FORM 4	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response... 0.5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses	s)										
1. Name and Address of Reporting Person [*] Fielder Taryn D.			2. Issuer Name an WASHINGTO INVESTMENT	N REAL	EST	ΓATE	bol	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X_Officer (give title below) Other (specify below)			
1775 EYE STREET	r, SUITE 10	(Middle)	3. Date of Earliest 02/16/2022	Transaction	n (Mo	onth/Day/	Year)	SVP/Gen Counsel,	Corp Sec		
WASHINGTON, D	4. If Amendment, I	Date Origir	nal Fi	led(Month/I	Day/Year	6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	Execution Date, if	Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	Ownership of Form: B	7. Nature of Indirect Beneficial
				Code	v	Amount	(A) or (D)	Price	(Instr. 3 and 4)	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Common Stock		02/16/2022		А		7,640 <u>(1)</u>	А	\$0	53,855	D	
Common Stock		02/16/2022		А		11,727 (2)	А	\$0	65,582	D	
Common Stock		02/16/2022		F		2,858 (<u>3)</u>	D	\$ 24.54	62,724	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

	(e.g., puts, calls, warrants, options, convertible securities)														
1. Title of	2.	3. Transaction	3A. Deemed	4.		5.		6. Date Exer	cisable	7. Tit	le and	8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transacti	on	Numb	ber	and Expirati	on Date	Amou	unt of	Derivative	Derivative	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)	any	Code		of		(Month/Day	/Year)	Unde	rlying	Security	Securities	Form of	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)		Deriv	ative			Secur	rities	(Instr. 5)	Beneficially	Derivative	Ownership
	Derivative					Secur				(Instr	. 3 and		Owned	Security:	(Instr. 4)
	Security					Acqui	red			4)			0	Direct (D)	
						(A) 01							1	or Indirect	
						Dispo							Transaction(s)		
						of (D)							(Instr. 4)	(Instr. 4)	
						(Instr.									
						4, and	(5)								
											Amount				
								Date	Expiration		or				
								Exercisable		Title	Number				
								Exercisable	Duit		of				
				Code	V	(A)	(D)				Shares				

Reporting Owners

	Relationships								
Reporting Owner Name / Address	Director	10% Owner	Officer	Other					
Fielder Taryn D. 1775 EYE STREET SUITE 1000 WASHINGTON, DC 20006			SVP/Gen Counsel, Corp Sec						

Signatures

**Signature of Reporting Person

02/17/2022 Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These are Restricted Share Awards granted for 2022 pursuant to the Washington Real Estate Investment Trust 2016 Omnibus Incentive Plan. These shares vest ratably over 3 years on 12/15/22, 12/15/23 and 12/15/24, subject to the reporting person's continued employment through each vesting date.
- (2) Restricted Share Award that vested 75% on 2/16/22 and will vest 25% on 12/31/22.
- (3) For net share settlement of taxes on vested shares.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.