FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

OMB APPROVAL

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#### Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the

### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

affirmative defense 10b5-1(c). See Inst								
1. Name and Address Butcher Benja	s of Reporting Person*  min S		2. Issuer Name and Ticker or Trading Symbol Elme Communities [ ELME ]		ionship of Reporting Person( all applicable) Director	s) to Issuer		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 12/15/2025		Officer (give title below)	Other (specify below)		
7550 WISCONSI	N AVE, SUITE 900		4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line  X Form filed by One Reporting Person				
(Street) BETHESDA	MD	20814			Form filed by More than O	ne Reporting Person		
(City)	(State)	(Zip)						

#### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	ecution Date, Transaction Code (Instr.		4. Securities Ad Disposed Of (D			5. Amount of Securities Beneficially Owned Following Reported	Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock	12/15/2025		A		2,883(1)	A	\$0.0	99,013.1767(2)	D	

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

	1. Title of	2.	3. Transaction	3A. Deemed	4.		5. Number of				7. Title and Amount of		8. Price of	9. Number of	10.	11. Nature	ı
- 1	Derivative	Conversion	Date	Execution Date,	Transaction		action Derivative		Expiration Date		Securities Underlying		Derivative	derivative	Ownership	of Indirect	L
- 1	Security (Instr. 3)	or Exercise	(Month/Day/Year)	if any	Code (Instr.		Code (Instr.   Securities		(Month/Day/Year)		Derivative Security		Security	Securities	Form:	Beneficial	L
- 1		Price of		(Month/Day/Year)	8)	8) Acquired (A)		(Instr		(Instr. 3 and 4)		(Instr. 5)	Beneficially	Direct (D)	Ownership	L	
		Derivative			or Disposed of		or Disposed of							Owned	or Indirect	(Instr. 4)	L
- 1		Security			(D) (Instr. 3, 4				l .	Following	(I) (Instr. 4)		L				
					and 5)		and 5)				Rep	Reported			L		
- 1												1	Transaction(s)			L	
- 1						l						Amount		(Instr. 4)			1
- 1						l						or					1
- 1						l			Date	Expiration		Number					1
					Code	l v	(A)	(D)	Exercisable	Date	Title	of Shares					ı
- L											<u> </u>						4

## Explanation of Responses:

- 1. These are Restricted Share Units granted pursuant to the Elme Communities 2016 Incentive Plan (as amended and restates effective as of May 30, 2024) and the Company's Deferred Compensation Plan for Directors the number of shares awarded is based on the closing price on 12/15/2025 of \$17.34. The units settle only in stock.
- 2. Reflects the acquisition of 1,003.725 dividend equivalent units received during the fourth quarter of 2025 pursuant to the Company's Deferred Compensation Plan for Directors.

By: W. Drew Hammond For: Benjamin S. Butcher

12/16/2025

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.