FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1 Name ar													
1. Name and Address of Reporting Person* RIFFEE STEPHEN EDWARD				2. Issuer Name and Ticker or Trading Symbol WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (give title below) Other (specify below) E.V.P. & CFO				
(Last) (First) (Middle) 1775 EYE STREET, SUITE 1000			3. Date of Earliest Transaction (Month/Day/Year) 02/14/2020							E.V.P. & CF	0		
WASHI	NGTON, D	(Street) OC 20006		4. If Amendment,	Date Origi	nal Filed(Mon	th/Day/Year)		_X_ Form fil	ed by One Repo	Group Filing orting Person One Reporting	• • •	ole Line)
(City		(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									
(Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any	Code (Instr. 8)	(A) or	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Beneficially Owned Follo Reported Transaction(s)		following (s)	6. Ownership Form:	Beneficial	
				(Month/Day/Year)	Code	V Amou	Amount (A) or (D)		(Instr. 3 a	and 4)		Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Common	Stock		02/14/2020		A	12,40)5 A	\$ 0	99,481			D	
		separate fine fo	r each class of secur	ities beneficially ov		Persons w	ho respor						1474 (9-02)
		reparate fine to	Table II - 1	Derivative Securiti	ies Acquire	Persons w contained the form di	ho respor in this for isplays a of, or Ben	m are currei eficial	e not requently valid	ired to res	spond unle	ss	1474 (9-02)
1. Title of Derivative Security (Instr. 3)	2.	3. Transaction	Table II - I 1 3A. Deemed Execution Da any	Derivative Securities, puts, calls, was te, if Transaction Code (Instr. 8)	ies Acquire arrants, op	Persons w contained the form di ed, Disposed tions, conve 6. Date Exe and Expirat (Month/Day	of, or Ben retible securions Date	eficial rities) 7. Ti Amo Und	e not requently valid	oMB conf	spond unle	of 10. Ownersl Form of Derivati Security Direct (l or Indire	11. Nation of Indir Benefic Owners: (Instr. 4

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
RIFFEE STEPHEN EDWARD 1775 EYE STREET SUITE 1000 WASHINGTON, DC 20006			E.V.P. & CFO				

Signatures

By: W. Drew Hammond For: Stephen E. Riffee	02/19/2020
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These are Restricted Share Awards granted for 2020 pursuant to the Washington Real Estate Investment Trust 2016 Omnibus Incentive Plan. These shares vest ratably over 3 years on 12/15/20, 12/15/21 and 12/15/22, subject to the reporting person's continued employment through each vesting date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.