# FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * BYRNES WILLIAM G				2. Issuer Name and Ticker or Trading Symbol WASHINGTON REAL ESTATE							-	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  _X_ Director						
(Last) (First) (Middle) 1775 EYE STREET, SUITE 1000				3. Da	INVESTMENT TRUST [WRE]  3. Date of Earliest Transaction (Month/Day/Year) 09/30/2016							-	Office	r (give title belo		Other (specia	y ociov	v)
(Street) WASHINGTON, DC 20006				4. If Amendment, Date Original Filed(Month/Day/Year)								6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person						
(City		(State)	(Zip)	Table I - N				on-Derivative Securities Acqu				Acqui	ired, Disposed of, or Beneficially Owned					
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)		(Instr. 8)		(A) or Disposed of (Instr. 3, 4 and 5)  (A) or		d of 5)	f (D) Beneficia		nt of Securities Illy Owned Following Transaction(s) and 4)		6. Ownersh Form: Direct (D or Indirect (I) (Instr. 4)	ip of Be Ov	Nature Indirect eneficial wnership astr. 4)		
Common	1 Stock		09/30/2016				A	v	281.1 (1)	_ ( /			46,984.6	5033		D		
	report on a c	reparate line re		Deriva	ative Securit	ies A	cquire	Pers cont the f	ons what in the constant of th	no resp n this f splays of, or B	orm a cu	n are urren ficiall	not requally valid	ction of inf lired to res OMB conf	spond unle	ss	C 147	74 (9-02)
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/	n 3A. Deemed Execution Da	ite, if	Code (Instr. 8)	5. Num of	ber vative rities per posed ) 1.3,	6. Date	ate Exer Expirati nth/Day	cisable on Date		7. Tit Amo Unde Secu: (Instr 4)	Amount or Number of Shares		9. Number Derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owne Form Deriv Secur Direc or Inc	of ative ity:	11. Natur of Indirec Beneficia Ownersh (Instr. 4)

## **Reporting Owners**

D ( O N (	Relationships						
Reporting Owner Name / Address	Director Owner		Officer	Other			
BYRNES WILLIAM G 1775 EYE STREET SUITE 1000 WASHINGTON, DC 20006	X						

### **Signatures**

By: W. Drew Hammond For: William G. Byrnes	10/04/2016
**Signature of Reporting Person	Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These are Restricted Share Units granted pursuant to the Washington Real Estate Investment Trust Deferred Compensation plan for Directors the number of shares awarded is based on the closing price on 9/30/2016 of \$31.12. The units settle only in stock.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.