FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)													
1. Name and Address of Reporting Person * CIVERA EDWARD S				2. Issuer Name and Ticker or Trading Symbol WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director Officer (give title below) The American Control of the Con					
(Last) (First) (Middle) 6110 EXECUTIVE BLVD., SUITE 800				3. Date of Earliest Transaction (Month/Day/Year) 12/15/2009								Trustee			
(Street) ROCKVILLE, MD 20852				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person					
(City) (State) (Zip)				Table I - Non-Derivative Securities Acqu						ired, Disposed of, or Beneficially Owned					
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)		(Instr. 8)		(4. Securities Acqui (A) or Disposed of (Instr. 3, 4 and 5)		of (D	Beneficia Reported	ant of Securities ally Owned Following d Transaction(s)		Ownership Form:	Beneficial
				(Month/Day/Year	Cod	le	V	Amount	(A) or (D)	Price		Instr. 3 and 4)		Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Common	Stock		12/15/2009		A	<u>I)</u>	,	2,061	A	\$ 0	6,839.90	019		D	
				Derivative Securit		t uired	contai the fo	ined in rm dis posed o	this fo plays a f, or Ber	rm ai curre	re not requently valid	OMB conf	ormation spond unle trol numbe	ss	1474 (9-02)
1 Title of	2	2 Transactio	`	e.g., puts, calls, w								9 Dries of	0 Number	of 10.	11 Notus
Security	Conversion or Exercise Price of Derivative Security	*****	Execution Da Year) any	te, if Transaction Code (Instr. 8)	5. Number of Derivat Securiti Acquire (A) or Dispose of (D) (Instr. 3 4, and 5	mber and I (Montrivative curities quired to or sposed (D) str. 3,		ate Exercisable Expiration Date nth/Day/Year)		An Un Sec	,	Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Ownership Form of Derivative Security: Direct (D) or Indirect	Beneficia Ownershi (Instr. 4) D) ect
				Code V	(A) (I	11.5	Date Exerci		Expiratio Date	n Tit	Amount or le Number of Shares				

Reporting Owners

P (0 N /	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
CIVERA EDWARD S 6110 EXECUTIVE BLVD. SUITE 800 ROCKVILLE, MD 20852				Trustee			

Signatures

By: Thomas C. Morey For: Edward S. Civera	12/16/2009
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Granted pursuant to the Washington Real Estate Investment Trust 2007 Omnibus Long-Term Incentive Plan based on closing price on 12/15/09 of \$26.69

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.