## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)		1						1				
	nd Address of K JOHN I	Reporting Pe M JR	rson*	2. Issuer Name a WASHINGTO INVESTMEN	N REAI	L ES	ГАТЕ	nbol		Direct	(Che		` /	
6110 EX		(First) BLVD., SI	(Middle) UITE 800	3. Date of Earliest 01/27/2009	Transactio	on (Mo	onth/Day	Year)				Trustee		
ROCKV	ILLE, MD	(Street) 20852		4. If Amendment,	Date Origi	nal Fi	led(Month/	Day/Year)		_X_ Form fil	ed by One Repo	Group Filing orting Person one Reporting		ble Line)
(City		(State)	(Zip)	Ta	able I - No	n-Der	ivative S	ecurities	Acqu	ired, Dispe	osed of, or l	Beneficially	Owned	
1.Title of S (Instr. 3)	Security		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year	Code (Instr. 8)		(A) or I	ities Acc Disposed , 4 and 5	of (D)	Beneficia	t of Securiti lly Owned F Transaction	Following	6. Ownership Form: Direct (D)	7. Nature of Indirect Beneficial Ownership
				(Monui/Day/Tear	Code	V	Amount	(A) or (D)	Price	`	iiu +)		or Indirect (I) (Instr. 4)	*
Common	Common Stock 01/27/2009		01/27/2009		G <sup>(1)</sup>		521	D	\$ 0	17,764	·		D	
Common	Stock		12/15/2009		A <sup>(2)</sup>		2,061	A	\$ 0	20,911	20,911		D	
Common Stock		12/17/2009		G(3)		425	D	\$ 0	20,486		D			
Common Stock		01/27/2009		G(1)		521	A	\$ 0	4,046		I	by Trust		
Common Stock 12/17/2009		12/17/2009		G <sup>(3)</sup>		425	A	\$ 0	4,471			I	by Trust	
Reminder:	Report on a s	separate line fo		Derivative Securit	ies Acquir	Pers cont the f	ons who	respo this for plays a	rm ard curre	e not requently valid		formation spond unle trol numbe	ess	1474 (9-02)
Security	Conversion	ersion Date ercise (Month/Day/Year) a of vative	Year) Execution Da		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	and I	ate Exerc Expiratio nth/Day/\	n Date Year)	Am Unc Sec (Ins 4)	Amount or	8. Price of Derivative Security (Instr. 5)	9. Number Derivative Securities Beneficiall Owned Following Reported Transaction (Instr. 4)	Owners Form o Derivat Security Direct ( or Indir	Beneficia Ownersh (Instr. 4)
				Code V	(A) (D)	Date Exer	cisable I	Expiratio Date	n Titl	Number of Shares				

### **Reporting Owners**

D 41 0 N /		Relations	ships	
Reporting Owner Name / Address	Director	10% Owner	Officer	Other
DERRICK JOHN M JR 6110 EXECUTIVE BLVD. SUITE 800 ROCKVILLE, MD 20852				Trustee

## **Signatures**

By: Laura M. Franklin For: John M. Derrick, Jr.	12/17/2009
**Signature of Reporting Person	Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Voluntary early filing of Bona fide gift. Gift to an irrevocable trust. I am the trustee and my son is the sole beneficiary.
- (2) Granted pursuant to the Washington Real Estate Investment Trust 2007 Omnibus Long-Term Incentive Plan based on closing price on 12/15/09 of \$26.69
- (3) Voluntary early filing of Bona fide gift. Gift to an irrevocable trust. My spouse and I are the co-trustees and our granddaughter is the sole beneficiary.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.