FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Kesponse	s)														
1. Name and Address of Reporting Person* NASON CHARLES T			2. Issuer Name and Ticker or Trading Symbol WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director 10% Owner Officer (give title below) Other (specify below)							
(Last) (First) (Middle) 1775 EYE STREET, SUITE 1000				3. Date of Earliest Transaction (Month/Day/Year) 05/15/2019												
(Street)			4. If A	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person						
WASHINGTON, DC 20006 (City) (State) (Zip)					Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned											
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	any		3. Transaction Code (Instr. 8)					uired of	T		es ollowing	6.	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
						Code V		V	Amount (A) or (D) P		Price				(I) (Instr. 4)	
Common	Stock		05/15/2019				A		1,822 (1)	A	\$ 0	64,297.7	7198		D	
					tive Securit		quire	the f d, Di	orm dis	splays a o	curre eficial	ntly valid	OMB con	spond unle trol numbe		
Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	e (Month/Day/Y	n 3A. Deemed Execution Da any	4. Transaction Code Year) (Instr. 8)		5. Number a		ions, convertible securi 6. Date Exercisable and Expiration Date (Month/Day/Year)		7. T Am Und Sec	Title and ount of derlying urities tr. 3 and		9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Owners Form o Derivat Security Direct (or Indir	Beneficia Ownershi (Instr. 4)	
												Amount				

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
NASON CHARLES T 1775 EYE STREET SUITE 1000 WASHINGTON, DC 20006	X					

Signatures

By: W. Drew Hammond For: Charles T. Nason	05/16/2019	
**Signature of Reporting Person	Date	

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These are Restricted Stock Awards granted pursuant to the Washington Real Estate Investment Trust 2016 Omnibus Long-Term Incentive Plan based on closing price on 05/15/19 of \$27.43.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.