FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type	Responses)													
1. Name and Cederdahl		Reporting Person* adley		2. Issuer Name WASHINGTO INVESTMEN	ON REA	AL EST	ATE	mbol		Director	(Chec	Oth	le) 6 Owner er (specify belo	ow)
6110 EXE	CUTIVE I	(First) BOULEVARD	CITITED OOO	3. Date of Earlies 02/17/2011	st Transac	tion (Mo	nth/Day	/Year)			Managing	g Dir Prop. M	Ingmt.	
ROCKVIL	LLE, MD 2	(Street)		4. If Amendment	, Date Or	iginal File	ed(Month	/Day/Year)		Form filed by	y One Reportin	oup Filing(Check g Person e Reporting Person	**	ine)
(City)	,	(State)	(Zip)		Table I	- Non-D	erivativ	ve Securiti	es Acquire	d, Disposed	l of, or Ben	eficially Own	ed	
1.Title of Sec (Instr. 3)	curity		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, any (Month/Day/Ye	, if Code (Instr	. 8)	(A) or (Instr.	r Disposed 3, 4 and 5 (A) or unt (D)	of (D) Ov Tra (In	Amount of wned Follow ransaction(s anstr. 3 and 4	wing Report	ted (Ownership Form: Direct (D)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common S	Stock		02/17/2011		A		1,213 (1)	3 A	\$ 0 13	3,473.789	3	I	D	
Common S	Stock		02/17/2011		A		100	(2) A	\$ 0 13	3,573.789	3	I	D	
	Staals		02/17/2011		F		39 (2	D D	\$ 30.91 13	3,534.789	3	I	D	
Common S			a class of securities	beneficially own	ned direct	Pers	sons w	in this for	nd to the orm are not	t required	to respon	d unless the		1474 (9-02)
			Table II - 1	Derivative Secu	rities Acq	Pers cont form	sons w tained n displa	in this for ays a curr l of, or Ber	rm are not rently vali	t required id OMB co	to respon	d unless the		1474 (9-02)
Reminder: Re		parate line for each	Table II -	Derivative Security, puts, calls, 4. if Transaction Code ar) (Instr. 8)	rities Acc warrants	Pers cont form quired, D s, options er 6. Dat and E e (Mont	sons w tained n displa	in this for ays a current of, or Beneritible securitishes on Date	rm are not rently vali	t required id OMB co	to respon	9. Number of	f 10. Ownersl Form of Derivati Security Direct (I or Indire	11. Nat of Indir Benefic Owners (Instr. 4
Reminder: Re	2. Conversion or Exercise Price of Derivative	parate line for each	Table II - (3A. Deemed Execution Date, any	Derivative Security, puts, calls, 4. if Transaction Code ar) (Instr. 8)	rities Acquired (A) or Disposed of (D) (Instr. 3, 4)	Pers cont form quired, D, options er 6. Data and E e (Mont) 4.	sons w tained n displa disposed s, converte Exerc expiratio th/Day/	in this for ays a currill of, or Beneritible securisable on Date Year)	rm are not rently valid neficially Orrities) 7. Title and of Underly Securities (Instr. 3 an	t required id OMB co	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s	f 10. Ownersl Form of Derivati Security Direct (I or Indirects)	11. Nat of Indir Benefic Owners (Instr. 4
Reminder: Re	2. Conversion or Exercise Price of Derivative	parate line for each	Table II - (3A. Deemed Execution Date, any	Derivative Secure (e.g., puts, calls, 4. if Transaction Code arr) (Instr. 8)	rities Acc warrants 5. Number of Derivativ Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	Pers cont form [uired, D, options er 6. Data and E (Mont 6. Data Exerc D)	sons w tained n displatisposed s, converte Exerc expiration th/Day/\(^1\)	in this for ays a currill of, or Beneritible securisable on Date Year)	rm are not rently valid meficially Or rities) 7. Title and of Underly Securities (Instr. 3 and	t required id OMB coopered of Amount ving and 4) Amount or Number of Shares	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s	f 10. Ownersl Form of Derivati Security Direct (I or Indirects)	11. Nat of Indir Benefic Owners (Instr. 4

Reporting Owners

			Relationships	
Reporting Owner Name / Address	Director	10% Owner	Officer	Other
Cederdahl James Bradley 6110 EXECUTIVE BOULEVARD, SUITE 800 ROCKVILLE, MD 20852			Managing Dir Prop. Mngmt.	

Signatures

By: Thomas C. Morey For: James Bradley Cederdahl	02/22/2011	1																					1	1	l	1	l	l	l	1	1	1	l	l	l	l	l	1	l	l	L			l	1	1	1	1	l	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1]]]]]]	1]]	1	1	1	1	1	Į.	l	
**Signature of Reporting Person	Date																																																																																													

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted Share Award that vests ratably over 3 years on 1/1/12, 1/1/13 and 1/1/14.
- (2) These are additional shares issued with respect to Performance Share Units awarded pursuant to the Washington Real Estate Investment Trust 2007 Omnibus Long-Term Incentive Plan for the 2008-2010 performance period based on final results (and related withholding to cover required tax.)
- (3) Performance Stock Units were converted into Restricted Stock Units on February 17, 2011. 100% of the RSU award will vest on December 31, 2012.
- (4) Performance Stock Units were converted into Restricted Stock Units on February 17, 2011. 100% of the RSU award will vest on December 31, 2011.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.