## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0287
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Check this box 11 no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Responses	s)																
	nd Address of ZIE GEOF	f Reporting Person* RGE F			HIN	GTO	N REA	er or Trad AL EST.			STME		D	ationship Director Officer (give	(Check	Oth	le) 6 Owner er (specify be	ow)
6110 EX		(First) BLVD., SUITE	(Middle)	3. Date 02/24/			Transac	tion (Mor	nth/Day	//Year)					Exec	VP Real Esta	ite	
DOG!!!		(Street)		4. If Am	nendi	ment,	Date Ori	ginal File	ed(Montl	n/Day/Yea	r)		_X_ For	m filed by C	One Reporting I	p Filing(Check Person Reporting Person		ne)
ROCKV (Cit	ILLE, MD	(State)	(Zip)															
		()		la. 5		1	1		1							ficially Own		la v
1.Title of S (Instr. 3)	security		2. Transaction Date (Month/Day/Year)		on D	Oate, it	Code (Instr.	nsaction 8)	or Di	curities sposed of the control of the control of the control of the curities and the curities are specified as the curities ar	of (D)	` ´	Owns Trans	ed Follow saction(s)			6. Ownership Form: Direct (D)	7. Nature of Indirect Beneficial
				(Month	/Дау	// Y ear	Cod	le V	Amo	unt (I		Price	(Instr	r. 3 and 4	)		. ,	Ownership (Instr. 4)
Commor	Stock		02/24/2006				M		10,0	00 A	\$ 14	.4688	56,1	33.027			D	
Commor	Stock		02/24/2006				М		10,0	00 A	\$ 21	.344	66,1	33.027			D	
Commor	Stock		02/24/2006				S		20,0	00 D	\$ 33	3.2875	46,1	33.027			D	
Commor	Stock												25,4	64.412			I	By Spouse
Reminder:	Report on a s	separate line for each	n class of securities b	oeneficia	lly o	wned	directly	Persin ti	sons this for	m are	not re		to re	spond u		on contain form displ		C 1474 (9-02)
			Table II					quired, D s, options					Owned	d				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code	tion	5. Nu of De Secur Acqu or Di of (D	imber erivative rities iired (A) sposed	6. Date I Expiration	Exercis on Dat	able and			lerlyin ties	ŭ		9. Number Derivative Securities Beneficially Owned Following Reported Transaction	Owner Form of Deriva Securin Direct or Indi (s) (I)	tive Ownersh (Instr. 4) (CD) rect
				Code	V	(A)	(D)	Date Exercisa	ible	Expirat Date	ion	Title		Amount or Number of Shares		(Instr. 4)	(Instr.	*)
							10.000	10/17/	2000			Comn		10,000	¢ 14.47	0		
NQO - 1999 Officer	\$ 14.47	02/24/2006		M			10,000	12/1//	2000	12/17/	2009	Stoc	ck	10,000	\$ 14.47	U	D	

### **Reporting Owners**

		R	<b>Relationships</b>	
Reporting Owner Name / Address	Director	10% Owner	Officer	Other
MCKENZIE GEORGE F 6110 EXECUTIVE BLVD. SUITE 800 ROCKVILLE, MD 20852			Exec VP Real Estate	

#### **Signatures**

/s/ McKenzie, George F.	George F. 02/27/20
**Signature of Reporting Person	rting Person Date

### **Explanation of Responses:**

- $\star$  If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.