## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	S)		1									1				
Name and Address of Reporting Person*  Butcher Benjamin S				2. Issuer Name <b>and</b> Ticker or Trading Symbol WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE]							rmbol	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  _X_ Director 10% Owner Officer (give title below) Other (specify below)					
(Last) (First) (Middle) 1775 EYE STREET, SUITE 1000					3. Date of Earliest Transaction (Month/Day/Year) 09/30/2019												
(Street) WASHINGTON, DC 20006				4. If Amendment, Date Original Filed(Month/Day/Year)							h/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line)  X_Form filed by One Reporting Person  Form filed by More than One Reporting Person					
	(City) (State) (Zip)				Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									Owned			
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)			on Date, if		(Instr. 8)		4. Securities Acquir (A) or Disposed of ( (Instr. 3, 4 and 5)		of (D)	Beneficia	nt of Securities illy Owned Following Transaction(s)		6. Ownership Form:	Beneficial
				(Month/Day/Year		r ear)		ode	V	Amou	(A) or (D)	Price		na 4)		Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Common Stock 09/30/2019					1	A		319.8 (1)	1 A	\$ 0	25,665.4	25,665.4716		D			
								quire	cont the f d, Di	ained i form dis	n this fo splays a of, or Ber	rm ar curre	e not requently valid	OMB con	ormation spond unle trol numbe	ss	1474 (9-02)
Security	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution Da any	4. te, if Transaction Code Year) (Instr. 8)		5.		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. An Un Sec	Fitle and nount of derlying curities str. 3 and	Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Owners Form of Derivati Security Direct ( or Indire	Beneficia Ownersh (Instr. 4)		
					Code	V	(A)	(D)	Date Exer	cisable	Expiratio Date	n Tit	Amount or Number of Shares				

#### **Reporting Owners**

P ( 0 N (	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Butcher Benjamin S 1775 EYE STREET SUITE 1000 WASHINGTON, DC 20006	X						

### **Signatures**

By: W. Drew Hammond For: Benjamin S. Butcher	10/01/2019
**Signature of Reporting Person	Date

#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These are Restricted Share Units granted pursuant to the Washington Real Estate Investment Trust Deferred Compensation plan for Directors the number of shares awarded is based on the closing price on 9/30/2019 of \$27.36. The units settle only in stock.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.