Dulles Station Her 2445 M Street Was 925 Corporate Drive Staf 1000 Corporate Drive Staf Subtotal Subtotal Medical Office Buildings Woodburn Medical Park I Woodburn Medical Park II Ann Prosperity Medical Center I Met Prosperity Medical Center II Met	ls Church, VA ckville, MD thersburg, MD thersburg, MD rndon, VA esville, MD shington, DC rndon, VA shington, DC	2006 2006 2006 2006 2007 2007	1967/1998 1984/1986/1988 1990 1989	140,000 276,000
West Gude Drive Roc The Ridges Gai The Crescent Gai Monument II Her Woodholme Center Pike 2000 M Street Was Dulles Station Her 2445 M Street Was 925 Corporate Drive Staf 1000 Corporate Drive Staf Subtotal Subtotal Medical Office Buildings Woodburn Medical Park I Woodburn Medical Park II Ann Prosperity Medical Center I Met Prosperity Medical Center II Met	ckville, MD thersburg, MD thersburg, MD rndon, VA esville, MD shington, DC rndon, VA shington, DC	2006 2006 2006 2007 2007	1984/1986/1988 1990 1989	276,000
The Ridges Gai The Crescent Gai Monument II Her Woodholme Center Pike 2000 M Street Was Dulles Station Her 2445 M Street Was 925 Corporate Drive Staf 1000 Corporate Drive Staf Subtotal Subtotal Medical Office Buildings Woodburn Medical Park I Woodburn Medical Park II Ann Prosperity Medical Center I Mer Prosperity Medical Center II Mer	thersburg, MD thersburg, MD rndon, VA esville, MD shington, DC rndon, VA shington, DC	2006 2006 2007 2007	1990 1989	
The Crescent Gai	thersburg, MD rndon, VA esville, MD shington, DC rndon, VA shington, DC	2006 2007 2007	1989	104.000
Monument II Her Woodholme Center Pike 2000 M Street Was Dulles Station Her 2445 M Street Was 925 Corporate Drive Staf 1000 Corporate Drive Staf Subtotal Staf Medical Office Buildings Woodburn Medical Park I Woodburn Medical Park II Ann Prosperity Medical Center I Met Prosperity Medical Center II Met	rndon, VA esville, MD shington, DC rndon, VA shington, DC	2007 2007		- 5 .,000
Woodholme Center Pike 2000 M Street Was Dulles Station Her 2445 M Street Was 925 Corporate Drive Staff 1000 Corporate Drive Staff Subtotal Subtotal Medical Office Buildings Woodburn Medical Park I Woodburn Medical Park II Ann Prosperity Medical Center I Mer Prosperity Medical Center II Mer	esville, MD shington, DC rndon, VA shington, DC	2007	2000	49,000
2000 M Street Was Dulles Station Her 2445 M Street Was 925 Corporate Drive Staff 1000 Corporate Drive Staff Subtotal Subtotal Medical Office Buildings Woodburn Medical Park I Woodburn Medical Park II Ann Prosperity Medical Center I Met Prosperity Medical Center II Met	shington, DC rndon, VA shington, DC		2000	205,000
Dulles Station Her 2445 M Street Was 925 Corporate Drive Staf 1000 Corporate Drive Staf Subtotal Subtotal Medical Office Buildings Woodburn Medical Park I Woodburn Medical Park II Ann Prosperity Medical Center I Met Prosperity Medical Center II Met	rndon, VA shington, DC	2007	1989	73,000
2445 M Street Was 925 Corporate Drive Staf 1000 Corporate Drive Staf Subtotal Subtotal Medical Office Buildings Woodburn Medical Park I Woodburn Medical Park II Ann Prosperity Medical Center I Met Prosperity Medical Center II Met	shington, DC	2007	1971	227,000
925 Corporate Drive Staf 1000 Corporate Drive Staf Subtotal Subtotal Medical Office Buildings Voodburn Medical Park I Woodburn Medical Park II Ann Prosperity Medical Center I Met Prosperity Medical Center II Met		2005	2007	180,000
1000 Corporate Drive Subtotal Medical Office Buildings Woodburn Medical Park I Woodburn Medical Park II Prosperity Medical Center I Prosperity Medical Center II Met	CC 1 X 7 A	2008	1986	290,000
Subtotal Medical Office Buildings Woodburn Medical Park I Woodburn Medical Park II Prosperity Medical Center I Prosperity Medical Center II Men	fford, VA	2010	2007	135,000
Medical Office Buildings Woodburn Medical Park I Woodburn Medical Park II Prosperity Medical Center I Prosperity Medical Center II Men	fford, VA	2010	2009	136,000
Woodburn Medical Park I Ann Woodburn Medical Park II Ann Prosperity Medical Center I Men Prosperity Medical Center II Men				4,303,000
Woodburn Medical Park II Ann Prosperity Medical Center I Men Prosperity Medical Center II Men				
Prosperity Medical Center I Met Prosperity Medical Center II Met Met	nandale, VA	1998	1984	71,000
Prosperity Medical Center II Men	nandale, VA	1998	1988	96,000
	rrifield, VA	2003	2000	92,000
Ducamanity Madical Canton III	rrifield, VA	2003	2001	88,000
	rrifield, VA	2003	2002	75,000
	ckville, MD	2004	1999	66,000
	rfax, VA	2004	1965	49,000
	exandria, VA	2006	1968	113,000
	ckville, MD	2006	1994	38,000
15001 Shady Grove Road Roc	ckville, MD	2006	1999	51,000
Plumtree Medical Center Bel	Air, MD	2006	1991	33,000
	ckville, MD	2006	2002	52,000
	shington, DC	2007	1986/2006	110,000
	esville, MD	2007	1996	125,000
ě	nburn, VA	2007	1998/2000/2002	75,000
	ntreville, VA	2007	1998	52,000
	rling, VA	2008	1986/2000	36,000
	esburg, VA	2009	2009	87,000
Subtotal	6, 112			1,309,000
Retail Centers				
	koma Park, MD	1963	1962	51,000
	stminster, MD	1972	1969	151,000
	ingfield, VA	1973	1960	76,000
1	eaton, MD	1977	1967	72,000
	exandria, VA	1984	1955	168,000
Chevy Chase Metro Plaza Was	shington, DC	1985	1975	49,000
•	thersburg, MD	1992	1969	198,000
	exandria, VA	1994	1960	134,000
**	derick, MD	1995	1973	227,000
* *	exandria, VA	1998/2003	1955/1959	44,000
	gerstown, MD	2002	2000	332,000
	derick, MD	2005	1999/2003	295,000
	ckville, MD	2006	1972	82,000
		2006	1970	
Subtotal	ckville, MD		17/0	143,000

Development on approximately 60,000 square feet of the center was completed in December 2006.

Schedule of Properties (continued) June 30, 2010



PROPERTIES	LOCATION	YEAR ACQUIRED	YEAR CONSTRUCTED	NET RENTABLE SQUARE FEET*
Multifamily Buildings * / # units				
3801 Connecticut Avenue / 308	Washington, DC	1963	1951	179,000
Roosevelt Towers / 191	Falls Church, VA	1965	1964	170,000
Country Club Towers / 227	Arlington, VA	1969	1965	163,000
Park Adams / 200	Arlington, VA	1969	1959	173,000
Munson Hill Towers / 279	Falls Church, VA	1970	1963	259,000
The Ashby at McLean / 256	McLean, VA	1996	1982	252,000
Walker House Apartments / 212	Gaithersburg, MD	1996	1971/2003(2)	159,000
Bethesda Hill Apartments / 195	Bethesda, MD	1997	1986	226,000
Bennett Park / 224	Arlington, VA	2007	2007	268,000
Clayborne / 74	Alexandria, VA	2008	2008	87,000
Kenmore Apartments / 374	Washington, DC	2008	1948	270,000
Subtotal (2,540 units)				2,206,000
Industrial Distribution / Flex Properties				
Fullerton Business Center	Springfield, VA	1985	1980	104,000
The Alban Business Center	Springfield, VA	1996	1981/1982	87,000
Ammendale Technology Park I	Beltsville, MD	1997	1985	167,000
Ammendale Technology Park II	Beltsville, MD	1997	1986	107,000
Pickett Industrial Park	Alexandria, VA	1997	1973	246,000
Northern Virginia Industrial Park	Lorton, VA	1998	1968/1991	787,000
8900 Telegraph Road	Lorton, VA	1998	1985	32,000
Dulles South IV	Chantilly, VA	1999	1988	83,000
Sully Square	Chantilly, VA	1999	1986	95,000
Amvax	Beltsville, MD	1999	1986	31,000
Fullerton Industrial Center	Springfield, VA	2003	1980	137,000
8880 Gorman Road	Laurel, MD	2004	2000	141,000
Dulles Business Park Portfolio	Chantilly, VA	2004/2005	1999-2005	324,000
Albemarle Point	Chantilly, VA	2005	2001/2003/2005	207,000
Hampton Overlook	Capital Heights, MD	2006	1989	134,000
Hampton South	Capital Heights, MD	2006	1989/2005	168,000
9950 Business Parkway	Lanham, MD	2006	2005	102,000
270 Technology Park	Frederick, MD	2007	1986-1987	157,000
6100 Columbia Park Road	Landover, MD	2008	1969	150,000
Subtotal				3,259,000
TOTAL				13,099,000

Multifamily buildings are presented in gross square feet.
A 16 unit addition referred to as The Gardens at Walker House was completed in October 2003.

Supplemental Definitions

June 30, 2010



Annualized base rent (ABR) is calculated as monthly base rent (cash basis) per the lease, as of the reporting period, multiplied by 12.

Debt to total market capitalization is total debt from the balance sheet divided by the sum of total debt from the balance sheet plus the market value of shares outstanding at the end of the period.

Adjusted EBITDA (a non-GAAP measure) is earnings attributable to the controlling interest before interest expense, taxes, depreciation, amortization, gain on sale of real estate, gain/loss on extinguishment of debt and gain/loss from non-disposal activities.

Ratio of earnings to fixed charges is computed by dividing earnings attributable to the controlling interest by fixed charges. For this purpose, earnings consist of income from continuing operations (or net income if there are no discontinued operations) plus fixed charges, less capitalized interest. Fixed charges consist of interest expense, including amortized costs of debt issuance, plus interest costs capitalized.

Debt service coverage ratio is computed by dividing earnings attributable to the controlling interest before interest expense, taxes, depreciation, amortization, gain on sale of real estate, gain/loss on extinguishment of debt and gain/loss from non-disposal activities by interest expense and principal amortization.

Funds from operations (FFO) - The National Association of Real Estate Investment Trusts, Inc. (NAREIT) defines FFO (April, 2002 White Paper) as net income attributable to the controlling interest (computed in accordance with generally accepted accounting principles (GAAP)) excluding gains (or losses) from sales of property plus real estate depreciation and amortization. FFO is a non-GAAP measure.

Funds Available for Distribution (FAD), a non-GAAP measure, is calculated by subtracting from FFO recurring expenditures, tenant improvements, leasing incentives and leasing costs, that are capitalized and amortized and are necessary to maintain our properties and revenue stream, non-cash gain/loss from extinguishment of debt and straight line rents, then adding non-real estate depreciation and amortization, non-cash fair value interest expense, adding or subtracting amortization of lease intangibles and amortization of restricted share compensation, as appropriate.

Recurring capital expenditures represents non-accretive building improvements and leasing costs required to maintain current revenues. Recurring capital expenditures do not include acquisition capital that was taken into consideration when underwriting the purchase of a building or which are incurred to bring a building up to "operating standard."

Rent increases on renewals and rollovers are calculated as the difference, weighted by square feet, of the net ABR due the first month after a term commencement date and the net ABR due the last month prior to the termination date of the former tenant's term.

Core portfolio properties include all properties that were owned for the entirety of the current and prior year reporting periods.

Core portfolio net operating income (NOI) growth is the change in the NOI of the core portfolio properties from the prior reporting period to the current reporting period.