## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

pe Response	s)														
1. Name and Address of Reporting Person* NASON CHARLES T				2. Issuer Name and Ticker or Trading Symbol WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  _X_ Director 10% Owner Officer (give title below) Other (specify below)				
(Last) (First) (Middle) 1775 EYE STREET, SUITE 1000				3. Date of Earliest Transaction (Month/Day/Year) 12/14/2018											
ICTON F	(Street)		4. If A	mendment,	, Date	Origin	nal Fil	led(Mont	h/Day/Year)		_X_ Form fil	ed by One Repo	orting Person	• •	ole Line)
)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired. Disposed of, or Beneficially Owned												
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year	2A. Deemed Execution Date, any		3. Transac Code (Instr. 8)		(A) or Disposed o (D) (Instr. 3, 4 and 5)		uired of	5. Amoun Beneficial Reported	at of Securities lly Owned Following Transaction(s)		6. Ownership Form: Direct (D) or Indirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
					С	ode	V	Amour		Price					
Stock		12/14/2018				A		1,940 (1)	A	\$ 0	62,741.6527			D	
		Table II -				quire	the fo	orm dis	splays a o	curre eficia	ently valid	OMB con			
2. Conversion or Exercise Price of Derivative Security	Date	Year) Execution D	ate, if	I. Fransaction Code Instr. 8)	5. Numl of Deriv Secur Acqu (A) o Dispo of (D (Instr	per rative rities ired rosed ) . 3,	6. Da	ate Exer Expirati	cisable on Date	7. T Am Und Sec	Title and sount of derlying urities		Derivative Securities Beneficially Owned Following Reported	Ownersl Form of Derivati Security Direct (I or Indirects)	Beneficia Ownersh : (Instr. 4)
	d Address of CHARLE  E STREET  IGTON, E  curity  Stock  Report on a s  Conversion or Exercise Price of Derivative	CHARLES T  (First) E STREET, SUITE 10 (Street)  GGTON, DC 20006 (State)  ecurity  Stock  Report on a separate line for Exercise Price of Derivative	d Address of Reporting Person CHARLES T  (First) (Middle)  E STREET, SUITE 1000  (Street)  GGTON, DC 20006  (State) (Zip)  ecurity  2. Transaction Date (Month/Day/Year)  Stock  12/14/2018  Report on a separate line for each class of security  Table II -  2.  Conversion or Exercise Price of Derivative  Price of Derivative  3. Transaction Date (Month/Day/Year)  (Month/Day/Year)  3. Deemed Execution Date (Month/Day/Year)  (Month/Day/Year)	d Address of Reporting Person 2. Is CHARLES T  WAS INVI  (First) (Middle) 3. Dat 12/14  (Street) 4. If A  GGTON, DC 20006  (State) (Zip)  ecurity 2. Transaction Date (Month/Day/Year) (Month/Day/Year)  Stock 12/14/2018  Table II - Derivar (e.g., pt 2. 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Date of Earliest Trans 12/14/2018  4. If Amendment, Date  (Street)  Conversion C	2. Issuer Name and Ticker of WASHINGTON REAL INVESTMENT TRUST  (First) (Middle) 3. Date of Earliest Transaction 12/14/2018  (Street) 4. If Amendment, Date Origin (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 3. Transaction Date (Instr. 8)  Code  Table II - Derivative Securities Acquire (e.g., puts, calls, warrants, op)  Table II - Derivative Securities Acquire (e.g., puts, calls, warrants, op)  A. Deemed Execution Date origin any (Month/Day/Year) 4. Transaction Code (Instr. 8)  Table II - Derivative Securities Acquire (e.g., puts, calls, warrants, op)  Execution Date origin any (Month/Day/Year) 3. Transaction Code (Instr. 8)	Charles of Reporting Person	2. Issuer Name and Ticker or Trading Sy WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE]  (Street) 3. Date of Earliest Transaction (Month/Day 12/14/2018  (Street) 4. If Amendment, Date Original Filed(Month 12/14/2018  (State) (Zip) Table I - Non-Derivative ecurity  (State) (Zip) Table I - Non-Derivative Execution Date (Month/Day/Year)  (Month/Day/Year) Code (Instr. 8) (Instr. 8)  (Instr. 8) Persons with Conversion or Exercise Price of Derivative Securities  (Month/Day/Year) A. Deemed Execution Date (e.g., puts, calls, warrants, options, conversion or Exercise Price of Derivative Securities  (Month/Day/Year) A. Deemed Execution Date (a.g., puts, calls, warrants, options, conversion or Exercise Price of Derivative Securities  (Month/Day/Year) A. Deemed (a.g., puts, calls, warrants, options, conversion or Exercise (Month/Day/Year) (Instr. 8)  (Month/Day/Year) A. Deemed (a.g., puts, calls, warrants, options, conversion or Exercise (Month/Day/Year) (Instr. 8)  (Month/Day/Year) Derivative Securities Acquired (A) or Disposed (A) or Disposed of (D) (Instr. 3)	2. Issuer Name and Ticker or Trading Symbol WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE]  3. 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Issuer Name and Ticker or Trading Symbol WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE]  5. Relationship of Reporting Person (Check all applic X_Director Officer (give title below)  5. Relationship of Reporting Person (Check all applic X_Director Officer (give title below)  6. Individual or Joint/Group Filing X_Form filed by More than One Reporting I Stock  6. Individual or Joint/Group Filing X_Form filed by More than One Reporting I Stock  7. Transaction Date (Month/Day/Year) (Month/Day/Year)  8. Transaction Date (Month/Day/Year)  8. A 1,940 D Price  8. A 1,940 D Price  8. A 1,940 D Price  9. Persons who respond to the collection of information contained in this form are not required to respond unlet the form displays a currently valid OMB control number  Table II - Derivative Securities (Month/Day/Year) (Month/D	2. Issuer Name and Ticker or Trading Symbol WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE]  3. Date of Earliest Transaction (Month/Day/Year) 12/14/2018  4. If Amendment, Date Original Filed(Month/Day/Year) 2. Transaction Date (Month/Day/Year) (M

### **Reporting Owners**

P ( 0 N /	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
NASON CHARLES T 1775 EYE STREET SUITE 1000 WASHINGTON, DC 20006	X					

## **Signatures**

By: W. Drew Hammond For: Charles T. Nason	12/17/2018
**Signature of Reporting Person	Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These are Restricted Stock Awards granted pursuant to the Washington Real Estate Investment Trust 2016 Omnibus Long-Term Incentive Plan based on closing price on 12/14/18 of \$25.77.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.