FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)																
1. Name and Address of Reporting Person* CRONIN EDMUND B JR				2. Issuer Name and Ticker or Trading Symbol WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE]							-	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director X Officer (give title below) Other (specify below) Chairman, President & CEO						
(Last) (First) (Middle) 6110 EXECUTIVE BOULEVARD, SUITE 800				3. Date of Earliest Transaction (Month/Day/Year) 05/15/2006									Chairm	ian, Presider	it & CEO			
ROCKVILLE, MD 20852				4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person							
(City) (State) (Zip)					Table I - Non-Derivative Securities Acqu							cqui	uired, Disposed of, or Beneficially Owned					
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, i) any (Month/Day/Yea		Code (Instr. 8)			4. Securities Acqui (A) or Disposed of (Instr. 3, 4 and 5) (A) or Amount (D) P		of (1	(D)	Beneficially Owned Follow Reported Transaction(s) (Instr. 3 and 4)		ollowing	6. Ownershi Form: Direct (D or Indirec (I) (Instr. 4)	p of Be	Nature Indirect neficial vnership astr. 4)	
Common Stock 05/15/20			05/15/2006			A	1)		21,349	A	\$ 36.	.73	194,941.9324			D		
Reminder:	Report on a s	separate line f		Derivative Sec	uriti	ies Ac	F c t quirec	Person he	sons whatained in form dis	no resp n this f splays	orm a cu	n are urren ficiall	not requ itly valid	ction of inf uired to res OMB conf	spond unle	ss	C 147	74 (9-02)
1. Title of	2.	3. Transaction		(e.g., puts, calls		irrant 5.			s, conver Oate Exer				tle and	8. Price of	9. Number	of 10.		11. Nature
Derivative Security	Conversion or Exercise Price of Derivative Security	ise (Month/Day/	/Year) any	ate, if Transact Code (Instr. 8)	r) (Instr. 8)				and Expiration Date (Month/Day/Year)			Amount of Underlying Securities (Instr. 3 and 4)			Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Securi Direct or Ind	of tive ty: (D) frect	Beneficial Ownership (Instr. 4)
				Code	V	(A)		Date Exe	-	Expirat Date	ion	Title	Amount or Number of Shares					

Reporting Owners

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
CRONIN EDMUND B JR 6110 EXECUTIVE BOULEVARD SUITE 800 ROCKVILLE, MD 20852			Chairman, President & CEO					

Signatures

By: Laura M. Franklin	05/16/2006
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Granted pursuant to the Washington Real Estate Investment Trust Share Grant Plan. 25% of shares become nonforfeitable one year from transaction date. An additional 25% of shares become nonforfeitable two years from transaction date. Fully vested 3 years from transaction (grant) date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.