SEC	Form	4
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## FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

		Table I - Non	-Derivative Securities Acquired, Disposed of, or Bene	ficially Owned
(City)	(State)	(Zip)		
(Street) BETHESDA	MD	20814		X Form filed by One Reporting Person Form filed by More than One Reporting Person
7550 WISCONSIN AVE, SUITE 900		E 900	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line)
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 12/15/2023	Officer (give title Other (specify below) below)
1. Name and Address of Reporting Person <sup>*</sup> NOLAN THOMAS H JR			2. Issuer Name <b>and</b> Ticker or Trading Symbol <u>Elme Communities</u> [ ELME ]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner
10b5-1(c). See Ir	struction 10.			

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Transaction Code (Instr.		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported	Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership	
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock	12/15/2023		A		3,450(1)	Α	\$0.0	43,618.4717(2)	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of 3. Transaction 3A. Deemed 4 5. Number of 6. Date Exercisable and 7. Title and Amount of 8. Price of 9. Number of 10. 11. Nature Derivative Conversion Execution Date Transaction Derivative Expiration Date ecurities Underlying Derivative derivative Ownership of Indirect Date Security (Instr. 3) or Exercise Price of (Month/Dav/Year if any (Month/Day/Year) **Derivative Security** Code (Instr. Securities (Month/Dav/Year) Security Securities Form: Beneficial 8) Acquired (A) (Instr. 3 and 4) (Instr. 5) Beneficially Direct (D) Ownership Derivative or Disposed of Owned or Indirect (Instr. 4) Security (D) (Instr. 3, 4 Following (I) (Instr. 4) and 5) Reported Transaction(s) Amount (Instr. 4) or Date Expiration Number v Code (A) (D) Exercisable Date Title of Shares

Explanation of Responses:

1. These are Restricted Share Units granted pursuant to the Company's Deferred Compensation Plan for Directors - the number of shares awarded is based on the closing price on 12/15/2023 of \$14.49. The units settle only in stock. 2. Reflects the acquisition of 406.4597 dividend equivalent units received during the third quarter of 2023 and 503.6238 dividend equivalent units received during the fourth quarter of 2023 pursuant to the Company's Deferred Compensation Plan for Directors.

> By: W. Drew Hammond For: Thomas H. Nolan, Jr.

\*\* Signature of Reporting Person

12/18/2023

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the

affirmative defense conditions of Rule