## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

es)														
1. Name and Address of Reporting Person* REGNELL THOMAS L			2. Issuer Name and Ticker or Trading Symbol WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director T Officer (give title below)  Other (specify below)				
(Last) (First) (Middle) 6110 EXECUTIVE BLVD., SUITE 800			3. Date of Earliest Transaction (Month/Day/Year) 03/17/2008								Sr.	V.P Acquis	itions	
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line)  _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
	(7: )													
(State)	(Zīp)		T	able I	- Non	-Der	ivative S	Securities	Acqui	ired, Dispo	osed of, or l	Beneficially (	Owned	
1.Title of Security 2. Transaction Date (Month/Day/Year						tion	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)			Ownership o	7. Nature of Indirect Beneficial
		(Month/I	Day/Year)		ode	V	Amount	(A) or (D)	Price	(Instr. 3 a			Ownership (Instr. 4)	
	03/17/2008			G	(1)		320	11)		40,054.	.11		D	
										1,150			I	by Spouse
separate line f	Table II -	Derivativ	ve Securit	ies Ac	equire	Pers cont the f	ons wh ained in orm dis	o respon this for plays a	rm are currer eficial	not requesting noting valid	ired to res	spond unle	ss	1474 (9-02)
3. Transactio		` ' '	s, cans, w		ts, op					itle and	8. Price of	9. Number o	of 10.	11. Natur
Date (Month/Day/	Year) Execution Da	ite, if Tra	ode estr. 8)	Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		and i	and Expiration Date		Amo Undo Secu	ount of erlying irities	Security (Instr. 5)	Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Owners Form of Derivat Security Direct ( or Indir	hip of Indire Beneficia Ownersh (Instr. 4)
										Amount				
a a	MAS L  (First) /E BLVD., S (Street)  ID 20852 (State)  a separate line for the separate	MAS L  (First) (Middle)  /E BLVD., SUITE 800  (Street)  ID 20852  (State) (Zip)  2. Transaction Date (Month/Day/Year)  03/17/2008  Table II -  Table II -  (Month/Day/Year)  3. Transaction Date (Month/Day/Year)  (Month/Day/Year)	MAS L  (First) (Middle) (7E BLVD., SUITE 800 (Street)  (Street)  (State)  (Zip)  2. Transaction Date (Month/Day/Year)  03/17/2008  2A. Dee Execution any (Month/  03/17/2008  Table II - Derivative (e.g., putseed)  Table II - Derivative (e.g., putseed)  (Month/Day/Year)  3. Transaction Date (Month/Day/Year)  3. Transaction Date (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year) (Month/Day/Year) (Indicate) (Month/Day/Year)	MAS L  (First) (Middle) (First) (Middle) (First) (Middle) (Street) 3. Date of Earliest 03/17/2008  (Street) 4. If Amendment,  (D 20852  (State) (Zip) Tax  2. Transaction Date (Month/Day/Year)  (Month/Day/Year)  2. Transaction Date (Month/Day/Year)  (Month/Day/Year)  Table II - Derivative Securit (e.g., puts, calls, was see (Month/Day/Year)  3. Transaction Date (Execution Date, if any (Month/Day/Year)  (Month/Day/Year)  3. Transaction Date (E.g., puts, calls, was see (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)	MAS L  (First) (Middle) (Street)  (Street) 4. If Amendment, Date  (State) (Zip)  Table I  2. Transaction Date (Month/Day/Year) (Month/Day/Year)  2. Transaction Date (Month/Day/Year)  (Month/Day/Year)  Table II - Derivative Securities Acteges, puts, calls, warrant (e.g., puts, calls, warrant (Month/Day/Year)  3. Transaction Date (Linst) (Month/Day/Year)  4. Transaction Code (Linst) (Month/Day/Year) (Month/Day/Year)  3. Transaction Date (Linst)	MAS L  WASHINGTON REAL INVESTMENT TRUST  (First) (Middle) 3. Date of Earliest Transaction 03/17/2008  (Street) 4. If Amendment, Date Origin  Date (Month/Day/Year) 2A. Deemed Execution Date, if any (Month/Day/Year) 2A. Deemed Execution Date, if any (Month/Day/Year) 3. Transaction Code (Instr. 8)  Code  10 20852  (State) 2. Transaction Date (Month/Day/Year) 3. Transaction Date (Instr. 8)  Code  10 3/17/2008 G(I)  Table II - Derivative Securities Acquire (e.g., puts, calls, warrants, op on Date (Month/Day/Year) 3. Transaction Date, if Execution Date, if Code (Instr. 8)  Table II - Derivative Securities Acquired (e.g., puts, calls, warrants, op of Date (Month/Day/Year) (Month/Day/Year) 2A. Deemed Execution Date, if Transaction Code (Instr. 8)  Table II - Derivative Securities Acquired (e.g., puts, calls, warrants, op Operivative Securities Acquired (A) or Disposed	MAS L  WASHINGTON REAL ES' INVESTMENT TRUST [W]  (First) (BLVD., SUITE 800  (Street)  A. If Amendment, Date Original First (Month/Day/Year)  (State)  (State)  (Zip)  Table I - Non-Der  2. Transaction Date (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  A separate line for each class of securities beneficially owned directly or the form of Date (Month/Day/Year)  Table II - Derivative Securities Acquired, Disposed  3. Transaction Code (Instr. 8)  Code  V  Table II - Derivative Securities Acquired, Disposed  (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  (Middle)  3. Date of Earliest Transaction (Month/Day/Year)  3. Transaction Code (Instr. 8)  Personation Code (Instr. 8)  (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)	MAS L  WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE]  3. Date of Earliest Transaction (Month/Day 03/17/2008  (Street)  4. If Amendment, Date Original Filed(Month Day 03/17/2008  2. Transaction Date (Month/Day/Year)  3. Transaction Code (Instr. 8)  Code V Amount Date (e.g., puts, calls, warrants, options, converting to the puts of the puts o	MAS L  WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE]  3. Date of Earliest Transaction (Month/Day/Year) 03/17/2008  4. If Amendment, Date Original Filed(Month/Day/Year)  Date (Month/Day/Year)  2. Transaction Date (Month/Day/Year)  2. Transaction Date (Month/Day/Year)  A Securities Acquired, (A) or Disposed of the form displays a  Table II - Derivative Securities Acquired, Disposed of, or Ben (Linstr. 8)  Table II - Derivative Securities Acquired, Disposed of, or Ben (Month/Day/Year)  A Securities Acquired (A) or Disposed of the form displays a  Table II - Derivative Securities Acquired, Disposed of, or Ben (Month/Day/Year)  A Securities Acquired, Disposed of, or Ben (Code (Instr. 8))  Persons who response on tained in this form displays a  Table II - Derivative Securities Acquired, Disposed of, or Ben (Month/Day/Year)  A Securities Acquired (A) or Disposed of Date (Instr. 8)  Date (Month/Day/Year)  A Securities Acquired (A) or Disposed of Date (Instr. 8)  Date (Month/Day/Year)  A Securities Acquired (A) or Disposed of Date (Instr. 8)  Date (Month/Day/Year)	MAS L  WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE]  3. Date of Earliest Transaction (Month/Day/Year) 03/17/2008  4. If Amendment, Date Original Filed(Month/Day/Year)  Date (Month/Day/Year)  2. Transaction Date (Month/Day/Year)  2. Transaction Date (Month/Day/Year)  2. Transaction Date (Month/Day/Year)  2. Transaction Date (Month/Day/Year)  3. Transaction Code (Instr. 8)  Code V Amount (D) Price  Persons who respond to contained in this form are the form displays a current form displays a current form displays a current (A) or Disposed of, or Beneficial (A) or Disposed (A) or Disposed (B) o	MAS L  WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE]  3. Date of Earliest Transaction (Month/Day/Year) 03/17/2008  4. If Amendment, Date Original Filed(Month/Day/Year) (State)  2. Table I - Non-Derivative Securities Acquired (A) or Disposed of (D) Instr. 3 at (Instr. 3) (Instr. 3)  (Instr. 3)	MAS L  WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE]  3. Date of Earliest Transaction (Month/Day/Year) 03/17/2008  4. If Amendment, Date Original Filed(Month/Day/Year) 03/17/2008  5. Amount of Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) 03/17/2008  6. Individual or Joint/X. Form filed by More than Code (A) or Disposed of (D) (Instr. 3, 4 and 5) 03/17/2008  6. Individual or Joint/X. Form filed by More than Code (A) or Disposed of (D) (Instr. 3, 4 and 5) 03/17/2008  6. Individual or Joint/X. Form filed by More than Code (A) or Disposed of (D) (Instr. 3, 4 and 5) 03/17/2008  6. Individual or Joint/X. Form filed by More than Code (A) or Disposed of (D) (Instr. 3, 4 and 5) 03/17/2008  6. Individual or Joint/X. Form filed by More than Code (A) or Disposed of (D) (Instr. 3, 4 and 5) 03/17/2008  6. Individual or Joint/X. Form filed by More than Code (A) or Disposed of (D) (Instr. 3, 4 and 5) 03/17/2008  6. Individual or Joint/X. Form filed by More than Code (A) or Disposed of (D) (Instr. 3, 4 and 5) 03/17/2008  6. Individual or Joint/X. Form filed by More than Code (A) or Disposed of (D) (Instr. 3, 4 and 5) 03/17/2008  6. Individual or Joint/X. 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## cpor ung

B 41 0 W	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
REGNELL THOMAS L 6110 EXECUTIVE BLVD. SUITE 800 ROCKVILLE, MD 20852			Sr. V.P Acquisitions				

# **Signatures**

Thomas L. Regnell	03/17/2008		
**Signature of Reporting Person	Date		

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Voluntary early filing of Bona fide gift

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.