UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

(Print or Type Responses)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of FRANKLIN LAU	2. Issuer Name and Ticker or Trading Symbol WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director X Officer (give title below) Other (specify below)					
6110 EXECUTIV	3. Date of Earliest Transaction (Month/Day/Year) 12/07/2006						S.V.P. Accounting	ıg			
(Street) ROCKVILLE, MD 20852			4. If Amendment, Date Original Filed(Month/Day/Year)						Individual or Joint/Group Filing(Check Applicable Line) X_Form filed by One Reporting Person Form filed by More than One Reporting Person		
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acqu					ired, Disposed of, or Beneficially Owned			
(Instr. 3) Date		2. Transaction Date (Month/Day/Year)			(A) or Disposed of (D)			of (D)	Owned Following Reported Transaction(s)	6. Ownership Form:	Beneficial
			(Month/Day/Year)	Code	V	Amount	(A) or (D)	Price	(Instr. 3 and 4)	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Common Stock		12/07/2006		M		11,084	A	\$ 24.85	64,528.13	D	
Common Stock		12/07/2006		M		1,500	A	\$ 25.61	66,028.13	D	
Common Stock		12/07/2006		M		4,684	A	\$ 17.59	70,712.13	D	
Reminder: Report on a	separate line for each	class of securities be	eneficially owned di		Pers	ons who	re not r	equired	e collection of information contain I to respond unless the form displ ol number.		1474 (9-02)
			- Derivative Securit		Perse in thi a cur	ons who is form a rently va	re not r ilid OM	equired B contr	I to respond unless the form displ ol number.		1474 (9-02)

(e.g., puts, calls, warrants, options, convertible securities)

Derivative Security	Conversion		Execution Date, if	Code	tion)	of E Secondary Acquired or E of (I	Derivative urities uired (A) Disposed (D) tr. 3, 4,	Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		Derivative Security (Instr. 5)	Securities Beneficially Owned Following Reported Transaction(s)	Ownership Form of Derivative Security: Direct (D) or Indirect (I)	Beneficial
				Code	V	(A)		Date Exercisable	Expiration Date		Amount or Number of Shares		(Instr. 4)	(Instr. 4)	
Incentive Stock Option (right to buy)	\$ 17.59	12/07/2006		M			4,684	12/15/1999	12/15/2008	Common Stock	4,684	\$ 17.59	0	D	
Non- Qualified Stock Option (right to buy)	\$ 24.85	12/07/2006		М			11,084	12/17/2002	12/17/2011	Common Stock	11,084	\$ 24.85	0	D	
Non- Qualified Stock Option (right to buy)	\$ 25.61	12/07/2006		М			1,500	12/16/2003	12/16/2012	Common Stock	1,500	\$ 25.61	11,588	D	

Reporting Owners

Dalation ships	
Relationships	Relationships

Reporting Owner Name / Address	Director	10% Owner	Officer	Other
FRANKLIN LAURA M 6110 EXECUTIVE BLVD. SUITE 800 ROCKVILLE, MD 20852			S.V.P. Accounting	

Signatures

Laura M. Franklin	12/11/2006
Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.