FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL							
OMB Number:	3235-0287						
Estimated average burden							
hours per response:	0.5						

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* BANNER JENNIFER S					WA	2. Issuer Name and Ticker or Trading Symbol WASHINGTON REAL ESTATE INVESTMENT TRUST [WRE]									ationship of F c all applicab Director	le)	Person	10% Ov	
(Last) (First) (Middle) 1775 EYE STREET N.W.					3. Date of Earliest Transaction (Month/Day/Year) 09/30/2022									Officer (g below)	Officer (give title below)		Other (s	specify	
SUITE 1000				4. If Amendment, Date of Original Filed (Month/Day/Year)								- 1	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person						
(Street) WASHINGTO (City)	N DC		20006 (Zip)												Form filed by More than One Reporting Person				g Person
(,)	(====)		ble I - No	n-Der	ivativ	e Se	curitie	s Acq	uired, l	Disp	osed of,	or E	Benefi	ially Ow	/ned				
Date					e onth/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)					ties Acquired (A) or d Of (D) (Instr. 3, 4 an			5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership
									Code	v	Amount		(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)				(Instr. 4)
Common Stock 09/3					30/2022			A		783.029(1)		A	\$0.0	998.108			D		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	Conversion Date Execution Date, Instr. 3) or Exercise (Month/Day/Year) if any			4. Transac Code (Ir 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisal Expiration Date (Month/Day/Year		e Securities Under		derlying curity	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficia Owned Following Reported Transacti	e s lly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title		Amount or Number of Shares		(Instr. 4)	on(a)		

Explanation of Responses:

1. These are Restricted Share Units granted pursuant to the Washington Real Estate Investment Trust Deferred Compensation Plan for Directors - the number of shares awarded is based on the closing price on 09/30/2022 of \$17.56. The units settle only in stock.

> By: W. Drew Hammond For: Jennifer S. Banner

10/03/2022 ** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.