FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

E.V.P. Accounting

5. Relationship of Reporting Person(s) to Issuer

Director

Officer (give title below)

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

1. Name and Address of Reporting Person*

(Print or Type Responses)

FRANKLIN LAURA M

Reporting Owners

Reporting Owner Name /

Address

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

WASHINGTON REAL ESTATE INVESTMENT

2. Issuer Name and Ticker or Trading Symbol

TRUST [WRE]

Relationships

Officer

Other

10%

Owner

Director

6110 EXECUTIVE BLVD., SUITE 800				03/08/2010													
(Street) ROCKVILLE, MD 20852				4. If Amendment, Date Original Filed(Month/Day/Year)							_X_ F	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person _Form filed by More than One Reporting Person					
(City		(State)	(Zip)				Table	I - Non-	Derivat	tive Secu	rities A	cquired,	Disposed	of, or Benef	ficially Owr	ıed	
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)			3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		(A) 5. A Ow Tra	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)			6. Ownership Form:	Beneficial		
				(Month/Day/Year)		Cod	e V	Amou	(A) or (D)	Pric		or (T)		Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)		
Common Stock			03/08/2010			M		2,735	5 A	\$ 21.34	82,	713.916	7		D		
Common Stock			03/08/2010			S		6,400) D	\$ 29.27 (1)	76,	313.916	7		D		
Common Stock		03/08/2010			M		2,000) A	\$ 24.84	78,	78,313.9167		D				
1. Title of 2. 3. Transaction 3A. Deemed		(e.g., puts, calls, w 4. 5. No Transaction of Code Deri (Instr. 8) Secu Acqu (A) o Disp of (E		warrant fumber ivative urities juired or posed D) tr. 3, 4,	6. Date l Expiration	s, conve Exercisa on Date	n Date of Un ay/Year) Secur		Title and Underly curities	itle and Amount 8 nderlying D		9. Number Derivative Securities Beneficiall Owned Following Reported Transaction (Instr. 4)	Ownersl Form of Derivati Security Direct (I or Indire	Ownersh (Instr. 4)			
				Code	v	(A)		Date Exercisa		Expiration Date	n Ti	itle	Amount or Number of Shares				
Incentive Stock Option (right to buy)	\$ 21.344	03/08/2010		М			2,735	12/15/2	2002	12/15/20	010	ommor Stock	2,735	\$ 0	0	D	
Incentive Stock Option (right to buy)	\$ 24.845	03/08/2010		М			2,000	12/17/2	2003	12/17/20		ommor Stock	2,000	\$ 0	2,025	D	

FRANKLIN LAURA M			
6110 EXECUTIVE BLVD.		E.V.P. Accounting	
SUITE 800		E. V.I . Accounting	
ROCKVILLE, MD 20852			

Signatures

Laura M. Franklin	03/09/2010			
Signature of Reporting Person	Date			

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- This transaction was executed in multiple trades at prices ranging from \$29.2700 to \$29.2800. The price reported above reflects the weighted average purchase price. The reporting person (1) hereby undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares and prices at which the transaction was effected.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.