## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	pe Response			1															
1. Name and Address of Reporting Person * Butcher Benjamin S				WA	2. Issuer Name and Ticker or Trading Symbol WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  _X_ Director 10% Owner Officer (give title below) Other (specify below)						
(Last) (First) (Middle) 1775 EYE STREET, SUITE 1000					3. Date of Earliest Transaction (Month/Day/Year) 12/31/2019														
(Street)				4. If	4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person							
WASHIN (City	NGTON, E	(State)	(Zip)					•	_		~								
		(State)	(Z.p)											red, Disp	osed of, or I	Beneficially			
(Instr. 3) Date			2. Transaction Date (Month/Day/Year)	Execu		, if	f Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Secu Beneficially Owne Reported Transact		Following	6. Ownership Form:	ship of Be	Beneficial		
				(Mont	th/Day/Yo	ear)	Coo	de	V	Amour		(A) or (D)	Price	(Instr. 3 and 4)			Direct or Indi (I) (Instr.	rect (I	wnership nstr. 4)
Common Stock 12/3		12/31/2019				A		·	299.86 (1)	_ ` ′	,		27,654.3349			D	.,		
Reminder:	Report on a s	separate line f	for each class of sect	- Deriv		uriti	les Ac	quire	Pers con the	sons whatained in form dis	no re n this splay	s forn /s a c · Bene	n are urrer ficiall	not requality valid	ction of inf uired to res OMB conf	spond unle	ss	SEC 14	74 (9-02)
1. Title of Derivative Security (Instr. 3)			Execution D v/Year) any	l Pate, if	4.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		and Expiration Date (Month/Day/Year)  S (C)			7. Ti Amo Undo Secu	tle and bunt of erlying irities r. 3 and		9. Number of Derivative Securities Beneficially Owned Following Reported Transaction ((Instr. 4)	Ow For De Sec Dir or	vnership em of rivative curity: ect (D) Indirect str. 4)	Beneficia Ownersh (Instr. 4)	
					Code	V	(A)	(D)	Date Exe	-		ration	Title	Amount or Number of Shares					

### **Reporting Owners**

P ( 0 N (	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Butcher Benjamin S 1775 EYE STREET SUITE 1000 WASHINGTON, DC 20006	X						

### **Signatures**

By: Stephen E. Riffee For: Benjamin S. Butcher	01/02/2020
**Signature of Reporting Person	Date

#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These are Restricted Share Units granted pursuant to the Washington Real Estate Investment Trust Deferred Compensation plan for Directors the number of shares awarded is based on the closing price on 12/31/2019 of \$29.18. The units settle only in stock.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.