FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| e Responses | 5) | | | | | | | | | | | | | | |
|---|---|---|--|--|---|--|---|---|--|--|--|--|--|--|--|
| 1. Name and Address of Reporting Person* REGNELL THOMAS L | | | | 2. Issuer Name and Ticker or Trading Symbol WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE] | | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title below) Other (specify below) | | | | | |
| (Last) (First) (Middle) 6110 EXECUTIVE BOULEVARD, SUITE 800 | | | | 3. Date of Earliest Transaction (Month/Day/Year) 12/13/2011 | | | | | | | Sr. | v.P Acqui | stuons | | |
| LLE, MD | (Street) 20852 | | 4. If Amer | ndment | , Date O | rigina | al File | ed(Month/ | Day/Year) |) | _X_ Form fil | ed by One Repo | orting Person | | ble Line) |
| | (State) | (Zip) | | Т | able I - | Non- | -Deriv | ative S | ecuritie | s Acqu | ired, Disp | osed of, or l | Beneficially | Owned | |
| 1.Title of Security (Instr. 3) | | 2. Transaction Date (Month/Day/Year) | any | | if Code (Instr. 8) | | (. | | | | Reported Transaction(s) | | | Ownership of Form: | 7. Nature of Indirect Beneficial Ownership |
| | | | (Wolld) De | 1y/ 1 cai | | le | V A | Amount | (A) or (D) | Price | (msu. 3 a | or Inc (I) | | or Indirect | |
| Stock | | 12/13/2011 | | | S | | 4 | 162 | | \$ 26.05 | 48,142. | 8,142.11 | | D | |
| Common Stock | | | | | | | | 1,150 | | | I | by Spouse | | | |
| eport on a s | eparate line fo | Table II - | Derivative | Securit | ties Acq | F c t | Perso contai the for d, Disp | ns who ined in rm dis | o respo this fo plays a f, or Be | orm are curre | e not requestly valid | uired to res | spond unle | ess | 1474 (9-02) |
| <u>. </u> | 3 Transaction | | | calls, w | | | | | | | | 8 Price of | 0 Number | of 10 | 11. Natu |
| Conversion or Exercise Price of Derivative Security | sion Date (Month/Day/ | e Execution Da onth/Day/Year) any | Code Year) (Instr. 8) | | Number a | | and Expiration Date (Month/Day/Year) A U Se | | Am Und Sec | ount of lerlying urities | | Derivative Securities Beneficially Owned Following Reported | Owners Form of Derivate Security Direct (or Indirect) (I) | hip of Indire Benefici Ownersh (Instr. 4) | |
| | | | | | | | | | | | Amount | | | | |
| | CUTIVE LE, MD Learning Conversion or Exercise rice of Derivative | CUTIVE BOULEV (Street) LE, MD 20852 (State) Curity Stock Stock Conversion of Exercise rice of Derivative 3. Transactic (Month/Day.) | CUTIVE BOULEVARD, SUITE (Street) LE, MD 20852 (State) (Zip) Purity 2. Transaction Date (Month/Day/Year) Stock 12/13/2011 Table II - Interest of Date (Month/Day/Year) Table II - Interest of Date (Month/Day/Year) Table II - Interest of Date (Month/Day/Year) (Month/Day/Year) A. Deemed Execution Date (Month/Day/Year) (Month/Day/Year) | CUTIVE BOULEVARD, SUITE (Street) (Street) (Street) (Street) (Street) (Street) (Street) (Street) (Street) (A. If American Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Code (Month/Day/Year) (Month/Day/Year) | CUTIVE BOULEVARD, SUITE (Street) (Street) (Street) (Street) (Street) (Street) (Strate) (Zip) (Zip) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) Table II - Derivative Securities beneficially of Execution Date (e.g., puts, calls, work of the control of Execution Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) | CUTIVE BOULEVARD, SUITE (Street) (Street) (State) (Zip) (State) (Zip) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (A) Table I - Derivative Securities Deneficially owned discovere curity (Month/Day/Year) (Month/Day/Year) | CUTIVE BOULEVARD, SUITE (Street) (Street) (Street) (State) (State) (Zip) (Zip) (Zip) (A. If Amendment, Date Origin Execution Date of Execution Date, if (Month/Day/Year) (Month/Day/Year) (Code (Instr. 8) (Code (Instr. 8) (Monterior Date (e.g., puts, calls, warrants, opt (Month/Day/Year) (Month/Day/Year) (Code (Instr. 8) (Instr. 8) | WASHINGTON REAL EST. INVESTMENT TRUST [WR 12/13/2011] (Street) | WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE] 3. Date of Earliest Transaction (Month/Day/12/13/2011 (Street) (Street) (Street) (Street) (Street) (Street) (Street) (Street) (A. If Amendment, Date Original Filed(Month/Day/12/13/2011 (Street) (A. If Amendment, Date Original Filed(Month/Day/12/13/2011 (Month/Day/Year) (Month/Day/Year) | CUTIVE BOULEVARD, SUITE (Street) (A) or Disposed (Instr. 8) (A) or (D) (Code V Amount (D) (Stock 12/13/2011 S 462 D (Stock 12/13/2011 S 462 D (Code V Amount (D) (Code V Amount (D | WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE] 3. Date of Earliest Transaction (Month/Day/Year) 12/13/2011 (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) LE, MD 20852 (State) 2. Transaction Date (Month/Day/Year) 2. Transaction Execution Date, if (Month/Day/Year) (Month/Day/Year) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) 2. Transaction Execution Date, if (Month/Day/Year) 2. Transaction Date (Instr. 8) (Month/Day/Year) 2. Transaction Execution Date, if (Instr. 8) (A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or Disposed of, or Beneficial Perivative Securities Acquired Execution Date, if (Month/Day/Year) (Month/Day/Year) 3. Transaction Exercise (Month/Day/Year) (Month/Day/Year) 3. Transaction Exercise (Month/Day/Year) (Month/Day/Year) 3. Transaction Exercise (Month/Day/Year) (Month/Day/Year) 3. Transaction Date (Exercise Code of Date Exercisable any (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Instr. 8) (Instr. 8) (Instr. 3, 4) (Instr. 3, 4) | WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE] CUTIVE BOULEVARD, SUITE 4. If Amendment, Date Original Filed(Month/Day/Year) 12/13/2011 4. If Amendment, Date Original Filed(Month/Day/Year) LE, MD 20852 Cistate) Cistate Code (Instr. 8) Code Cistate Cistate Cistate Code Cistate Cistate Code Cistate Cistate Code Cistate Cistate Cistate Code Cistate Cistate Cistate Code Cistate Cistate Code Cistate Cistate Cistate Code Cistate Cistate Cistate Code Cistate Cistate Cistate Cistate Cistate Code Cistate Cistate Code Cistate Cistate Cistate Code Cistate Cistate Cistate Cistate Cistate Cistate Cistate Cistate Cistate C | WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE] St. CUTIVE BOULEVARD, SUITE (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) LE, MD 20852 (State) (State) (State) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Instruction and Amount of Code (Instr. 3) and 4) (Instr. 3, 4 and 5) (Instr. 3, 4 and 5) (Instr. 3 and 4) Stock 12/13/2011 S A Transaction a separate line for each class of securities beneficially owned directly or indirectly. Table II - Derivative Securities Acquired, Disposed of, or Instr. 3 and 4) Table II - Derivative Securities Acquired, Disposed of, or Instr. 3 and 4) Table II - Derivative Securities Acquired, Disposed of, Or Instr. 3 and 4) Table II - Derivative Securities Acquired, Disposed of, Or Instr. 3 and 4) Table II - Derivative Securities Acquired, Disposed of, Or Instr. 3 and 4) Table II - Derivative Securities Acquired, Disposed of, Or Instr. 3 and 4) Table II - Derivative Securities Acquired, Disposed of, Or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) Table II - Derivative Securities Acquired, Disposed of, Or Beneficially Owned (and between the form displays a currently valid OMB continued in this form are not required to return form and the province of the collection of interestive and the province and the province of the collection of the collection of interestive and the province and the provi | A SHINGTON REAL ESTATE INVESTMENT TRUST [WRE] (First) (Middle) (CUTIVE BOULEVARD, SUITE 12/13/2011 (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) 12/13/2011 (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) (State) (Zip) Table I - Non-Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (Instr. 3 and 4) (Code V Amount (D) Price (Instr. 3) (Instr. 3) and 4) (Code V Amount of Securities Delivery Code (Month/Day/Year) (Instr. 3) and 4) (Code V Amount of Securities Delivery Code (Month/Day/Year) (Instr. 3) and 4) (Code V Amount of Securities Delivery Code (Instr. 3) (Instr. 4) (In | WASHINGTON REAL ESTATE NVESTMENT TRUST [WRE] 10% Owner 10% |

Reporting Owners

| | Relationships | | | | | |
|--|---------------|--------------|----------------------|-------|--|--|
| Reporting Owner Name / Address | | 10% Owner | Officer | Other | | |
| REGNELL THOMAS L 6110 EXECUTIVE BOULEVARD, SUITE 800 ROCKVILLE, MD 20852 | | | Sr. V.P Acquisitions | | | |

Signatures

| By: Thomas C. Morey For: Thomas L. Regnell | 12/14/2011 |
|--|------------|
| **Signature of Reporting Person | Date |

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.