## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

pe Response	s)													
Name and Address of Reporting Person * Paukstitus Michael S			2. Issuer Name and Ticker or Trading Symbol WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE] 3. Date of Earliest Transaction (Month/Day/Year) 12/12/2008						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director X Officer (give title below) Other (specify below)					
										Senio	r V. P. of Rea	il Estate		
			4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
)	(State)	(Zip)		Tab	ole I - No	n-Der	ivative S	Securities .	Acqui	ired, Dispo	osed of, or l	Beneficially (	Owned	
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)			f Code (Instr. 8)		1		of (D) Beneficia Reported		ally Owned Following d Transaction(s)		\ /	7. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code		Amoun	nount (A) or (D) P					(I) (Instr. 4)	111301. 4)
Stock		12/12/2008			A <sup>(1)</sup>		3,900	A	\$ 0	6,000			D	
					-	ed, Di	isposed (	of, or Bene	eficiall			trol numbe	r.	
2. Conversion or Exercise Price of Derivative Security	Conversion r Exercise rice of Derivative Date  Onto Date (Month/Day/Year) Execution any (Month Day/Year)		4. te, if Transaction Code Year) (Instr. 8)		5. Number		6. Date Exercisable and Expiration Date (Month/Day/Year)  Comparison of the Comparis		7. Ti Amo Unde Secu (Inst	Title and ount of Derivative Security (Instr. 5)		Derivative Securities Beneficially Owned Following Reported	Owners Form of Derivat Security Direct ( or Indir (s) (I)	Beneficia Ownersh (Instr. 4)
				,	Instr. 3, , and 5)					Amount				
	a Stock Report on a s  Conversion or Exercise Price of Derivative	(First) ECUTIVE BLVD., SU (Street)  ILLE, MD 20852 (State)  Gecurity  Security  2. Conversion or Exercise Price of Derivative  3. Transaction Date (Month/Day/Y	Address of Reporting Person* Is Michael S  (First) (Middle) (Street)  ILLE, MD 20852 (State) (Zip)  Recurity 2. Transaction Date (Month/Day/Year)  A Stock 12/12/2008  Report on a separate line for each class of security  Table II - I (Conversion or Exercise Price of Derivative)  A Stock (Month/Day/Year)  A A. Deemed Execution Date (Month/Day/Year)  (Month/Day/Year)	2. Issuer Nam WASHING INVESTME  (Street)  (Street)  2. Issuer Nam WASHING INVESTME  (Middle) 3. Date of Earli 12/12/2008  4. If Amendme  (Street)  2. Transaction Date (Month/Day/Year)  (Month/Day/Year)  2. Transaction Date (e.g., puts, calls, or Exercise Price of Derivative  (Month/Day/Year)  3. Date of Earli 12/12/2008  4. If Amendme  2. Transaction Date (e.g., puts, calls, any (Month/Day/Year)  3. Date of Earli 12/12/2008  4. If Amendme  2. Transaction Date (e.g., puts, calls, any (Month/Day/Year)  3. Date of Earli 12/12/2008  4. If Amendme  4. Transaction Date (e.g., puts, calls, any (Month/Day/Year)  (Month/Day/Year)	2. Issuer Name and WASHINGTON INVESTMENT  3. Date of Earliest To 12/12/2008  (Street)  4. If Amendment, Execution Date (Month/Day/Year)  2. Transaction Date (Month/Day/Year)  3. Date of Earliest To 12/12/2008  4. If Amendment, Execution Date, if any (Month/Day/Year)  2. Transaction Date (e.g., puts, calls, war or Exercise Price of Derivative Security  2. Transaction Date (Month/Day/Year)  3. Deemed Execution Date, if any (Month/Day/Year)  2. Table II - Derivative Securities beneficially own or Exercise Price of Derivative Security  3. Demend Execution Date, if any (Month/Day/Year)  4. Transaction Date (Month/Day/Year)  3. Transaction Date (Month/Day/Year)  3. Demend Execution Date, if any (Month/Day/Year)  4. Transaction Code of (Instr. 8)  5. Security	2. Issuer Name and Ticker WASHINGTON REAI INVESTMENT TRUS'  (Street) (Middle) 3. Date of Earliest Transaction 12/12/2008  (Street) 4. If Amendment, Date Originate (Month/Day/Year) (Month/Day/Year)  (Stock 12/12/2008 A A (II)  Table II - Derivative Securities Acquire (e.g., puts, calls, warrants, of Code (Instr. 8)  Table II - Derivative Securities Acquired (A) or Disposed of (D)  (Month/Day/Year) (Month/Day/Year)	2. Issuer Name and Ticker or Trainer is Michael S    Michael S	2. Issuer Name and Ticker or Trading Sy WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE]  3. Date of Earliest Transaction (Month/Day 12/12/2008  (Street)  4. If Amendment, Date Original Filed(Month Interpretation of Code (Instr. 8)  (Instr. 8)  (Instr. 8)  2. Transaction Date (Month/Day/Year)  2. Transaction Date (Instr. 8)  2. Toda V Amount (Instr. 8)  2. Transaction Date (Instr. 8)  2. Transaction Date (Instr. 8)  2. Toda V Amount (Instr. 8)  2. Transaction Date (Instr. 8)  2. Transaction Code (Instr. 8)  2. Transaction Date (Instr. 8)  2. Transaction Code (Instr. 8)  2. Transaction Date (Instr. 8)  2. Deemed Execution Date (Instr. 8)  2. Transaction Date (Instr. 8)  2. Transaction Date (Instr. 8)  2. Deemed Execution Date (Instr. 8)  2. Transaction Date (Instr. 8)  2. Deemed (Instr. 8)  2. Transaction Date (Instr. 8)  2. Deemed Execution Date (Instr. 8)  2. Deemed Date (Instr. 8)  2. Transaction Date (Instr. 8)  2. Deemed Execution Date (Instr. 8)  2. Deemed Date (Instr. 8)  2. Transaction Date (Instr. 8)  3. Transaction Date (Instr. 8)  2. Deemed Execution Date (Instr. 8)  2. Deemed Date (Instr. 8)  2. Deemed Execution Date (Instr. 8)  3. Transaction (Instr. 8)  4. Securities Acquired (Instr. 8)  3. Deemed Execution Date (Instr. 8)  3. Transaction (Instr. 8)  4. Deemed Execution Date (Instr. 8)  4. Deemed Execution Date (In	2. Issuer Name and Ticker or Trading Symbol WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE]  3. Date of Earliest Transaction (Month/Day/Year) 12/12/2008  (Street)  4. If Amendment, Date Original Filed(Month/Day/Year)  ILLE, MD 20852  (State)  2. Transaction Date (Month/Day/Year)  3. Transaction Code (Instr. 8)  4. Securities Acquired (A) or Disposed of (Instr. 3, 4 and 5)  (A) or Code V Amount (D)  A Code (Instr. 8)  A Deemed Executive Securities Acquired, Disposed of, or Bene (e.g., puts, calls, warrants, options, convertible secur (A) or Disposed of (B)  A Code V Amount (A) or (Code (Instr. 8)  A Deemed (Instr. 8)  A Deemed Execution Date (Instr. 8)  A Deemed Code (Instr. 8)  A D	2. Issuer Name and Ticker or Trading Symbol WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE]  3. Date of Earliest Transaction (Month/Day/Year) 12/12/2008  (Street)  4. If Amendment, Date Original Filed(Month/Day/Year)  ILLE, MD 20852  2. Transaction Date (Month/Day/Year)  3. Transaction Code (Instr. 3, 4 and 5)  2. Code  V Amount (A) or (D) Price  Persons who respond to contained in this form are the form displays a currer  Table II - Derivative Securities Acquired, Disposed of, or Beneficial (e.g., puts, calls, warrants, options, convertible securities)  2. Transaction Or Exercise (Month/Day/Year)  3. Transaction Code (Instr. 8)  Persons who respond to contained in this form are the form displays a currer  Table II - Derivative Securities Acquired, Disposed of, or Beneficial (e.g., puts, calls, warrants, options, convertible securities)  2. Transaction Or Exercise (Month/Day/Year)  (Month/Day/Year)  Amount (A) or Disposed of (D)  (Instr. 8)  Date (Month/Day/Year)  Date (Month/Day/Year)  Date (Month/Day/Year)  Date (Month/Day/Year)  Date (Month/Day/Year)  Date (Month/Day/Year)	2. Issuer Name and Ticker or Trading Symbol WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE]  3. Date of Earliest Transaction (Month/Day/Year) 12/12/2008  (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) (Street)  2. Transaction Date (Month/Day/Year)  (Month/Day/Year)  2. Transaction Date (Month/Day/Year)  3. Transaction Code (Instr. 3)  4. Securities Acquired, Disposed of, or Beneficially Owned Code of Onerwish or Securities (Month/Day/Year)  3. Transaction Date (Month/Day/Year)  3. Transaction Date (Month/Day/Year)  3. Transaction Conversion Date (Month/Day/Year)  3. Transaction Date (Month/Day/Year)  3. Transaction Code Onerwish (Month/Day/Year)  3. Transaction Date (Month/Day/Year)  3. Transaction Code Onerwish O	2. Issuer Name and Ticker or Trading Symbol WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE]  5. Relationship of Req (Ch Director X Officer (give tite bet Senio  6. Individual or Joint/ X. Form filed by More than 12/12/2008  4. If Amendment, Date Original Filed(Month/Day/Year)  6. Individual or Joint/ X. Form filed by More than 12/12/2008  7. Table I - Non-Derivative Securities Acquired, (A) or Disposed of (D) (Instr. 3, 4 and 5)  8. Stock  12/12/2008  7. Table II - Derivative Securities Acquired (Instr. 3)  9. Goode  12/12/2008  12/12/2008  13. Transaction Date (Month/Day/Year) (Month/Day/Year)  14. Stock  12/12/2008  15. Relationship of Req (Ch Director X Officer (give tite bet Senio  5. Amount of Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (Instr. 3, 4 and 5)  8. Amount of Securities Acquired (A) or Opiny Report on a separate line for each class of securities beneficially owned directly or indirectly.  Persons who respond to the collection of intontained in this form are not required to restending the form displays a currently valid OMB con  Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  2. Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  2. Table II - Derivative Securities Acquired (A) or Opiny (Month/Day/Year) (Month/Day/Y	Security   Securities   Secur	Address of Reporting Person - 18 Michael S  WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE]  10 (First) (Middle) 11 (Middle) 12 (Middle) 12 (Middle) 12 (Middle) 12 (Middle) 13 (Middle) 14 (Middle) 15 (Street)  (Street)  WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE]  Semior V. P. of Real Estate  Code (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  A (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  (Stock)  12 (Zip)  Table I - Non-Derivative Securities Acquired (Month/Day/Year)  (Month/

D (1 0 N /	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Paukstitus Michael S 6110 EXECUTIVE BLVD. SUITE 800 ROCKVILLE, MD 20852			Senior V. P. of Real Estate				

### **Signatures**

By: Thomas C. Morey For: Michael S. Paukstitus	12/16/2008
**Signature of Reporting Person	Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted stock units granted pursuant to the Washington Real Estate Investment Trust 2007 Omnibus Long-Term Incentive Plan based on closing price on 12/12/08 of \$26.05

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Signature

Know all by these presents, that the undersigned hereby constitutes and appoints Thomas C. Morey signing singly, the undersigneds true and lawful attorney in fact to:

- (1) execute for and on behalf of the undersigned, in the undersigneds capacity as an officer and or Trustee of WRIT (the "Trust"), Forms 3, 4, and 5 in accordance with Section 16(a) of the Securities Exchange Act of 1934 and the rules thereunder;
- (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, 4 or 5, complete and execute any amendment or amendments thereto, and timely file such form with the United States Securities and Exchange Commission and any stock exchange or similar authority; and
- (3) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney in fact, may be of benefit to, in the best interest of, or legally required by, the undersigned, it being understood that the documents executed by such attorney in fact on behalf of the undersigned pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney in fact may approve in such attorney in facts discretion.

The undersigned hereby grants such attorney in fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the undersigned might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney in fact, or such attorney in facts substitute or substitutes, shall lawfully do or cause to be done by virtue of this power of attorney and the rights and powers herein granted. The undersigned acknowledges that the foregoing attorney in fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is the Trust assuming, any of the undersigneds responsibilities to comply with Section 16 of the Securities Exchange Act of 1934.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4 and 5 with respect to the undersigneds holdings of and transactions in securities issued by the Trust, unless earlier revoked by the undersigned in a signed writing delivered to the foregoing attorneys in fact.

IN WITNESS WHEREOF	, the undersigned has	caused this	Power of	Attorney	to be
executed as of thi	s11th day of	_December	,2008_	_•	
/s/Michael S. P	aukstitus				