# FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name ar				1					1				
1. Name and Address of Reporting Person* CIVERA EDWARD S			2. Issuer Name and Ticker or Trading Symbol WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  _X_ Director 10% Owner Officer (give title below) Other (specify below)						
(Last) (First) (Middle) 1775 EYE STREET, SUITE 1000			3. Date of Earliest Transaction (Month/Day/Year) 12/13/2019										
(Street) WASHINGTON, DC 20006				4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line)  Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City		(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year	3. Transac Code (Instr. 8)	etion 4. S (A) (D)	1		5. Amoun Beneficial	nt of Securities ally Owned Following Transaction(s)		6. Ownership Form: Direct (D)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	V Am	(A) or (D)	Price				(I) (Instr. 4)	msu. 4)
Common	Stock		12/13/2019		A	1,6 (1)	689 A	\$ 0	54,121.9	9575		D	
							who respo						1474 (9-02)
				Derivative Securit	ies Acquire	containe the form d, Dispos	ed in this fo displays a sed of, or Ber	orm are curre	e not requently valid	uired to res OMB con	spond unle	ss	1474 (9-02)
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/\)	n 3A. Deemed Execution Da any	e.g., puts, calls, wa 4. te, if Transaction Code Year) (Instr. 8)	ies Acquire arrants, opt	containe the form d, Disposions, con 6. Date E and Expi	ed in this fo displays a sed of, or Ber	neficia urities) 7. T Am Uno Sec	e not requently valid	OMB con	spond unle	of 10. Ownersl Form of Derivati Security Direct (I or Indire	11. Nature of Indirection of Indirec

#### **Reporting Owners**

D 41 0 N 4	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
CIVERA EDWARD S 1775 EYE STREET SUITE 1000 WASHINGTON, DC 20006	X					

## **Signatures**

By: W. Drew Hammond For: Edward S. Civera	12/16/2019
**Signature of Reporting Person	Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These are Restricted Stock Awards granted pursuant to the Washington Real Estate Investment Trust 2016 Omnibus Long-Term Incentive Plan based on closing price on 12/13/19 of \$29.60.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.