FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

pe Response	s)													
Name and Address of Reporting Person * Cederdahl James Bradley				2. Issuer Name and Ticker or Trading Symbol WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director X Officer (give title below) Other (specify below)				
(Last) (First) (Middle) 6110 EXECUTIVE BOULEVARD, SUITE 800			3. Date of Earliest Transaction (Month/Day/Year) 07/31/2013							Sr. V.P.	- Property C	perations		
(Street) ROCKVILLE, MD 20852				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person				
	(State)	(Zip)		Tal	ble I - N	on-De	rivative S	Securitie	es Acqu	ired, Disp	osed of, or l	Beneficially (Owned	
Security		2. Transaction Date (Month/Day/Year)	any	te, if	Code		(A) or D (Instr. 3,	oisposed , 4 and 5 (A) or	of (D)	Beneficia Reported	eficially Owned Following orted Transaction(s) r. 3 and 4) Ownersh Form: Direct (I or Indire (I)		Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
n Stock		07/31/2013			S		950.00	D	\$ 27.70	16,443	5025		D	
Topon on a	oparate inte	Table II -	Derivative Sec	curitie	es Acqui	Person the	sons wh tained ir form dis	o responding this formal of the forethe of the formal of the formal of the formal of the formal of t	orm are a curre eneficial	e not requ ntly valid	ired to res	spond unle	ss	1474 (9-02)
	Date	on 3A. Deemed Execution Da any	4. Transact Code	5 tion S S A C C C C C C C C C	Number of Derivative Securities Acquired A) or Disposed of (D) Instr. 3,	6. I and (Mo	Date Exerc Expirationth/Day/	cisable on Date Year)	7. T Amo Und Secu (Ins: 4)	ount of derlying urities tr. 3 and	8. Price of Derivative Security (Instr. 5)	Derivative Securities Beneficially Owned Following Reported	Owners Form of Derivati Security Direct (or Indirect)	Beneficia Ownershi (Instr. 4)
	nd Address of hil James B ECUTIVE ILLE, MD Conversion or Exercise Price of Derivative	(Street) ILLE, MD 20852 (State) Security 2. Conversion or Exercise Price of Derivative 1. (First) (Street) (Street) (Street) (Street) (Street) (Street) (Street) (Street) (Street) (Street) (Authorized the properties of the price of Date (Month/Day)	ind Address of Reporting Person hal James Bradley (First) (Middle) (ECUTIVE BOULEVARD, SUITE (Street) ILLE, MD 20852 (State) (Zip) Security 2. Transaction Date (Month/Day/Year) A Stock 07/31/2013 Report on a separate line for each class of security Table II - Conversion or Exercise Price of Derivative (Month/Day/Year) A Deemed Execution Data any (Month/Day/Pear)	2. Issuer Na WASHING INVESTM (Street) (Street) 4. If Amendm ILLE, MD 20852 (State) 2. Transaction Date (Month/Day/Year) Security 2. Transaction Date (Month/Day/Year) Table II - Derivative Securities beneficial of Execution Date (E.g., puts, call of Exercise Price of Derivative (Month/Day/Year) 2. Transaction Date (E.g., puts, call of Execution Date (Month/Day/Year) (Instr. 8)	and Address of Reporting Person hal James Bradley 2. Issuer Name and WASHINGTO INVESTMENT WASHINGTO INVESTMENT 3. Date of Earliest 07/31/2013 (Street) 4. If Amendment, Investing Execution Date (Month/Day/Year) Security 2. Transaction Date (Month/Day/Year) Date (Month/Day/Year) A Stock 1. Table II - Derivative Securities beneficially own of Execution Date, if (Month/Day/Year) Table II - Derivative Securities beneficially own of Execution Date, if (Month/Day/Year) Table II - Derivative Securities beneficially own of Execution Date, if (Month/Day/Year) A Stock Table II - Derivative Securities beneficially own of Execution Date, if (Month/Day/Year) A Stock Table II - Derivative Securities beneficially own of Execution Date, if (Month/Day/Year) A Stock Table II - Derivative Securities beneficially own of Execution Date, if (Month/Day/Year) Conversion of Execution Date, if (Month/Day/Year) Code (Instr. 8)	and Address of Reporting Person* hl James Bradley 2. Issuer Name and Ticker WASHINGTON REA INVESTMENT TRUS 3. Date of Earliest Transactio 07/31/2013 (Street) 4. If Amendment, Date Original Person* (Street) 2. Transaction Date (Month/Day/Year) 3. Date of Earliest Transaction Date (Month/Day/Year) 4. If Amendment, Date Original Person* (Month/Day/Year) 3. Transaction Date (Instr. 8) Code (Instr. 8) Table II - Derivative Securities Acquing (e.g., puts, calls, warrants, original Person of Date (Month/Day/Year) 2. Transaction Date (Instr. 8) Table II - Derivative Securities Acquing (e.g., puts, calls, warrants, original Person of Date (Month/Day/Year) (Month/Day/Year) 2. Transaction Date (e.g., puts, calls, warrants, original Person of Date (Month/Day/Year) (Month/Day/Year) 2. Transaction Date (e.g., puts, calls, warrants, original Person original Person of Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year)	2. Issuer Name and Ticker or Tr WASHINGTON REAL ES INVESTMENT TRUST [WASHINGTON REAL	And Address of Reporting Person* In James Bradley 2. Issuer Name and Ticker or Trading Syst WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE] 3. Date of Earliest Transaction (Month/Day 07/31/2013 4. If Amendment, Date Original Filed(Month 1/2013) (Street) 4. If Amendment, Date Original Filed(Month 1/2013) (Street) 5. Code V Amount 1/2013 V Amoun	2. Issuer Name and Ticker or Trading Symbol WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE] 3. Date of Earliest Transaction (Month/Day/Year) (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) (State) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) 3. Date of Earliest Transaction (Month/Day/Year) 4. If Amendment, Date Original Filed(Month/Day/Year) 4. Security 2. Transaction Date (Month/Day/Year) 3. Transaction Code (A) or Disposed (Instr. 8) (A) or Code V Amount (D) A Stock 4. Securities beneficially owned directly or indirectly. Persons who respective for the form displays a security of Date (A) or Disposed of (D) (Instr. 8) Table II - Derivative Securities Acquired, Disposed of, or Be (Exp. puts, calls, warrants, options, convertible see (Instr. 8) Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 8) Table II - Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	2. Issuer Name and Ticker or Trading Symbol WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE] 3. Date of Earliest Transaction (Month/Day/Year) (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) (State) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 3. Transaction Date (A) or Disposed of, or Beneficial (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 3. Transaction Date (Month/Day/Year) 4. If Amendment, Date Original Filed(Month/Day/Year) 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) 4. Transaction (Month/Day/Year) 4. Transaction Date (Month/Day/Year) 4. Transaction Date (Month/Day/Year) 5. Date Exercisable and Expiration Date (Month/Day/Year) 6. Date Exercisable and Expiration Date (Month/Day/Year) 8. Date (Privative Securities Acquired, Date (Month/Day/Year) 9. Date (Month/Day/Year) 9. Date Exercisable (Month/	2. Issuer Name and Ticker or Trading Symbol WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE] 3. Date of Earliest Transaction (Month/Day/Year) (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) (State) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of (D) any (Month/Day/Year) (Instr. 8) (Instr. 3, 4 and 5) (Instr. 3, 4 and 5) Persons who respond to the collected of Code (Conversion of Exercise Price of Derivative Securities Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (C.g., puts, calls, warrants, options, convertible security) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (C.g., puts, calls, warrants, options, convertible security) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (C.g., puts, calls, warrants, options, convertible security) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (C.g., puts, calls, warrants, options, convertible security) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (C.g., puts, calls, warrants, options, convertible security) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (C.g., puts, calls, warrants, options, convertible securities) Code (Month/Day/Year) Amount of Disposed (Month/Day/Year) Date Execution Date, if Amount of Code (Instr. 8) Date Exercisable and Expiration Date (Month/Day/Year) Amount of Disposed of (D) (Instr. 3, 4, and 5) Amount of Date (Month/Day/Year) Date (Month/Day/Year) Amount of Date (Month/Day/Year) Amount of Date (Month/Day/Year) Amount of Date (Month/Day/Year) Date (Month/Day/Year) Amount of Date (Month/Day/Year) Amount of Date (Mo	Adddress of Reporting Person*— hl James Bradley 2. Issuer Name and Ticker or Trading Symbol WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE] 3. Date of Earliest Transaction (Month/Day/Year) 07/31/2013 4. If Amendment, Date Original Filed(Month/Day/Year) 07/31/2013 5. Relationship of Ref. (Ch. **X Office (give tilds be)* Sr. V.P. 6. Individual or Joint/ X. Form filed by More than 1. If Amendment, Date Original Filed(Month/Day/Year) (State) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) 3. Transaction (Code (Instr. 8) (Instr. 3, 4 and 5) 4. Securities Acquired, Disposed of (D) (Instr. 3) (A) or (Instr. 3 and 4) 5. Amount of Securities (Instr. 3 and 4) 7. Title and Expectation Date (C.R. Amount of Ref. (Ch. Director X. Office (give tilds be) Sr. V.P. 6. Individual or Joint/ X. Form filed by More than 1. S. Amount of Securities (A) (Instr. 3, 4 and 5) 8. Price of (Instr. 8) 1. Securities Acquired, Disposed of (D) (Instr. 8) 8. Price of (Month/Day/Year) 1. Table II - Derivative Securities Acquired, Disposed of, or II Persons who respond to the collection of intentional in this form are not required to rectangle and the form displays a currently valid OMB control of (Instr. 8) 2. Transaction (Month/Day/Year) 3. Transaction (Instr. 3) 4. S. Amount of Securities denerically owned directly or indirectly. Persons who respond to the collection of intentional and Experiation Date (e.g., puts, calls, warrants, options, convertible securities) 2. Transaction (Month/Day/Year) (Month/Day/Year) 2. Transaction (Month/Day/Year) (Month/Day/Year) Amount of Code (Instr. 8) Price of (Dy (Instr. 3) (Month/Day/Year) (Month/Day/Year) Amount of Code (Instr. 8) Amount	Address of Reporting Person* hl James Bradley 2. Issuer Name and Ticker or Trading Symbol WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE] 3. Date of Farliest Transaction (Month/Day/Year) 07/31/2013 4. If Amendment, Date Original Filed(Month/Day/Year) 07/31/2013 4. If Amendment, Date Original Filed(Month/Day/Year) 07/31/2013 5. Relationship of Reporting Person* Check all application of Service (give title below) Sr. V.P Property O 6. Individual or Joint/Group Filing: X. Form filed by Goe Reporting Person Form filed by Goe Reporting Person Form filed by More than One Reporting I Code (Month/Day/Year) 1. Transaction Date (Month/Day/Year) 1. Stock 1. Transaction Date (Month/Day/Year) 1. Stock 1. Stock 1. Transaction Date (Month/Day/Year) 1. Stock 1. Stock 1. Transaction Date (Month/Day/Year) 1. Table II - Derivative Securities Acquired (Month/Day/Year) 1. Table II - Derivative Securities Acquired (Month/Day/Year) 1. Transaction Date (Month/Day/Year) 1. Transaction Date (Month/Day/Year) 1. Transaction Of Date (Month/Day/Year) 2. Date Exercisele (Month/Day/Year) 3. Transaction Of Date (Month/Day/Year) 4. S. Date Exercisele (Month/Day/Year) 4. Date Exercisele (Month/Day/Year)	2. Issuer Name and Ticker or Trading Symbol WASHINGTON REAL ESTATE Security Sirvery A. If Amendment, Date Original Filed(Month/Day/Year) O/31/2013 S. Relationship of Reporting Person(s) to Issue O/31/2013 S. Relationship of Reporting Person(s) of Issue O/31/2013 S. Relationship of Reporting Person(s) O/31/2013 S. Relationship of Reporting Person O/31/2013 S. Relationship of Reporting Per

Reporting Owners

Ì		Relationships						
	Reporting Owner Name / Address		10% Owner	Officer	Other			
	Cederdahl James Bradley 6110 EXECUTIVE BOULEVARD, SUITE 800 ROCKVILLE, MD 20852			Sr. V.P Property Operations				

Signatures

By: Thomas C. Morey For: James Bradley Cederdahl	08/01/2013
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.