FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * BANNER JENNIFER S			2. Issuer Name and Ticker or Trading Symbol Elme Communities [ELME]		tionship of Reporting Person(s) all applicable) Director	to Issuer				
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 05/15/2023		Officer (give title below)	Other (specify below)				
1775 EYE STREET N.W. SUITE 1000 (Street)			4. If Amendment, Date of Original Filed (Month/Day/Year)	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
WASHINGTON	DC	20006	Rule 10b5-1(c) Transaction Indication							
(City)	(State)	(Zip)	Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.							

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr.		4. Securities Ad Disposed Of (D			Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock	05/15/2023		A		3,084(1)	A	\$0.0	8,376.5654	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

	1. Title of	2.	3. Transaction	3A. Deemed	4.	4. 5. Nu		5. Number of		6. Date Exercisable and		7. Title and Amount of		9. Number of	10.	11. Nature					
-1	Derivative	Conversion	Date	Execution Date,	Transaction		Derivative		Expiration Date		Securities Underlying		Derivative	derivative	Ownership	of Indirect	L				
- 1	Security (Instr. 3)	or Exercise	(Month/Day/Year)	if any	Code (Instr.		Code (Instr.		Code (Instr. 5		e (Instr. Securities		(Month/Day/Year)		Derivative Security		Security	Securities	Form:	Beneficial	1
- 1		Price of		(Month/Day/Year)	8)	8) Acquired (A)		Acquired (A)			(Instr. 3 and 4)		(Instr. 5)	Beneficially	Direct (D)	Ownership	L				
- 1		Derivative			or Disposed of		or Disposed of						Owned	or Indirect	(Instr. 4)	L					
		Security				(D) (Instr. 3, 4		(D) (Instr. 3, 4					Following	(I) (Instr. 4)		L					
- 1					and 5)		and 5)					Reported			L						
- 1							 						-	Transaction(s)			L				
- 1						l						Amount		(Instr. 4)			L				
- 1						l						or					1				
- 1						l			Date	Expiration		Number					1				
- 1					Code	l v	(A)	(D)	Exercisable	Date	Title	of Shares					ı				
- L				1													4				

Explanation of Responses:

1. These are Restricted Share Units granted pursuant to the Washington Real Estate Investment Trust Deferred Compensation Plan for Directors - the number of shares awarded is based on the closing price on 5/15/2023 of \$16.21. The units settle only in stock.

By: W. Drew Hammond For: Jennifer S. Banner

05/16/2023

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.