UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

pe Response	8)												
1. Name and Address of Reporting Person* REGNELL THOMAS L			2. Issuer Name and Ticker or Trading Symbol WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE]					-	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director X Officer (give title below) Other (specify below)				
(Last) (First) (Middle) 6110 EXECUTIVE BLVD., SUITE 800			3. Date of Earliest Transaction (Month/Day/Year) 02/28/2008							Sr. V	√.P Acquis	tions	
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
											1 0		
)	(State)	(Zip)	T	able I - N	on-De	rivative S	Securities A	Acqui	red, Dispo	osed of, or I	Beneficially (Owned	
(Instr. 3)		2. Transaction Date (Month/Day/Year)	any	Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			Reported Transaction(s)			Ownership Form:	Beneficial
			(Month/Day/Year	Code	V	Amount	(A) or (D) F	Price	(Instr. 3 a	nd 4)		or Indirect (Ir	Ownership (Instr. 4)
Stock		02/28/2008		S		3,200	D \$33		40,374.	11		D	
Stock									1,150			I	by Spouse
Report on a s	separate line fo	Table II -	Derivative Securit	ties Acqu	Personn the t	sons wh tained ir form dis	o respon this forr plays a c	m are currer	not requ ntly valid	ired to res	pond unle	ss	1474 (9-02)
l ₂	2 Tuomanatio				•				tla and	9 Duine of	O. Niversham	c 10	
۷.		Year) Execution Da			Number of (Mc Operivative Securities Acquired (A) or Disposed of (D) (Instr. 3,		Expiration Date onth/Day/Year)					Ownershi Form of Derivative Security: Direct (D or Indirect	11 Notes
Conversion or Exercise Price of Derivative Security		Year) any	tte, if Transaction Code Year) (Instr. 8)	of Derivativ	(Mo			Amo Unde Secu	neutrof perlying rities r. 3 and	Derivative Security (Instr. 5)	Derivative Securities Beneficially Owned Following Reported Transaction	Owners Form of Derivati Security Direct (or Indirects) (I)	Beneficia Ownershi (Instr. 4)
	ELL THOM ECUTIVE ILLE, MD Gecurity Security	ECUTIVE BLVD., SU (Street) ILLE, MD 20852 (State) Gecurity a Stock Report on a separate line for	LL THOMAS L (First) (Middle) (Street) ILLE, MD 20852 (State) (Zip) (Security 2. Transaction Date (Month/Day/Year) (Month/Day/Year) 1 Stock 02/28/2008 Report on a separate line for each class of security Table II - 1	LL THOMAS L WASHINGTO INVESTMEN 3. Date of Earliest 02/28/2008 (Street) 4. If Amendment, ILLE, MD 20852 (State) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) 2. Stock 02/28/2008 1 Stock 02/28/2008 Table II - Derivative Securit (e.g., puts, calls, we	WASHINGTON REA INVESTMENT TRUS 3. Date of Earliest Transact 02/28/2008 (Street) 4. If Amendment, Date Original Execution Date (Month/Day/Year) (Month/Day/Year) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) 2. Transaction Date (Instr. 8) (Month/Day/Year) Code (Instr. 8) A Stock 1 Stock Report on a separate line for each class of securities beneficially owned direction of the control of the	WASHINGTON REAL ES INVESTMENT TRUST [W. 3. Date of Earliest Transaction (M. 02/28/2008 (Street)	WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE] 3. Date of Earliest Transaction (Month/Day 02/28/2008 (Street) 4. If Amendment, Date Original Filed(Month Date Original Filed	WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE] 3. Date of Earliest Transaction (Month/Day/Year) 02/28/2008 (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) ILLE, MD 20852 (State) 2. Transaction Date Execution Date, if (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) A Securities Acquired, Date of Earliest Transaction (Month/Day/Year) Table I - Non-Derivative Securities (A) or Disposed of or Beneficially owned directly or indirectly. Persons who responsed of the form displays a contained in this form the form displays a contained in this form the form displays a content of the form display and	LL THOMAS L WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE] 3. Date of Earliest Transaction (Month/Day/Year) 02/28/2008 (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) (State) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) 1. Stock 02/28/2008 S 3. Transaction Code (Instr. 8) (A) or (Instr. 3, 4 and 5) (A) or (Instr. 3, 200 D \$32.02 1. Stock 1. Stock 1. Stock 02/28/2008 S 3. Transaction Execution Date, if any (Month/Day/Year) (Month/Day/Year) Execution Date, if any (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) Persons who respond to to contained in this form are the form displays a currer Table II - Derivative Securities Acquired, Disposed of, or Beneficiall (e.g., puts, calls, warrants, options, convertible securities)	WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE] 3. Date of Earliest Transaction (Month/Day/Year) 02/28/2008 (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) 02/28/2008 (State) 2. Transaction Date (Month/Day/Year) 02/28/2008 2. Transaction Date (Month/Day/Year) 03. Table I - Non-Derivative Securities Acquired, Disposed of (D) (Instr. 3, 4 and 5) 03. Transaction Date, if (Month/Day/Year) 04. Security 05. Amount (Month/Day/Year) 06. Individually Form file (Month/Day/Year) 08. Code (Month/Day/Year) 09. (State) 09. (Zip) 09. (A) or Disposed of (D) (Instr. 3, 4 and 5) 09. (Instr. 8) 09. (A) or Disposed of (D) (Instr. 3 and 5) 09. (Instr. 8) 09. (A) or Disposed of (D) (Instr. 3 and 5) 09. (Instr. 8) 09. (A) or Disposed of (D) (Instr. 3 and 5) 09. (Instr. 8) 09. (Instr. 8) 09. (Instr. 9) 09. (Instr	Check Chec	Check all application Check all all application Check all application	Check all applicable Check all applicable Check all applicable Director Check all applicable Check all applicable Director Check all applicable Director Check all applicable Check all appli

D (1 0 N /	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
REGNELL THOMAS L 6110 EXECUTIVE BLVD. SUITE 800 ROCKVILLE, MD 20852			Sr. V.P Acquisitions			

Signatures

Thomas L. Regnell	02/29/2008		
**Signature of Reporting Person	Date		

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.