UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)															
1. Name and Address of Reporting Person* Fielder Taryn D.				WA	2. Issuer Name and Ticker or Trading Symbol WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director X Officer (give title below) Other (specify below) SVP, GC & Corporate Secretary					
(Last) (First) (Middle) 1775 EYE STREET, SUITE 1000					3. Date of Earliest Transaction (Month/Day/Year) 03/29/2019								5VP, GC	& Corpora	te Secre	tary	
(Street) WASHINGTON, DC 20006			4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person							
(City		(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned													
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		(Instr. 8)		(A) or Disposed of (Instr. 3, 4 and 5)		of (D)	Beneficia	ant of Securities ally Owned Following d Transaction(s)		6. Owner Form:	ship of B	7. Nature of Indirect Beneficial Ownership
				(ode	V	Amoun	(A) or t (D)	Price		oi (I		or Indi (I) (Instr.	rect (I	nstr. 4)
Common	Stock		03/29/2019				F		147	D	\$ 28.3	8 21,241			D		
					ative Securi		cquire	the f	form dis	splays a	a curr	ently valid	OMB con	spond unle trol numbe			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Y	3A. Deemed Execution Da	4. te, if Transaction Code Year) (Instr. 8)		5.		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. An Un Se	Title and nount of iderlying curities astr. 3 and	Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Ow For Der Sec Dir or I	vnership rm of rivative curity: rect (D) Indirect str. 4)	Beneficia Ownershi (Instr. 4)	
					Code V	(A)	(D)	Date Exe		Expirati Date	ion Tit	Amount or Number of Shares					
Repor	ting O	wners															

D 4: 0 N /	Relationships							
Reporting Owner Name / Address	Director Owner		Officer	Other				
Fielder Taryn D. 1775 EYE STREET SUITE 1000 WASHINGTON, DC 20006			SVP, GC & Corporate Secretary					

Signatures

By: W. Drew Hammond For: Taryn D. Fielder	04/02/2019		
Signature of Reporting Person	Date		

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.