## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)																		
1. Name and Address of Reporting Person * Cederdahl James Bradley					WA	2. Issuer Name <b>and</b> Ticker or Trading Symbol WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director X Officer (give title below) Other (specify below)  Sr. V.P Property Operations						
(Last) (First) (Middle) 6110 EXECUTIVE BOULEVARD, SUITE 800						3. Date of Earliest Transaction (Month/Day/Year) 02/18/2014									Sr. V.P.	- Property	Opera	tions		
ROCKVILLE, MD 20852					4. If	4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line)  Form filed by One Reporting Person  Form filed by More than One Reporting Person							
(City) (State) (Zip)					Table I - Non-Derivative Securities Acqui							ired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)			Date (Month/Day/Year)		ZA. Deemed Execution Date, if any (Month/Day/Year)		if	Code (Instr. 8)		ion	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)			Ownership of Form: Be		eneficial	
		ar)					Coo	de	V	Amoun	ıt	(A) or (D)	Price	(Instr. 3 a	Instr. 3 and 4)		or Ir	· /	wnership nstr. 4)	
Common Stock		02/18	3/2014				A		7,705.00 A		A S	\$ 0	21,314.	.8213		D				
Common Stock		02/18	3/2014				A			3,205.0 (2)	00	A S	\$ 0	24,519.	519.8213		D			
Common Stock		02/18	/2014				F			1,355.0	00	. , .	\$ 23.36	23,164.8213			D			
Reminder:	Report on a s	separate line	for each	class of secu	rities b	oeneficiall <sub>:</sub>	y ow	vned o		Per con	sons whatained i	no r n tł	his for	m are	not requ	ction of inf uired to res	spond unle		SEC 14	74 (9-02)
				Table II -											y Owned					
			ay/Year) 3A. Deemed Execution Da		ate, if	4. Transaction Code Year)		5.		6. I and	ons, convertible secur i. Date Exercisable and Expiration Date Month/Day/Year)		7. Ti Amo Undo Secu	tle and ount of erlying rities r. 3 and	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	y I I Conn(s)	Dwnership Dwnership Form of Derivative Security: Direct (D) or Indirect I) Instr. 4)	(Instr. 4)	
						Code	V	(A)	(D)	Dat Exe	te ercisable		piratior te	1 Title	Amount or Number of Shares					

### **Reporting Owners**

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
Cederdahl James Bradley 6110 EXECUTIVE BOULEVARD, SUITE 800 ROCKVILLE, MD 20852			Sr. V.P Property Operations					

#### **Signatures**

By: Thomas C. Morey For: James Bradley Cederdahl	02/20/2014	
**Signature of Reporting Person	Date	

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted Share Award that is 50% vested immediately and remaining 50% vests on 12/31/14.
- (2) Restricted Share Award that vests ratably over 3 years on 12/31/14, 12/31/15 and 12/31/16.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.