FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)														
1. Name and Address of Reporting Person* OSNOS DAVID M				WA	2. Issuer Name and Ticker or Trading Symbol WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director Officer (give title below) T. Other (specify below)				
6110 EXECUTIVE BLVD., SUITE 800					3. Date of Earliest Transaction (Month/Day/Year) 12/19/2005									Trustee		
(Street) ROCKVILLE, MD 20852				4. If	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(State)	(Zip)		Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned											
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	Exec any	2A. Deemed Execution Date, if any (Month/Day/Year)		(Instr. 8)		(A) or I	ities Acquired isposed of (D) 4 and 5)		5. Amount of Securiti Beneficially Owned F Reported Transaction (Instr. 3 and 4)		Following	Ownership Form: Direct (D)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
						C	ode	V	Amoun	or	Price				(I) (Instr. 4)	(IIIsti. 4)
Common	Stock		12/19/2005			A	(1)		977	1 /	\$ 30.72	13,777			D	
			Table II -		rative Securi		cquire	the f	form dis	splays a of, or Ber	curre neficia	ently valid	OMB con	spond unle trol numbe		,
Security	2. Conversion or Exercise Price of Derivative Security	3. Transactio Date (Month/Day/	Execution D	4. Tran	4. Transaction Code	5. Num of Deriv Secu Acqu (A) o Dispo of (D (Instr	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		,		7. T Am Und Sec (Ins 4)	Title and amount of Underlying ecurities Instr. 3 and	Security (Instr. 5)	9. Number on Derivative Securities Beneficially Owned Following Reported Transaction ((Instr. 4)	Ownershi Form of Derivativ Security: Direct (D or Indirect	Beneficia Ownershi (Instr. 4) D) ect
					Code V	(A)	(D)	Exe	rcisable	Date	110	of Shares				
D	4:															

Reporting Owners

P 4' 0 N /	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
OSNOS DAVID M 6110 EXECUTIVE BLVD. SUITE 800 ROCKVILLE, MD 20852				Trustee			

Signatures

By: Laura M. Franklin	12/21/2005
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a)
- (1) Granted pursuant to the Washington Real Estate Investment Trust Share Grant Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.