## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)		1												
1. Name and Address of Reporting Person *- Goitia Ellen M.				2. Issuer Name and Ticker or Trading Symbol WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  _X_ Director 10% Owner Officer (give title below) Other (specify below)						
(Last) (First) (Middle) 1775 EYE STREET, SUITE 1000				3. Date of Earliest Transaction (Month/Day/Year) 12/14/2018												
(Street) WASHINGTON, DC 20006				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line)  X_Form filed by One Reporting Person  Form filed by More than One Reporting Person						
(City		(State)	(Zip)		Table I - Non-Derivative Securities Acquired, l					ired, Disp	d, Disposed of, or Beneficially Owned					
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)		if Coo	(Instr. 8)		A. Securities Acquir (A) or Disposed of (D) (Instr. 3, 4 and 5)		of	Beneficia	nt of Securities illy Owned Following Transaction(s) and 4)		Ownership Form: Direct (D)	Beneficial Ownership	
						C	Code	V	Amour	(A) or (D)	Price				or Indirect (Instr. 4) (I) (Instr. 4)	
Common	Stock		12/14/2018				A		1,940 (1)	A	\$ 0	5,256			D	
			Table II - I	Derivative			cquire	conta the fo	ained in orm dis sposed o	n this for splays a of, or Ben	rm are curre reficia	e not requently valid	OMB con	formation spond unle trol numbe	ss	1474 (9-02)
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/	3A. Deemed Execution Date	te, if 4. Trai	nsaction	5. Num of	ber vative rities pired or osed o) r. 3,	6. Da and E (Mon	ate Exerc Expirationth/Day/	cisable on Date	7. T Am Und Sec (Ins 4)	Amount or Number of Shares		9. Number of Derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownersh Form of Derivati Security Direct (I or Indire	Ownersh (Instr. 4)

### **Reporting Owners**

D ( O N (	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Goitia Ellen M. 1775 EYE STREET SUITE 1000 WASHINGTON, DC 20006	X					

#### **Signatures**

By: W. Drew Hammond For: Ellen M. Goitia	12/17/2018
**Signature of Reporting Person	Date

#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These are Restricted Stock Awards granted pursuant to the Washington Real Estate Investment Trust 2016 Omnibus Long-Term Incentive Plan based on closing price on 12/14/18 of \$25.77.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.