## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

		s)													
1. Name and Address of Reporting Person* Winns Anthony L.			WASHI	2. Issuer Name <b>and</b> Ticker or Trading Symbol WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE]						_X_ Dire	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  _X_ Director 10% Owner Officer (give title below) Other (specify below)				
6110 EX 800		(First)  BOULEV	(Middle) (ARD, SUITE	3. Date of 05/14/20		t Transa	ction (N	Month/Day	y/Year)						
ROCKV	ILLE, MD	(Street) 20852		4. If Amer	ndment,	Date O	riginal	Filed(Mont	h/Day/Year)		_X_ Form f	lual or Joint/ iled by One Repo led by More than	orting Person	•	ble Line)
(City) (State) (Zip)				Table I - Non-Derivative Securities Acqu						quired, Disp	nired, Disposed of, or Beneficially Owned				
(Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)		f Code (Instr. 8)		(A) or Disposed of (Instr. 3, 4 and 5)  Amount (D)  Amount (D)		of (D	D) Benefic Reporte	ount of Securities cially Owned Following ed Transaction(s) 3 and 4)			7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common	Stock		05/14/2015			A <sup>(1</sup>		1,977.		+	0 9,887.	4686		D	
Reminder:	Report on a s	separate line f	for each class of secu	urities benefi	cially o	wned di	Pe	sons wh	o respo		to the colle				1474 (9-02)
Reminder:	Report on a s	separate line f		Derivative	Securit	ies Acq	Per cou the	rsons whatained in form dis	no respo n this fo splays a of, or Be	rm a cur nefic	are not req rrently valid	uired to res d OMB con	spond unle	ss	1474 (9-02)
1. Title of	•	3. Transaction	Table II - on 3A. Deemed Execution D	Derivative (e.g., puts, of ate, if Trans. Code	Securities section (control of the section (control of the section (control of the section of the section (control of the section of the section of the section of the security (control of the section o	ies Acq arrants 5. Numbe of Derivat Securit Acquir (A) or Dispose of (D) (Instr. 3 4, and 5	Pei con the control of the control o	rsons whatained in form distributed in form distributed in form distributed in formation in form	no respo n this fo splays a of, or Ber tible secu cisable on Date	rm a curnefic	are not required to the control of t	8. Price of Derivative Security (Instr. 5)	spond unle trol numbe	of 10. Owners Form of Derivat Security Direct ( or Indir	11. Natur of Indire Beneficia Ownersh (Instr. 4)

### **Reporting Owners**

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Winns Anthony L. 6110 EXECUTIVE BOULEVARD, SUITE 800 ROCKVILLE, MD 20852	X					

## **Signatures**

By: Thomas C. Morey For: Anthony L. Winns	05/18/2015
**Signature of Reporting Person	Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These are Restricted Share Units granted pursuant to the Washington Real Estate Investment Trust Deferred Compensation Plan for Directors the number of shares awarded is based on the closing price on 5/14/15 of \$25.28. The units settle only in stock.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Know all by these presents, that the undersigned hereby constitutes and appoints each of Stephen E. Riffee and W. Drew Hammond, signing singly, the undersigneds true and lawful attorney in fact to:

- (1) execute for and on behalf of the undersigned, in the undersigneds capacity as an officer and or Trustee of Washington REIT (the "Trust"), Forms 3, 4 and 5 in accordance with Section 16(a) of the Securities Exchange Act of 1934 and the rules thereunder;
- (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, 4 or 5, complete and execute any amendment or amendments thereto, and timely file such form with the United States Securities and Exchange Commission and any stock exchange or similar authority; and
- (3) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney in fact, may be of benefit to,in the best interest of, or legally required by, the undersigned, it being understood that the documents executed by such attorney in fact on behalf of the undersigned pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney in fact may approve in such attorney in facts discretion.

The undersigned hereby grants to each such attorney in fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the undersigned might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney in fact, or such attorney in facts substitute or substitutes, shall lawfully do or cause to be done by virtue of this power of attorney and the rights and powers herein granted. The undersigned acknowledges that the foregoing attorneys in fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is the Trust assuming, any of the undersigneds responsibilities to comply with Section 16 of the Securities Exchange Act of 1934.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4 and 5 with respect to the undersigneds holdings of and transactions in securities issued by the Trust, unless earlier revoked by the undersigned in a signed writing delivered to the foregoing attorneys in fact.

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 14th day of May, 2015.

\_\_\_/s/ANTHONY L. WINNS Signature