## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	pe Kesponse			1												
1. Name and Address of Reporting Person * Butcher Benjamin S				2. Issuer Name and Ticker or Trading Symbol WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  _X_ Director 10% Owner Officer (give title below) Other (specify below)					
(Last) (First) (Middle) 1775 EYE STREET, SUITE 1000					3. Date of Earliest Transaction (Month/Day/Year) 06/28/2019											
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line)  X_ Form filed by One Reporting Person Form filed by More than One Reporting Person						
WASHINGTON, DC 20006 (City) (State) (Zip)				Table I - Non-Derivative Securities Acon						ired, Disposed of, or Beneficially Owned						
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	Execution	A. Deemed xecution Date, if		3. Transaction Code (Instr. 8)		4. Securities Acquir (A) or Disposed of (Instr. 3, 4 and 5)		ired	5. Amoun Beneficia Reported	nt of Securities ally Owned Following Transaction(s)		6. Ownership Form:	7. Nature of Indirect Beneficial Ownership
				(Monun	Уау/ 1 Ca		ode	V	Amoui	(A) or (D)	Price	(IIIsti. 3 a	C		or Indirect (I) (Instr. 4)	(Instr. 4)
Common Stock 06/2		06/28/2019				A		327.3 <sup>4</sup>	48 A	\$ 0	25,070.7626			D		
			Table II -				cquire	cont the t	tained i form dis	n this for splays a of, or Ben	m are curre eficial	e not requ ntly valid	OMB conf	ormation spond unle trol numbe	ss	1474 (9-02)
1. Title of Derivative Security (Instr. 3)			on 3A. Deemed Execution Da any	Transaction Code Year) (Instr. 8)		5. Num of Deriv Secu Acqu (A) c Disp of (E) (Insti	5. 6. I Number and		Date Exercisable Expiration Date onth/Day/Year)		7. T Ame Und Secu	itle and ount of lerlying urities tr. 3 and		9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Owners Form o Derivat Securit Direct ( or India	Beneficia Ownersh (Instr. 4)
				Co	ode V	(A)	(D)	Date	-	Expiration Date	Title	Amount or Number of Shares				

### **Reporting Owners**

D ( O N (	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Butcher Benjamin S 1775 EYE STREET SUITE 1000 WASHINGTON, DC 20006	X						

#### **Signatures**

By: W. Drew Hammond For: Benjamin S. Butcher	07/01/2019
***Signature of Reporting Person	Date

#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These are Restricted Share Units granted pursuant to the Washington Real Estate Investment Trust Deferred Compensation plan for Directors the number of shares awarded is based on the closing price on 6/28/2019 of \$26.73. The units settle only in stock.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.