FORM	4
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Ch	eck this box if no
lon	ger subject to
Sec	ction 16. Form 4 or
For	m 5 obligations
ma	y continue. See
Ins	truction 1(b).

(Print or Type Responses)

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response... 0.5

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)		1								
1. Name and Address of Reporting Per RIFFEE STEPHEN EDWARD	2. Issuer Name ar WASHINGTOI INVESTMENT	N REAL	EST	FATE	ool	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director X_Officer (give title below) E.V.P. & CFO				
(Last) (First) 1775 EYE STREET, SUITE 10	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 02/14/2019						E.V.F. & CI	<u>r0</u>	
(Street) WASHINGTON, DC 20006	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City) (State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1. Title of Security     2. Transaction       Date     (Month/Day/Year)		Execution Date, if	3. Transaction       4. Securities Acquir         Code       (A) or Disposed of         (Instr. 8)       (Instr. 3, 4 and 5)				of (D)	Beneficially Owned Following Reported Transaction(s)Ownership Form:of Ind Beneficially(Instr. 3 and 4)Direct (D)Owner		
			Code	v	Amount	(A) or (D)	Price		or Indirect (I) (Instr. 4)	(Instr. 4)
Common Stock	02/14/2019		А		20,026 (1)	А	\$ 0	68,170	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information SEC 1474 (9-02) contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

( <i>e.g.</i> , puts, calls, warrants, options, convertible securities)															
1. Title of	2.	3. Transaction	3A. Deemed	4.		5.		6. Date Exer	cisable	7. Tit	le and	8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transact	ion	Numl	ber	and Expirati	on Date	Amo	unt of	Derivative	Derivative	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)	any	Code		of		(Month/Day	/Year)	Unde	rlying	Security	Securities	Form of	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)		Deriv	ative			Secur	rities	(Instr. 5)	Beneficially	Derivative	Ownership
	Derivative					Secur	ities			(Instr	. 3 and		Owned	Security:	(Instr. 4)
	Security					Acqu	ired			4)			Following	Direct (D)	
						(A) o	r						Reported	or Indirect	
						Dispo	osed						Transaction(s)	(I)	
						of (D	)						(Instr. 4)	(Instr. 4)	
						(Instr	. 3,								
						4, and	15)								
											Amount				
								Dete	E		or				
								Date Exercisable	Expiration Date	Title	Number				
								Exercisable	Date		of				
				Code	V	(A)	(D)				Shares				

# **Reporting Owners**

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
RIFFEE STEPHEN EDWARD 1775 EYE STREET SUITE 1000 WASHINGTON, DC 20006			E.V.P. & CFO					

### **Signatures**

 By: W. Drew Hammond For: Stephen E. Riffee
 02/19/2019

 ••• Signature of Reporting Person

 Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These are Restricted Share Awards granted for 2018 pursuant to the Washington Real Estate Investment Trust 2016 Omnibus Incentive Plan. These shares vest ratably over 3 years on 12/31/19, 12/31/20 and 12/31/21.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.